

## **Amaal at the time of Iftaar in the Holy Month of Ramadhan**

It is recommended to begin breaking the fast with utterly legally gotten food, especially dates. This act doubles the reward of the prayer to four hundred folds. It is also advisable to break the fast with dates, ripe dates, candy, sugar-candy, and cool water.

A hadith reads, “Almighty Allah releases from Hellfire one million persons at the last hour of every day in the Month of Ramadhan; therefore, pray Almighty Allah to include you with these released ones.”

It is recommended to recite the **Surah of *al-Qadr*** at breaking the fast.

It is recommended to say the familiar supplications of breaking the fast, such as the following:

اللَّهُمَّ لَكَ صُيَّمْتُ، وَعَلَى رِزْقِكَ أَفْطَرْتُ،  
وَعَلَيْكَ تَوَكَّلْتُ

O Allah: For the sake of You have I fasted; and with Your sustenance have I broken my fast; and in You have I trusted.

One who says this supplication will be awarded, by Almighty Allah, the rewards of all those who observe

fasting on that day.

It has been narrated that Imam `Ali عليه السلام used to say the following invocation when he would **break his fasting**:

بِسْمِ اللَّهِ،

In the Name of Allah.

اللَّهُمَّ لَكَ صُومْنَا،

O Allah: For You have we fasted;

وَعَلَى رِزْقِكَ أَفْطَرْنَا،

and with Your sustenance have we broken our fasting;

فَتَقَبَّلْ مِنَّا

so, (please) accept from us.

إِنَّكَ أَنْتَ السَّمِيعُ الْعَلِيمُ

You are surely the All-hearing, the All-knower.

It is recommended to say the following **at the first bite of the food with which the fasting is broken:**

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ،

In the Name of Allah; the All-beneficent, the All-merciful.

يَا وَاسِعَ الْمَغْفِرَةِ اغْفِرْ لِي.

O the Liberal in forgiving: (please do) forgive me.

Forgiveness of Almighty Allah is the reward of saying this supplication.

It is reported that the Holy Prophet ﷺ said, “There is no fasting servant who says (the following supplication) at Iftaar except that he is cleansed from sin like the day he was born.”

يَا عَظِيمُ يَا عَظِيمُ أَنْتَ إِلَهِي لَا إِلَهَ لِي غَيْرُكَ،  
 اِغْفِرْ لِي الذَّنْبَ الْعَظِيمَ، إِنَّهُ لَا يَغْفِرُ الذَّنْبَ  
 الْعَظِيمَ إِلَّا الْعَظِيمُ

O Mighty O Mighty, there is no other God but You. Forgive my great sins, indeed who can forgive the great sins except the Mighty.

It is recommended to give alms at the

time of breaking the fast and to offer food to the other fasters even if with a single date and a drink of water. Concerning this, the Holy Prophet ﷺ is reported to have said, “Verily, anyone who offers food for a faster in Ramadhan will have the same reward that is decided for the faster without having any amount of his reward reduced and will have the same reward of acting good deeds according to the power of that food.”

ʿAllamah al-Hilli, in ‘al-Risalah al-Sa`diyyah’, has narrated that Imam Ja`far al-Sadiq عليه السلام said, “As for any believer who feeds another believer with a single bite of food in the Month

of Ramadhan, Almighty Allah will decide for him the reward of manumitting thirty believing slaves and will decide for him response of his prayer.”

## **Dua Nur** **(to be recited before Iftaar)**

This supplication brings about great merit. The Holy Prophet ﷺ recommended this dua to Imam Ali عليه السلام and said that Jibreel (as) came to me and said, "Whoever in the Holy Month of Ramadhan before iftaar recites this dua, Allah (swt) answers his prayer, accepts his prayer and fasting, grants his ten requirements, forgives his sins, removes his grief, makes his heart at ease, grants his wishes, makes his deeds to ascend upward with the deeds of Prophets and righteous saints and on the Day of Judgment brings him to His presence with his face illuminated like a

bright moon."

Sayyid ibn Tawus and al-Kaf`amiy  
have narrated the following  
supplication to be said at this time:

[mp3](#)

اللَّهُمَّ رَبَّ النُّورِ الْعَظِيمِ وَ رَبَّ الْكُرْسِيِّ

الرَّفِيعِ

O Lord of the magnificent light, Lord  
of the highest heaven

وَ رَبَّ الْبَحْرِ الْمَسْجُورِ وَ رَبَّ الشَّفْعِ

الْكَبِيرِ

Lord of the flowing seas, Lord of the  
great intercessor

وَ النُّورِ الْعَزِيزِ وَ رَبَّ التَّوْرَةِ وَ الْإِنْجِيلِ وَ

## الزُّبُورِ وَالْفُرْقَانِ الْعَظِيمِ

Lord of the flowing seas, Lord of the great intercessor and brilliant light, Lord of the Tawrat and Injil, and the grand Furqan (criterion).

