

## **Dua Allahumma Man taaba** اللَّهُمَّ مَنْ تَعَبَّ وَتَهَيَّأَ

Shaykh al-Tūsi, Sayyid Ibn Ṭāwūs, al-Kaf`amī, and Sayyid Ibn Bāqī have recorded that it is recommended to say the following prayer on Fridays and at Friday nights and on the day and night of `Arafāt (the ninth of Dhu'l-Hijjah), the supplication cited is as quoted from Shaykh al-Tūsi's book of *al-Miṣbāḥ*:

O Allah, One may call up, prepare,	اللَّهُمَّ مَنْ تَعَبَّ وَتَهَيَّأَ
ready oneself, and stand prepared	وَأَعَدَّ وَأَسْتَعَدَّ
for purpose of coming to a creature	لِوَفَادَةٍ إِلَىٰ مَخْلُوقٍ
in the hope of gaining his aid	رَجَاءَ رَفْدِهِ
and asking for his gift and present.	وَطَلَبَ نَائِلِهِ وَجَائِزَتِهِ
As for myself, to You—O my Lord—I make my preparations and readiness	فَالَيْكَ يَا رَبِّ تَعَبَيْتِي وَأَسْتَعْدَادِي
hoping for Your pardon	رَجَاءَ عَفْوِكَ
and asking for Your gift and present.	وَطَلَبَ نَائِلِكَ وَجَائِزَتِكَ
So, (please) do not disappoint my entreaty.	فَلَا تُخَيِّبْ دُعَائِي
O He Who never disappoints His beseechers	يَا مَنْ لَا يَخَيِّبُ عَلَيْهِ سَائِلٌ
and Whose prizes never decrease His ample-giving!	وَلَا يَنْقُصُهُ نَائِلٌ
I have not come to You with confidence of a righteous deed that I have done nor have I had any hope in a grant of any creature.	فَإِنِّي لَمْ آتِكَ ثِقَةً بِعَمَلٍ صَالِحٍ عَمِلْتُهُ وَلَا لِوَفَادَةٍ مَخْلُوقٍ رَجَوْتُهُ
Rather, I have come to You professing myself to be evildoer and transgressor and confessing that I lack any pretext or excuse.	أَتَيْتُكَ مُقِرًّا عَلَىٰ نَفْسِي بِالْإِسَاءَةِ وَالظُّلْمِ مُعْتَرِفًا بِأَنْ لَا حُجَّةَ لِي وَلَا عُدْرَ
I have come to You hoping for Your great pardon	أَتَيْتُكَ أَرْجُو عَظِيمَ عَفْوِكَ
due to which You have pardoned the wrongdoers.	الَّذِي عَفَوْتَ بِهِ عَنِ الْخَاطِئِينَ
Hence, their long-lasting retirement to their grave offenses has not prevented You	فَلَمْ يَمْنَعَكَ طَوْلُ عُكُوفِهِمْ عَلَيَّ عَظِيمِ الْجُرْمِ
from turning to them with mercy.	أَنْ عُدْتَ عَلَيْهِمْ بِالرَّحْمَةِ

