



IFTAAR DUAS

<https://www.duas.org/mobile/ramadan-iftar.html>

Index

Short Duas	1
Iftaar Duas from Iqbal Aamal.....	2
Dua Noor	6
Dua to Purify Food.....	12
Duas after Iftaar.....	16

Short Duas

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
اللَّهُمَّ لَكَ صُيْتُ وَعَلَى رِزْقِكَ أَفْطَرْتُ وَعَلَيْكَ تَوَكَّلْتُ

*Allaahumma Laka S'umtu Wa A'laa Rizqika Aft'artuwa
A'layka Tawawkkaltu*

O my Allah, for Thee, I fast, and with the food Thou gives me
I break the fast, and I rely on Thee.

Say when the first morsel of food is taken :

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
يَا وَاسِعَ الْبَغْفِرَةِ اغْفِرْ لِي

*Bismillahir Rah'maanir Rah'eem Yaa Waasi – A'l Maghfirati Igfir Lee
O He whose indulgence is boundless, forgive me*

Imam Ali (peace be upon him) used to say the following :

بِسْمِ اللَّهِ اللَّهُمَّ لَكَ صُيْنَا وَعَلَى رِزْقِكَ أَفْطَرْنَا
فَتَقَبَّلْ مِنَّا إِنَّكَ أَنْتَ السَّمِيعُ الْعَلِيمُ

*Bismillah Allaahumma Laka S'umnaa Wa A'laa Rizqika Aft'arnaa
Fa – Taqabbal Minnaa Innaka Antas Samee – U'l'a'leem*
In the name of Allah, O Allah, we fast, and with the food
Thou gives us we break the fast, an obligation we fulfill,
and Thou art Hearer, Knower.

Iftaar Duas from Iqbal Aamal

(Sayyed Ibn Tawus)

Dua # 1

“There is no fasting servant who says this at Iftaar except that he is cleansed from sin like the day he was born.” – Holy Prophet (saws)

يَا عَظِيمُ يَا عَظِيمُ أَنْتَ إِلَهِي لَا إِلَهَ لِي غَيْرُكَ، اغْفِرْ لِي الذَّنْبَ
الْعَظِيمَ، إِنَّهُ لَا يَغْفِرُ الذَّنْبَ الْعَظِيمَ إِلَّا الْعَظِيمُ

O Mighty O Mighty, there is no other God but You. Forgive my great sins, indeed who can forgive the great sins except the Mighty.

Dua # 2

The Prophet (saws) has been narrated as saying, All the past sins of whoever eats food and says the following will be forgiven:

الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَنِي هَذَا مِنْ رِزْقِهِ مِنْ غَيْرِ حَوْلٍ مِنِّي وَقُوَّةٍ

"Praise be to God Who feeds me this from His Own Sustenance without me having to exert any efforts."

Dua # 3

The following supplications to be said at the time of eating is narrated through a chain of documents to Al-Tabarsi, narrated on the authority of the Ahlulbayt (as).

الْحَمْدُ لِلَّهِ الَّذِي يُطْعِمُ وَلَا يُطْعَمُ وَيُجِيرُ وَلَا يُجَارُ عَلَيْهِ
وَيَسْتَغْنِي وَيُفْتَقِرُ إِلَيْهِ

Praise be to God who feeds but does not eat, who gives shelter but does not seek shelter, provides wealth but does not get poor.

اللَّهُمَّ لَكَ الْحَمْدُ عَلَى مَا رَزَقْتَنِي مِنْ طَعَامٍ وَإِدَامٍ فِي يُسْرٍ
مِنْكَ وَعَافِيَةٍ مِنْ غَيْرِ كَدِّ مَنِّي وَمَشَقَّةٍ

O my God! Praise belongs to You for the food and stew You have provided for me with ease and well-being for me and without me having to struggle hard.

بِسْمِ اللَّهِ خَيْرِ الْأَسْمَاءِ بِسْمِ اللَّهِ رَبِّ الْأَرْضِ وَالسَّمَاءِ بِسْمِ
اللَّهِ الَّذِي لَا يَضُرُّهُ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ وَلَا فِي السَّمَاءِ وَ
هُوَ السَّمِيعُ الْعَلِيمُ

In the Name of God – the best of the Names. In the Name of God – Lord of the heavens and the earth. In the Name of God – By whose Name no one in the heavens or the earth can harm us. He is All-Hearing and All-Knowing.