أَنْتَ إِلَهُ مَنْ فِي السَّمَاوَاتِ وَ إِلَهُ مَنْ فِي  
الْأَرْضِ -

You are the only God of the heavens and the earth.

لَا إِلَهَ فِيهِمَا غَيْرُكَ وَ أَنْتَ مَلِكُ مَنْ فِي  
السَّمَاوَاتِ وَ مَلِكُ مَنْ فِي الْأَرْضِ لَا مَلِكَ  
فِيهِمَا غَيْرُكَ

There is no other god save You. You are powerful over everything in the

heavens and earth. There is no powerful save You. You are the owner of the heavens and earth. There is no owner save You.

أَسْأَلُكَ بِاسْمِكَ الْكَبِيرِ وَ نُورِ وَجْهِكَ الْمُنِيرِ  
وَ بِمُلْكِكَ الْقَدِيمِ

I beseech you through your great name, Your brilliant superior being, Your ever existing kingdom

يَا حَيُّ يَا قَيُّوْمُ يَا حَيُّ يَا قَيُّوْمُ يَا حَيُّ يَا قَيُّوْمُ

O Ever living, O Self –Subsisting, O Ever living, O self Subsisting.

أَسْأَلُكَ بِاسْمِكَ الَّذِي أَشْرَقَ بِهِ كُلُّ شَيْءٍ

I beseech you in thy name that

illuminates everything

وَ بِاسْمِكَ الَّذِي أَشْرَقَتْ بِهِ السَّمَاوَاتُ وَ

الْأَرْضُ

and by thy name that radiates in the  
heavens and earth,

وَ بِاسْمِكَ الَّذِي صَلَحَ بِهِ الْأَوَّلُونَ وَ بِهِ

يَصْلُحُ الْآخِرُونَ

thy name which sets the people of all  
times on the right path from the  
foremost to the last.

يَا حَيُّ قَبْلَ كُلِّ حَيٍّ وَ يَا حَيُّ بَعْدَ كُلِّ حَيٍّ

O Ever Living who was there before  
anything else. O Ever Living who is  
ever existing when no life shall exist.

وَ يَا حَيُّ لَا إِلَهَ إِلَّا أَنْتَ صَلِّ عَلَى مُحَمَّدٍ وَ

آلِ مُحَمَّدٍ

O Ever Living there is no god save You. Peace be upon Mohammed and his progeny.

وَ اغْفِرْ لِي ذُنُوبِي وَ اجْعَلْ لِي مِنْ أَمْرِي

يُسْرًا وَ فَرَجًا قَرِيبًا

Forgive me my sins, make my affairs easy, and the reappearance near

وَ ثَبِّتْنِي عَلَى دِينِ مُحَمَّدٍ وَ آلِ مُحَمَّدٍ وَ عَلَى

سُنَّةِ مُحَمَّدٍ وَ آلِ مُحَمَّدٍ عَلَيْهِ وَ عَلَيْهِمُ

السَّلَامُ

and keep us firm in the religion of

Mohammed and family of  
 Mohammed, on the guidance of  
 Mohammed and family of  
 Mohammed, on the sunnah of  
 Mohammed and his family, peace be  
 upon him and his family.

وَ اجْعَلْ عَمَلِي فِي الْمَرْفُوعِ الْمُتَقَبَّلِ

Make my deeds lofty and accepted.

وَ هَبْ لِي كَمَا وَهَبْتَ لِأَوْلِيَائِكَ وَ أَهْلِ

طَاعَتِكَ

Bestow upon me like you have  
 granted your pious and obedient  
 servants.

فَإِنِّي مُؤْمِنٌ بِكَ وَ مُتَوَكِّلٌ عَلَيْكَ

For surely I am a believer in you,  
 trusting in you,

مُنِيبٌ إِلَيْكَ مَعَ مَصِيرِي إِلَيْكَ وَتَجْمَعُ لِي

turning repentantly to you, to you is  
my journeys end.

وَ تَجْمَعُ لِي وَ لِأَهْلِي وَ وُلْدِي الْخَيْرَ كُلَّهُ

Gather for me and for my family and  
my parents all good

وَ تَصْرِفُ عَنِّي وَ عَن وُلْدِي وَ أَهْلِي الشَّرَّ

كُلَّهُ

and remove for me , my family and  
parents all evil.

أَنْتَ الْحَنَّانُ الْمَنَّانُ بَدِيعُ السَّمَاوَاتِ وَ

الْأَرْضِ

You are the compassionate, the  
supporter and the originator of the

heavens and the earth.

تُعْطِي الْخَيْرَ مَنْ تَشَاءُ وَ تَصْرِفُهُ عَمَّنْ تَشَاءُ

فَاْمُنْ عَلَيَّ بِرَحْمَتِكَ

Give me the best that you wish and  
protect me from Your Grace

يَا أَرْحَمَ الرَّاحِمِينَ.

O Kind and compassionate.