

And sing the praise of your Lord before the rising of the sun and before the setting.

وَسَبِّحْ بِحَمْدِ رَبِّكَ قَبْلَ طُلُوعِ الشَّمْسِ وَقَبْلَ الْغُرُوبِ.

In this evening, my wrongdoing is taking shelter in Your pardon,	amsā ḡulmī mustajīran bi`afwika
my sins are taking shelter in Your forgiveness,	wa amsat dhunūbī mustajīratan bimaghfiratika
my fear is taking shelter in Your security,	wa amsā khawfī mustajīran bi'amānika
my humility is taking shelter in Your dignity,	wa amsā dhullī mustajīran bi`izzika
my poverty is taking shelter in Your richness,	wa amsā faqrī mustajīran bighināka
and my mortal face is taking shelter in Your Face, the Undying and Perpetual.	wa amsā wajhiya albālī mustajīran biwajhika alddā'imi albāqī
O Allah, (please) dress me with Your wellbeing,	allāhumma albisnī `āfiyataka
cover me with Your mercy,	wa ghashshinī biraḥmatika
overshadow me with Your honoring,	wa jallilnī karāmataka
and protect me against the evils of Your creatures—jinn and men.	wa qinī sharra khalqika min aljinni wal-insi
O Allah! O All-beneficent! O All-merciful!	yā allāhu yā raḥmānu yā raḥīmu

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O He Who has sealed the Prophethood with Muhammad,	yā man khatama alnubuwata bimuhhammadin
Allah may bless him and his Household,	ṣallā allāhu `alayhi wa ālihī
(please) seal with goodness this day of mine,	ikhtim lī fī yawmī hādhā bikhayrin
this month of mine,	wa shahrī bikhayrin
this year of mine,	wa sanatī bikhayrin
and my entire lifetime.	wa `umrī bikhayrin

then put your hand on the head and pass it over your face. then hold your beard and say the

I include myself, my family,	aḥaṭtu `alā nafsī wa ahlī
my property, and my sons,	wa māli wa waladī
both the absent and the present	min ghā'ibin wa shāhidin
with Allah save Whom there is no god,	billāhi alladhī lā ilāha illā huwa
the Knower of the unseen and the seen,	`ālimu alghaybi walshshahādati
the All-beneficent, the All-merciful,	alrraḥmānu alrraḥīmu
the Ever-living, the Self-subsisting.	alḥayyu alqayyūmu
Slumber does not overtake Him nor sleep.	lā ta'khudhuhū sinatun wa lā nawmun
Whatever is in the heavens and whatever is in the earth is His.	lahū mā fī alssamāwāti wa mā fī al-arḍi
Who is he that can intercede with Him but by His permission?	man dhā alladhī yashfa`u `indahū illā bi'idhnihī
He knows what is before them and what is behind them,	ya`lamu mā bayna aydīhim wa mā khalfahum
and they cannot comprehend anything out of His knowledge except what He pleases.	wa lā yaḥiṭūna bishay'in min `ilmihī illā bimā shā'a
His knowledge extends over the heavens and the earth,	wasi`a kursiyyuhū alssamāwāti wa al-arḍa
preservation of them both tires Him not, and He is the Most High,	wa lā ya'ūduhū ḥifzuhumā wa huwa al`aliyyu al`azīmu

أَمْسَى ظُلْمِي مُسْتَجِيرًا بِعَفْوِكَ
وَأَمْسَتْ ذُنُوبِي مُسْتَجِيرَةً بِمَغْفِرَتِكَ
وَأَمْسَى خَوْفِي مُسْتَجِيرًا بِأَمَانِكَ
وَأَمْسَى ذُلِّي مُسْتَجِيرًا بِعِزِّكَ
وَأَمْسَى فَقْرِي مُسْتَجِيرًا بِغِنَاكَ
وَأَمْسَى وَجْهِي الْبَالِي مُسْتَجِيرًا بِوَجْهِكَ
الْدَائِمِ الْبَاقِي
اللَّهُمَّ الْبِسْنِي عَافِيَتَكَ
وَعَشْنِي بِرَحْمَتِكَ
وَجَلَّلْنِي كَرَامَتِكَ
وَقِنِي شَرَّ خَلْقِكَ مِنَ الْجِنِّ وَالْإِنْسِ
يَا اللَّهُ يَا رَحْمَنُ يَا رَحِيمُ

يَا مَنْ خَتَمَ النَّبُوَّةَ بِمُحَمَّدٍ

صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ

إِخْتِمَ لِي فِي يَوْمِي هَذَا بِخَيْرٍ

وَشَهْرِي بِخَيْرٍ

وَسَنَّتِي بِخَيْرٍ

وَعُمْرِي بِخَيْرٍ

أَحَطْتُ عَلَى نَفْسِي وَآهْلِي

وَمَالِي وَوَلَدِي

مِنْ غَائِبٍ وَشَاهِدٍ

بِاللَّهِ الَّذِي لَا إِلَهَ إِلَّا هُوَ

عَالِمُ الْغَيْبِ وَالشَّهَادَةِ

الرَّحْمَنُ الرَّحِيمُ

الْحَيُّ الْقَيُّومُ

لَا تَأْخُذُهُ سِنَّةٌ وَلَا نَوْمٌ

لَهُ مَا فِي السَّمَاوَاتِ وَمَا فِي الْأَرْضِ

مَنْ ذَا الَّذِي يَشْفَعُ عِنْدَهُ إِلَّا بِإِذْنِهِ

يَعْلَمُ مَا بَيْنَ أَيْدِيهِمْ وَمَا خَلْفَهُمْ

وَلَا يُحِيطُونَ بِشَيْءٍ مِنْ عِلْمِهِ إِلَّا بِمَا شَاءَ

وَسِعَ كُرْسِيُّهُ السَّمَاوَاتِ وَالْأَرْضَ

وَلَا يَئُودُهُ حِفْظُهُمَا وَهُوَ الْعَلِيُّ الْعَظِيمُ