اللَّهُمَّ أَسْعِدْنِي مِنْ (فِي) مَطْعَمِي هَذَا بِخَيْرِهِ وَأَعِزَّنِي مِنْ شَرِّهِ
وَأَمْتَعِنِي مِنْ نَفْعِهِ وَسَلِّبْنِي مِنْ ضَرِّهِ

O my God! Please make me prosperous with this food. And give me refuge from its evil, make me gain its benefits and safeguard me from its harms.

Dua # 4

The following is narrated through a chain of documents to Harun ibn Musa al-Talakbari, on the authority of Abi Basir, on the authority of

Abi Abdullah (as): Whenever you want to break your fast after a day of fasting during the month of Ramadhan say,

الْحَمْدُ لِلَّهِ الَّذِي أَعَانَنَا فَصُمْنَا وَرَزَقَنَا فَأَفْطَرَنَا اللَّهُمَّ تَقَبَّلْهُ مِنَّا وَأَعِنَّا عَلَيْهِ وَسِدِّئْنَا فِيهِ وَتَسَلِّطْهُ مِنَّا فِي يُسْرٍ مِنْكَ وَعَافِيَةِ الْحَمْدُ لِلَّهِ الَّذِي قَضَى عَنِّي يَوْمًا مِنْ شَهْرِ رَمَضَانَ

Praise be to God Who helped us fast and provided us with food for breaking our fasts. O God! Please accept it from us, help us with fasting and bless us with health and let it pass in ease and health provided by You. And praise be to God Who blessed me with fasting of another day of the month of Ramadhan.

Dua # 5

It has been narrated that Imam Musa ibn Jafar al-Kazim (as) said the following on the authority of his forefathers (as) : When at the time of breaking your fast in the evening say the following so that the reward for all who fasted on that day is recorded for You.

إِذَا أُمْسَيْتَ صَائِبًا فَقُلْ عِنْدَ افْطَارِكَ اللَّهُمَّ لَكَ صُتُّ
وَعَلَى رِزْقِكَ أَفْطَرْتُ وَعَلَيْكَ تَوَكَّلْتُ يُكْتَبْ لَكَ أَجْرُ مَنْ
صَامَ ذَلِكَ الْيَوْمَ

O my God! I fasted for You and I break my fast with Your Sustenance. And I rely upon You. Please record the reward for this fasting for me. In You I have placed my trust.

Dua # 6

The Prophet (as) said the following after eating each bite of food,

اللَّهُمَّ لَكَ الْحَبْدُ أَطْعَمْتَ وَ سَقَيْتَ وَأَرْوَيْتَ فَلَكَ الْحَبْدُ غَيْرُ
مَكْفُورٍ وَلَا مُودَعٍ وَلَا مُسْتَعْنَى عَنْكَ

O my God! Praise belongs to You. You gave me food and water and satiated me. All praise belongs to You without having neglected You, departed from You or being needless of You.

Ayatollah Ruhullah Karahvi suggests these 4 Aamaal at the time of Iftar to get the 'approval stamp' of Imam (ajtf):

- 1) Recite Sura Fatiha for Lady Nargis Khatoon mother of Imam Zaman (ajtf)
- 2) Say a Salam to Imam Mahdi (ajtf) "*Assalmaa Alayka Ya Sahib Asr wal zaman*"
- 3) Say a salam to Imam Hussain (as) "*Asalaamo alayka Ya Aba Abdillah*"
- 4) Dua Hujjah – *Allhumma Kunle Waliyekal*.

Dua Noor

The Holy Prophet (saws) recommended this dua to Imam Ali (as) and said that Jibreel (as) came to me and said, "Whoever in the holy month of Ramadhan before iftaar recites this dua, Allah answers his prayer, accepts his prayer and fasting, grants his ten requirements, forgives his sins, removes his grief's, makes his heart at ease, grants his wishes, makes his deeds to ascend upward with the deeds of prophets and righteous saints and on the Day of Judgment brings him to His presence with his face illuminated like a bright moon." Sayyid ibn Tawus and al-Kaf`ami have narrated the following supplication:

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

اللَّهُمَّ رَبَّ السُّورِ الْعَظِيمِ وَرَبَّ الْكُرْسِيِّ الرَّفِيعِ

allahumma rabban nooril 'azeem wa rabbal kursiyil rafee'
O Lord of the magnificent light, Lord of the highest heaven,

وَرَبَّ الْبَحْرِ الْمَسْجُورِ وَرَبَّ الشَّفْعِ الْكَبِيرِ

wa rabbal bahril masjoori wa rabbash shafi'l kabeer
Lord of the flowing seas, Lord of the great intercessor

وَالسُّورِ الْعَزِيزِ وَرَبَّ التَّوْرَةِ وَالْإِنْجِيلِ وَالزَّبُورِ
وَالْفُرْقَانِ الْعَظِيمِ

*wan-nooril 'azeem wa rabbat-tawraati wal injeeli waz-zaboori wal
furqaan-il azeem*

Lord of the flowing seas, Lord of the great intercessor and brilliant light, Lord of the Tawrat and Injil, and the grand Furqan (criterion).