O He Whose mercy is huge      فَيَا مَنْ رَحْمَتُهُ وَاسِعَةٌ  
and Whose pardon is great;      وَعَفْوُهُ عَظِيمٌ  
O All-great, O All-great, O All-great;      يَا عَظِيمٌ يَا عَظِيمٌ يَا عَظِيمٌ  
nothing can repel Your rage except Your      لَا يَرُدُّ غَضَبَكَ إِلَّا حِلْمُكَ  
forbearance  
and nothing can save from Your wrath      وَلَا يُنْجِي مِنْ سَخَطِكَ إِلَّا التَّضَرُّعُ إِلَيْكَ  
except imploring earnestly to You.  
So, my God, (please) grant me a relief      فَهَبْ لِي يَا إِلَهِي فَرَجًا  
in the name of the power through which      بِالْقُدْرَةِ الَّتِي تُحْيِي بِهَا مَيِّتَ الْبِلَادِ  
You restore to life the derelict lands,  
and do not cause me to perish out of      وَلَا تُهْلِكْنِي غَمًّا حَتَّى تُسْتَجِيبَ لِي  
grief until You respond to me  
and show me signs of Your response to      وَتُعَرِّقْنِي الْإِجَابَةَ فِي دُعَائِي  
my prayers.  
(please) Make me taste the flavor of      وَادِّقْنِي طَعْمَ الْعَافِيَةِ إِلَى مُنْتَهَى الْجَلِي  
wellbeing up to the end of my lifetime,  
do not make my enemies gloat over me,      وَلَا تُشْمِتْ بِي عَدُوِّي  
do not give them a hand over me,      وَلَا تُسَلِّطْهُ عَلَيَّ  
and do not make them control over me.      وَلَا تُمَكِّنْهُ مِنْ عُنُقِي  
O Allah, If You humiliate me, who can      اللَّهُمَّ إِنْ وَضَعْتَنِي فَمَنْ ذَا الَّذِي يَرْفَعُنِي  
then exalt me?  
And if You exalt me, who can then      وَإِنْ رَفَعْتَنِي فَمَنْ ذَا الَّذِي يَضَعُنِي  
humiliate me?  
If You annihilate me, who can then      وَإِنْ أَهْلَكْتَنِي فَمَنْ ذَا الَّذِي يَعْزِضُ لَكَ  
interfere before You concerning the      فِي عَبْدِكَ  
affair of me—Your slave  
or who can intercede to ask You about      أَوْ يَسْأَلُكَ عَنْ أَمْرِهِ  
it?  
I have already known for sure that Your      وَقَدْ عَلِمْتُ أَنَّهُ لَيْسَ فِي حُكْمِكَ ظُلْمٌ  
decrees are devoid of injustice  
and Your punishment does not count on      وَلَا فِي نَقْمَتِكَ عَجَلَةٌ  
immediateness.  
Verily, immediateness is the work of      وَإِنَّمَا يَعْجَلُ مَنْ يَخَافُ الْفَوْتَ  
him who fears lest he may miss,  
and only do the weak need injustice.      وَإِنَّمَا يَحْتَاجُ إِلَى الظُّلْمِ الضَّعِيفُ  
As for You, O my God, You are too      وَقَدْ تَعَالَيْتَ يَا إِلَهِي عَنْ ذَلِكَ عُلُوًّا كَبِيرًا  
exalted to be so—Exalted and Great You  
are beyond all measure!  
O Allah, I take refuge in You; so, (please)      اللَّهُمَّ إِنِّي أَعُوذُ بِكَ فَا عِدْنِي  
have protection upon me!

I call for Your safekeeping; so, (please)  
keep me under Your security!

وَإِسْتَجِيرُ بِكَ فَاجِرْتِي

I appeal for Your sustenance; so,  
(please) provide me with sustenance!

وَإِسْتَرْزُقُكَ فَارْزُقْنِي

I put trust in You; so, (please) keep me  
under Your supervision!

وَإِتَوَكَّلُ عَلَيْكَ فَأَكْفِنِي

I call for Your aid against my enemy; so,  
(please) grant me support!

وَإِسْتَنْصِرُكَ عَلَيَّ عَدُوِّي فَأَنْصُرْنِي

I seek Your assistance; so, (please)  
assist me!

وَإِسْتَعِينُ بِكَ فَأَعِينِي

I ask for Your forgiveness; so, (please)  
forgive me.

وَاسْتَغْفِرُكَ يَا إِلَهِي فَأَغْفِرْ لِي

So, respond! Respond! Respond!

آمِينَ آمِينَ آمِينَ

**Seventh:** It is highly recommended to say the famous prayer [Du`ā' Kumayl](#).

**Eighth:** It is also recommended to say the supplication to be said at the `Arafāt Night, [allāhumma yā shāhida kulli najwā](#)

**Ninth:** It is recommended to repeat the following prayer **ten times:**

O He Who is ever-Favorer  
on the beings!

yā dā'ima alfaḍli  
`alā albariyyati

يَا دَائِمَ الْفَضْلِ عَلَيَّ  
الْبَرِيَّةِ

O He Who is openhandedly  
Bestower of gifts!

yā bāsiṭa aliyadayni  
bil`aṭiyyati

يَا بَاسِطَ الْيَدَيْنِ بِالْعَطِيَّةِ

O He Who is the Giver of  
sublime donations!

yā ṣāhiba almawāhibi  
alssaniyyati

يَا صَاحِبَ الْمَوَاهِبِ  
السَّنِيَّةِ

Bless Muḥammad and his  
Household,

ṣalli `alā muḥammadin wa  
ālihī

صَلِّ عَلَيَّ مُحَمَّدٍ وَآلِهِ

the best of all creatures in  
traits,

khayri alwarā sajiyyatan

خَيْرِ الْوَرَى سَجِيَّةً

and forgive us, O Lord of  
Highness,

waghfir lanā yā dhal`ulā

وَاعْفِرْ لَنَا يَا ذَا الْعُلَى

at this evening.

fī hādhihī al`ashiyyati

فِي هَذِهِ الْعَشِيَّةِ