# Şalāt al-Laīl

Taken from the forthcoming book, Weapon of the Believer Translated by Saleem Bhimji www.al-mubin.org | al-mubin@al-mubin.org

n many of the verses of the Qur'ān, the performance of Ṣalāt al-Laīl and staying awake a portion of the night - after midnight - in the worship of Allāh (Glory and Greatness be to Him) has been mentioned, of which, we present some of these verses:

"...and those who ask forgiveness in the morning times."

"Say your special (tahajjud) prayer during some part of the night..."

"And they who pass the night prostrating themselves before their Lord and standing."

"Their sides draw away from (their) beds, they call upon their Lord in fear and in hope, and they spend (benevolently) out of what We have given them."

"They used to sleep but little in the night. And in the morning they asked forgiveness."

The Ṣalāt al-Laīl was Wājib upon the Messenger of Allāh<sup>1</sup> and no Prophet had been sent before him except that it was obligatory upon them as well.<sup>2</sup>

In the aḥādīth from the Ahl al-Baīt (peace be upon all of them), it has been emphatically mentioned that:

- 1. Salāt al-Laīl protects one during the daytime.<sup>3</sup>
- 2. Şalāt al-Laīl is a Kaffārah for the sins committed in the day.<sup>4</sup>

- 3. That house in which Ṣalāt al-Laīl is recited beams with light for those who are in the heavens just as the stars beam with light for those who are on earth.<sup>5</sup>
- 4. The great and noble people of our nation are those who are protectors of the Qur' $\bar{a}$ n and who stay awake the night in worship.<sup>6</sup>
- 5. There are three things which raise a person's rank and station: (1) Initiating the greeting to a fellow Muslim, (2) feeding poor people, (3) Ṣalāt in the darkness of the night when all other people are busy sleeping.<sup>7</sup>
- 6. Ṣalāt al-Laīl makes one's face beautiful; beautifies one's etiquette; gives a pleasant smell to one's body and increases one's daily sustenance. It also removes sorrow and grief and gives strength to the eyes.<sup>8</sup>
- 7. One who does not read the Ṣalāt al-Laīl is not considered as a Shī a of the Ahl al-Baīt.<sup>9</sup>
- 8. One who is not able to perform the Ṣalāt al-Laīl is truly a very unfortunate person.<sup>10</sup>
- 9. Committing sins is one of the reasons for one to be unsuccessful in the performance of Ṣalāt al-Laīl. 11
- 10. The performance of Ṣalāt al-Laīl leads to gaining the pleasure of Allāh (Glory and Greatness be to Him); love of the Angels; is the Sunnah of the Prophets; leads to the light of true recognition of Allāh (Glory and Greatness be to Him); is the foundation of belief; tranquility of the soul; destruction of Shaiṭān; a weapon against one's enemies; acceptance of one's supplications; acceptance of one's actions; increases the blessings in one's sustenance; intercession when the Angel of Death comes; brightness in the grave; protects the person while in the grave; ease in the answering of the angels Munkir and Nakīr and is the companion and friend in the grave. 12

## Method of Reciting Ṣalāt al-Laīl

Ṣalāt al-Laīl is 11 Rak'at in which the first 8 Rak'at are prayed in four Ṣalāt of two Rak'at each with the intention of Ṣalāt al-Laīl (we finish each two Rak'at of Ṣalāt off with the Salām and then start the next set of Ṣalāt until we have completed 8 Rak'at). Following this, two Rak'at would be read with the intention of Ṣalāt ash-Shaf'. Once this is recited, one Rak'at with the intention of Ṣalāt al-Witr would be recited.

Biḥār Al-Anwār, Vol. 87, Pg. 122

<sup>&</sup>lt;sup>2</sup> Biḥār Al-Anwār, Vol. 87, Pg. 136; Tafsīr Al-Qummī, Pg. 701

<sup>&</sup>lt;sup>3</sup> Biḥār Al-Anwār, Vol. 87, Pg. 154; Maḥāsin Barqī, Pg. 53

<sup>&</sup>lt;sup>4</sup> Biḥār Al-Anwār, Vol. 87, Pg. 136

<sup>&</sup>lt;sup>5</sup> Biḥār Al-Anwār, Vol. 87, Pg. 161; Rawḍhatu 'l-Wāi 'dhīn, Pg. 320

<sup>&</sup>lt;sup>6</sup> Biḥār Al-Anwār, Vol. 87, Pg. 138; Amālī Shaīkh Ṣadūq, Pg. 141

<sup>&</sup>lt;sup>7</sup> Biḥār Al-Anwār, Vol. 87, Pg. 141; Khiṣāl, Vol. 1, Pg. 42