أَنْتَ إِلَهٌ مَنْ فِي السَّمَاوَاتِ وَإِلَهُ مَنْ فِي الْأَرْضِ

anta ilaaju man fis-samavaati wa ilaaju man fil ardhi
You are the only God of the heavens and the earth.

لَا إِلَهَ فِيهِمَا غَيْرُكَ وَأَنْتَ مَلِكٌ مَنْ فِي السَّمَاوَاتِ

la-ilaaha feehima ghayruka wa anta maliku man fis-samavaati
There is no other god save you. You are powerful over everything in the heavens and earth. There is no powerful save You.

وَمَلِكٌ مَنْ فِي الْأَرْضِ لَا مَلِكَ فِيهِمَا غَيْرُكَ

wa maliku man fil ardhi la malika feehima ghairuk
You are the owner of the heavens and earth.
There is no owner save you.

أَسْأَلُكَ بِاسْمِكَ الْكَبِيرِ وَنُورِ وَجْهِكَ الْبُنِيِّ وَبِملِكِكَ الْقَدِيمِ

as-asluka bimikal Kabeer wa noori wajhikal muneer wa bi-mulkikal qadeem
I beseech you through your great name, your brilliant superior being, your ever existing kingdom

يَا حَيُّ يَا قَيُّوْمُ يَا حَيُّ يَا قَيُّوْمُ يَا حَيُّ يَا قَيُّوْمُ

ya hayyu ya qayyum ya hayyu ya qayyum ya hayyu ya qayyum
O Ever living, O Self –Subsisting, O Ever living, O self Subsisting.

أَسْأَلُكَ بِاسْمِكَ الَّذِي أَشْرَقَ بِهِ كُلُّ شَيْءٍ

as-asluka bismikal-ladhee ashraqa bihi kullu shay-in
I beseech you in thy name that illuminates everything

وَبِاسْمِكَ الَّذِي أَشْرَقَتْ بِهِ السَّمَاوَاتُ وَالْأَرْضُ

wa bismikal-ladhee ashraqat bihis-samavaatu wal ardh
and by thy name that radiates in the heavens and earth,

وَبِاسْمِكَ الَّذِي صَدَحَ بِهِ الْأَوْلُونَ وَبِهِ يَصْلُحُ الْآخِرُونَ

wa bismikal-ladhee salaha bihil awaaloona wa bihi yaslahul aakhiroon
thy name which sets the people of all times on the right path from
the foremost to the last.

يَا حَيُّ قَبْلَ كُلِّ حَيٍّ وَيَا حَيُّ بَعْدَ كُلِّ حَيٍّ

ya hayyu qabla kulli hayyi wa hayyu ba'da kulli hayyi
O Ever Living who was there before anything else.
O Ever Living who is ever existing when no life shall exist.

يَا حَيُّ لَا إِلَهَ إِلَّا أَنْتَ صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ

wa ya hayyu la ilaaha illa anta, salli 'alaa muhammadin
wa aali muhammadin

O Ever Living there is no god save You.
Peace be upon Mohammed and his progeny.

وَاعْفِرْ لِي ذُنُوبِي وَاجْعَلْ لِي مِنْ أَمْرِي يُسْرًا وَفَرَجًا قَرِيبًا

waghfir li dhunoobi waj'al li min amri yusran wa farajan qareeban
Forgive me my sins, make my affairs easy, and the reappearance near

وَتَبَّتْ نِيَّ عَلَى دِينِ مُحَمَّدٍ وَآلِ مُحَمَّدٍ وَعَلَى سُنَّةِ مُحَمَّدٍ
وَآلِ مُحَمَّدٍ عَلَيْهِ وَعَلَيْهِمُ السَّلَامُ

*wa thabbitnee 'alaa deeni muhammadin wa aali muhammadin
wa 'alaa sunnati muhammadin wa aali muhammadin 'alayhi wa
'alayhimus-salam*

and keep us firm in the religion of Mohammed and family of
Mohammed, on the guidance of Mohammed and family of
Mohammed, on the sunnah of Mohammed and his family,
peace be upon him and his family.

وَأَجْعَلْ عَمَلِي فِي الْمَرْفُوعِ الْمُبْتَقَبِلِ

waj'al 'amali fil marfo'il mutaqqabbal
Make my deeds lofty and accepted.

وَهَبْ لِي كَمَا وَهَبْتَ لِأَوْلِيَائِكَ وَأَهْلِ طَاعَتِكَ

wa hab li kama wahabta li awliyaika wa ahli ta-a'tik
Bestow upon me like you have granted your pious
and obedient servants.

فَإِنِّي مُؤْمِنٌ بِكَ وَ مُتَوَكِّلٌ عَلَيْكَ

fa-inni mominun bika wa mutawakkilun 'alayk
For surely I am a believer in you, trusting in you,

مُنِيبٌ إِلَيْكَ مَعَ مَصِيرِي إِلَيْكَ وَتَجِبْ عَنِّي

muneebun ilayka ma'a maseeri ilayka wa tajma'u li
turning repentantly to you, to you is my journeys end.

وَتَجِبْ عَنِّي وَلِأَهْلِي وَوُلْدِي الْخَيْرِ كُلِّهِمْ

tajma-'a li wa li ahli wa wuldi-yal khaira kulluh
Gather for me and for my family and my parents all good

وَتَصْرِفْ عَنِّي وَعَنْ وُلْدِي وَأَهْلِي الشَّرَّ كُلَّهُ

wa tasrif 'anni wa 'an wuldi wa ahli-yash-sharra kulluh
and remove for me , my family and parents all evil.

أَنْتَ الْخَنَّانُ الْمَنَّانُ بَدِيعُ السَّمَاوَاتِ وَالْأَرْضِ

anta-al 'hannaul-mannau badi' us-samavaati wal ardh
You are the compassionate, the supporter and the originator
of the heavens and the earth.

تُعْطِي الْخَيْرَ مَنْ تَشَاءُ وَتَصْرِفُهُ عَنِّي تَشَاءُ فَاْمَنْنُ عَلَيَّ
بِرَحْمَتِكَ

tu'til khaira man tasha-u was tasrif
Give me the best that you wish and protect me from Your Grace

يَا أَرْحَمَ الرَّاحِمِينَ

ya arhamar-rahimeen
O Kind and compassionate.

It is recommended to say the following at the first bite of the food with which the fasting is broken:

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

يَا وَاسِعَ الْبَغْفِرَةِ اغْفِرْ لِي

O the Liberal in forgiving: (please do) forgive me.

Forgiveness of Almighty Allah is the reward of saying this supplication.

The following is narrated through a chain of documents to Mufazzal ibn Umar – may God have mercy on him – on the authority of As-Sadiq (as) that God's Prophet (saws) told the Commander of the Faithful Ali (as): “O Abal Hassan! This is the month of Ramadhan that has come. First say supplications before breaking your fast as Gabriel descended to me and said, O Muhammad (saws)! God the Sublime would fulfill the prayers of whoever recites these supplications before breaking his fast in the month of Ramadhan, and would accept his fasting and praying, would fulfill ten of his prayers, forgive his sins, remove his sorrows, relieve his destitution, fulfill his needs, recompense his debts, raise his deeds up along with the deeds of the Prophets (saws) and the truthful ones, and make his face shining white like the moon of the fourteenth night.”

I asked, “O Gabriel! What are they?”

Gabriel replied this Dua Noor.

Dua to Purify Food

Supplications to seek Purity in Food and before Eating – Iqbal Aamal

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

اللَّهُمَّ إِنِّي أَسْأَلُكَ بِالرَّحْمَةِ الَّتِي سَبَقَتْ غَضَبَكَ

Allahumma inni as'aluka bir-rahmati allati sabaqat ghadabak.

O Allah, I ask You by Your mercy before Your wrath.

وَبِالرَّحْمَةِ الَّتِي ذَكَرْتَنِي بِهَا وَلَمْ أَكُ شَيْئاً مَذْكُوراً

Wa bir-rahmati allati dhakartani biha wa lam akun shay'an madhkura.

And by the mercy that remembered me when I was nothing.