<sup>&</sup>lt;sup>8</sup> Biḥār Al-Anwār, Vol. 86, Pg. 153, Thawāb Al-A'māl, Pg. 38

<sup>&</sup>lt;sup>9</sup> Biḥār Al-Anwār, Vol. 87, Pg. 162; Maqnah of Shaikh Mufid, Pg. 111

Biḥār Al-Anwār, Vol. 87, Pg. 164; Ma ani Al-Akhbār, Pg. 342
 Biḥār Al-Anwār, Vol. 87, Pg. 152; Tawhid Shaikh Ṣadūq, Pg. 17

<sup>&</sup>lt;sup>12</sup> Biḥār Al-Anwār, Vol. 87, Pg. 161; Irshād Al-Qulūb, Pg. 316

The time of Salāt al-Laīl is the last one third of the night.<sup>13</sup>

It is a commonly held belief that the closer that the Salāt al-Laīl is read to the time of Salāt al-Fajr, the better it is, however, in many ahādīth it has been mentioned that a little bit after the middle of the night, the Prophet of Islām and the A'immah (blessings of Allāh be upon all of them), performed the Salāt al-Laīl. The narrations that mention these are great and it is has been mentioned that this is the time when one's supplications are answered.<sup>14</sup>

However, it has also been mentioned that the Messenger of Allāh (blessings of Allāh be upon him and his family) used to recite the Salāt al-Laīl in three stages:

- 1. Four Rak'at after the middle of the night.
- Four Rak'at in the last one-third of the night.
- Three Rak'at near to the time of Fajr while performing a very long Rukū<sup>c</sup>.15

It has been narrated that when Imām 'Alī ibn Mūsā al-Riḍā (peace be upon him) was on his way from Madinah to Khurāsān, he first recited the Şalāt of Ja'far at-Ṭayyār and counted that Salāt as a part of the Salāt al-Laīl. 16

It is Mustahab that after each two Rak'at, the Tasbīh of Fātima az-Zahrā (blessings be upon her) is performed. 17

In the second Rak'at of each of the two Rak'at Salāt, it is Mustaḥab that before going into Rukū', the Qunūt is performed. It is also Mustahab that in the Qunūt, if possible, one sheds tears for the fear of Allāh and for the fear of the punishment of Allāh (Glory and Greatness be to Him) and if one can not cry, he should at least 'pretend' to cry.<sup>18</sup>

It is Mustahab that in the first and second Rak'at of the Salāt al-Laīl that after Sūrah al-Fātiha, Sūrah al-Ikhlās is recited 30 times.<sup>19</sup> If one is not able to recite this, then in the first Rak'at after al-Fātiha, one should recite Sūrah al-Ikhlās and in the second Rak'at after Sūrah al-Fātiha, one should recite Sūrah al-Kāfirūn.

It is better that in the second Rak'at of the first Salāt, Sūrah al-Muzzammil is read and in the second Rak'at of the second Salāt, Sūrah an-Nabā is read. It is Mustahab that in the first Rak'at of the third Salāt, Sūrah Yā Sīn is read, and in the second Rak'at (of the third Salāt), Sūrah ad-Dukhān is read - alternately, one can read Sūrah Wāqiyah in place of Yā Sīn and Sūrah al-Muddathir in place of Sūrah ad-Dukhān. It is Mustahab that in the first Rak'at of the fourth Salāt, Sūrah al-Mulk is read and in the second Rak'at of the fourth Salāt, Sūrah al-Insān is read.<sup>20</sup>

It has been mentioned that Imām Muhammad ibn 'Alī al-Bāqir (peace be upon him) used to recite Sūrah al-Ikhlās in the Salāt al-Shaf' and Salāt al-Witr and after reciting this Sūrah, would say:



Recitation of Sūrah al-Ikhlās is counted as the recitation of one-third of the Qur'an, thus, who ever recites this Sūrah in the three Rak at (Salat al-Shaf' and Salat al-Witr) is as if he has recited the entire Our an. 22

#### Qunūt of Salāt al-Witr

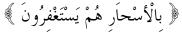
The Salāt al-Witr is one Rak'at and is the Salāt and whispered supplication that completes the Salāt al-Laīl. As it has been mentioned in the ahādīth, the Salāt is the Me'rāj of the believer, and the Salāt al-Witr is the wave that carries the believer to the higher realms. It has been specifically mentioned in the aḥādīth that, "The more a person stands while in the Salāt al-Witr will have to stand less on the Day of Judgement."23

The main item that carries one during this spiritual journey is the Qunūt of the Salāt al-Witr in which those who are the true servants of Allāh, spend countless hours, engrossed in supplication and tears and asking forgiveness for their sins.