وَبِالرَّحْمَةِ الَّتِي أَنْشَأْتَنِي بِهَا وَرَبَّيْتَنِي صَغِيراً وَكَبِيراً

Wa bir-rahmati allati ansha'tani biha wa rabbaytani sagheeran wa kabeera.

And by the mercy with which you raised me and brought me up young and old.

وَبِالرَّحْمَةِ الَّتِي نَقَلْتَنِي بِهَا مِنْ ظُهُورِ الْأَبَاءِ

Wa bir-rahmati allati naqqaltani biha min zuhooril-aba'.

By the mercy that moved me through fathers' loins to mothers.

إِلَى بُطُونِ الْأُمَّهَاتِ مِنْ لَدُنْ آدَمَ عِزِّي إِلَى آخِرِ الْغَايَاتِ

Ila butoonil-ummahat min ladun Adama (A.S.) ila akhiril-ghayaat.

Into mothers' wombs from Adam (A.S.) to the final destination.

وَأَقَمْتَ لِلآبَاءِ وَالْأُمَّهَاتِ بِالْأَقْوَاتِ وَالْكِسْوَاتِ

Wa aqamta lil-aba'i wal-ummahaati bil-aqwati wal-kiswati.
You provided fathers and mothers with food, clothing, and care.

وَوَقَيْتَهُمْ مِمَّا جَرَى عَلَى الْأُمَمِ الْهَالِكَةِ

Wa waqaytahum mimma jara 'alal-umamil-halika.
You protected them from what destroyed previous perished nations.

وَبِالرَّحْمَةِ الَّتِي دَلَلْتَنِي بِهَا عَلَيْكَ

Wa bir-rahmati allati dalaltani biha 'alayk.
By the mercy that guided me directly towards You.

وَبِالرَّحْمَةِ الَّتِي شَرَّفْتَنِي بِهَا بِطَاعَتِكَ

Wa bir-rahmati allati sharraftani biha bi-ta'atika.
By the mercy that honored me with obedience to You.

وَبِالرَّحْمَةِ الَّتِي جَعَلْتَنِي مِنْ ذُرِّيَّةِ أَعَزِّ الْأَنْبِيَاءِ

Wa bir-rahmati allati ja'altani min dhuriyyati a'azzi al-anbiya'.
By the mercy that made me from the noblest prophet's followers lineage.

وَبِالرَّحْمَةِ الَّتِي حَلُمْتَ بِهَا عَنِّي عِنْدَ سُوءِ أَدْبِي

Wa bir-rahmati allati halumta biha 'anni 'inda su'i adabi.
By the mercy that forgave my misbehavior in Your presence.

وَبِالْمَرَاحِمِ وَالْمَكَارِمِ الَّتِي أَنْتَ أَعْلَمُ بِهَا

Wa bil-marahami wal-makaarimi allati anta a'lamu biha.
By the kindness and generosity that You know in detail.

وَبِمَا أَنْتَ أَهْلُهُ أَنْ تُصَلِّيَ عَلَى مُحَمَّدٍ وَآلِهِ

Wa bima anta ahluhu an tusalliya 'ala Muhammadin wa alih.
By Your worthiness to bless Muhammad and his holy family.

وَأَنْ تُطَهِّرَنَا مِنَ الْعُيُوبِ وَالذُّنُوبِ

Wa an tutahhirana minal-'uyubi wadh-dhunoob.
And to purify us from faults, sins, and wrongdoings.

بِالْعَافِيَةِ مِنْهَا وَالْعَفْوِ عَنْهَا حَتَّى نَصْدَحَ

Bil-'afiyati minha wal-'afwi 'anha hatta nasluh.
By Your forgiveness and pardon, making us worthy of honor.

لِلتَّشْرِيفِ بِجَالِسَتِكَ وَالْجُلُوسِ عَلَى مَائِدَةِ ضِيَاْفَتِكَ

Littashreefi bimujalatatika wal-juloosi 'ala ma'idati diyaafatik.
For the honor of sitting in Your divine hospitality.

وَأَنْ تُطَهِّرَ طَعَامَنَا هَذَا وَشَرَابَنَا

Wa an tutahhira ta'amana hatha wa sharabana.
And to purify our food, drink, and all sustenance.

وَكُلِّمَا تَتَقَلَّبُ فِيهِ مِنْ فَوَائِدِ رَحْمَتِكَ

Wa kullima nataqallabu feehi min fawa'idi rahmatik.
And whatever we receive from the blessings of Your mercy.

مِنَ الْأَدْنٰسِ وَالْأَرْجَاسِ وَحُقُوقِ النَّاسِ

Minal-adnaasi wal-arjaasi wa huqooqin-naas.
From impurities, filth, and the rights of others.

وَمِنَ الْحَرَامَاتِ وَالشُّبُهَاتِ

Wa minal-harami wa-sh-shubuhaat.
And from forbidden and doubtful matters.

وَأَنْ تُصَانَ عَنهُ أَصْحَابُهُ مِنَ الْأَحْيَاءِ وَالْأَمْوَاتِ

Wa an tusani'a 'anhu as-habahu minal-ahyaa'i wal-amwaat.
And to protect its owners, both living and dead.

وَتَجْعَلَهُ طَاهِرًا مُطَهَّرًا وَشِفَاءً لِأَدْيَانِنَا

Wa taj'alahu tahiran mutahharan wa shifaa'an li-adyanina.
And make it pure, cleansed, and healing for our faith.

وَدَوَاءً لِأَبْدَانِنَا وَطَهَارَةً لِسَمَائِرِنَا

Wa dawa'an li-abdanina wa taharatan li-sara'irina.
A cure for our bodies and purification for our souls.

وَأَجْعَلْنَا بَعْدَ ذَلِكَ مِمَّنْ أُغْنِيَتْهُ بِعِلْمِكَ

Wa aj'alna ba'da dhalika mimman aghnaytahu bi-'ilmik.
Make us among those enriched by Your knowledge alone.

يَا أَرْحَمَ الرَّاحِمِينَ

Ya arhamar-rahimeen.
O Most Merciful of the merciful!

Duas after Iftaar

Supplications to be recited after Breaking of Fast / When you finish eating. – Iqbal Aamal

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
اللَّهُمَّ لَكَ صُيْمًا وَعَلَى رِزْقِكَ أَفْطَرْنَا فَتَقَبَّلْهُ مِنَّا ذَهَبَ
الظَّبَاؤُ ابْتَلَّتِ الْعُرُوقُ وَبَقِيَ الْأَجْرُ

“O my God! We fast for You, and we break the fast with the food You give us. Thus please accept it from us. Thirst has vanished, the veins have moistened but the reward has remained.”

The following is narrated through a chain of documents to Al-Tabarsi – may God have mercy on him – who narrated the following supplications for when you finish eating food on the authority of the Divine Leaders (as):

الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَنِي فَأَشْبَعَنِي وَسَقَانِي فَأَرَوَانِي
وَصَانَنِي وَحَمَانِي

“Praise be to God who fed me and satiated me; gave me drinks and removed my thirst; protected and supported me.

الْحَمْدُ لِلَّهِ الَّذِي عَرَّفَنِي الْبَرَكَاتِ وَالْيُسْنَ بِمَا أَصَبْتُهُ
وَتَرَكْتُهُ مِنْهُ

Praise be to God who taught me the blessings and good omen in deeds I performed or avoided doing.

اللَّهُمَّ اجْعَلْهُ هَنِيئاً مَرِيئاً لَا وَبِيئاً وَلَا دَوِيئاً وَأَبْقِنِي بَعْدَهُ
سَوِيًّا قَائِماً بِشُكْرِكَ مُحَافِظاً عَلَى طَاعَتِكَ

O my God! Please let the food be delicious and beneficial,
not accompanied with plague or other illnesses,
and keep me healthy after eating it and continue to thank You
and watchful of Your Obedience.

وَارْزُقْنِي رِزْقاً دَارِئاً وَأَعْشِنِي عَيْشاً قَارِئاً وَاجْعَلْنِي بَارِئاً
وَاجْعَلْ مَا يَتَلَقَّانِي فِي الْبَعَادِ مُبْهِجاً سَارِئاً بِرَحْمَتِكَ

O God! Please bless me with ample sustenance, and give me a stable
life. Let me be a good doer and let whatever I may encounter on the
Resurrection Day be a source of happiness for me out of Your Mercy.

It has been narrated on the authority of Abu Jafar (as) that when Ali (as) ate his meal to break the fast, he (as) stayed at the tablecloth until the tablecloth was picked up and then said the following:

اللَّهُمَّ لَكَ صُنْنَا وَعَلَى رِزْقِكَ أَفْطَرْنَا فَتَقَبَّلْهُ مِنَّا
إِنَّكَ أَنْتَ السَّمِيعُ الْعَلِيمُ

O my God! We fast for You, and we break the fast with the food
You give us. Thus please accept it from us. Indeed You are the Hearer,
the Knower.