The Prophet of Islām Muhammad ibn 'Abdullah (blessings of Allāh be upon him and his family) has said: "Whichever of you prolongs the Qunūt in his Ṣalāt al-Witr will have more ease on the Day of Judgement."24

In the Wājib Salāt, the Qunūt is in place for the servant to supplicate to his Lord however in the Salāt al-Witr, it is for asking forgiveness to Allāh.<sup>25</sup>

The following verse of the Qur'an has been constantly mentioned in the ahādīth in reference to asking forgiveness during the Ṣalāt and especially during the Ṣalāt al-Witr:



"...and in the morning time, they used to ask for forgiveness"26

<sup>&</sup>lt;sup>13</sup> Biḥār Al-Anwār, Vol. 87, Pg. 223; Al-Hidāyah, Pg. 35

<sup>&</sup>lt;sup>14</sup> Bihār Al-Anwār, Vol. 87, Pg. 227

<sup>&</sup>lt;sup>15</sup> Biḥār Al-Anwār, Vol. 87, Pg. 228

<sup>16</sup> Biḥār Al-Anwār, Vol. 87, Pg. 231; Uyūn Al-Akhbār ar-Riḍā, Vol. 2, Pg. 181

<sup>&</sup>lt;sup>17</sup> Bihār Al-Anwār, Vol. 87, Pg. 243

<sup>&</sup>lt;sup>18</sup> Biḥār Al-Anwār, Vol. 87, Pg. 272; Miṣbāḥ Al-Muttahajjid, Pg. 107

<sup>&</sup>lt;sup>19</sup> Biḥār Al-Anwār, Vol. 87, Pg. 232

<sup>&</sup>lt;sup>20</sup> Biḥār Al-Anwār, Vol. 87, Pg. 243

 <sup>&</sup>lt;sup>21</sup> Biḥār Al-Anwār, Vol. 87, Pg. 226; Furū `Al-Kāfi, Vol. 3, Pg. 44
 <sup>22</sup> Biḥār Al-Anwār, Vol. 86, Pg. 226; Tahdhib, Vol. 1, Pg. 171

<sup>&</sup>lt;sup>23</sup> Biḥār Al-Anwār, Vol. 87, Pg. 154; Fiqh ar-Ridā, Pg. <sup>1</sup>

Biḥār Al-Anwār, Vol. 87, Pg. 287; Al-Faqīh, Vol. 1, Pg. 308
 Biḥār Al-Anwār, Vol. 18, Pg. 261; Al-Faqīh, Vol. 1, Pg. 311

 $<sup>^{26}</sup>$  Biḥār Al-Anwār, Vol. 87, Pg. 207; 'Illul ash-Sharā'ī, Vol. 2, Pg. 53

During the Qunūt of the Salāt al-Witr, there are many supplications, which can be recited, and although it is not possible to list all of them here, we will mention the most important forms of seeking forgiveness.

At the time of asking forgiveness, one should lift his left hand for asking forgiveness and use the right hand to count the number of times<sup>27</sup> and if one uses a tasbīh made from the dirt of Kerbalā, then the reward of the forgiveness is increased.

It has been related that the Prophet of Islām Muhammad ibn Abdullah (blessings of Allāh be upon him and his family) would ask forgiveness 70 times during the Salāt al-Witr.<sup>28</sup>

Imām Ja far ibn Muḥammad as-ādiq (peace be upon him) has said: "Whosoever recites the following in the Salāt al-Witr 70 times and continues to do so for one entire year will be counted by Allāh as a Mustaghfirīn bil ashār or one who used to ask forgiveness during the night time and will make *Jannah* Wājib upon that person."<sup>29</sup>

"I seek repentance from Allāh, my Lord and to Him I turn back."

In another hadīth it has been mentioned that, "Whosoever says the following 100 times at the end of his Qunūt and continues to do so for fourty nights will be counted as a Mustaghfirīn bil ashār or one who used to ask forgiveness during the night time.<sup>30</sup>

"I seek repentance from Allāh, my Lord and to Him I turn

The Prophet of Islām Muḥammad ibn 'Abdullah (blessings of Allāh be upon him and his family) used to ask for forgiveness 70 times in the Qunūt of Salāt al-Witr followed by reciting the below line seven times:

"This is the station of the person who seeks refuge with You from the Hell Fire. '81

The method of asking forgiveness as taught to us by Amīr al-Mo'minīn 'Alī ibn Abī Ṭālib (peace be upon him) in the night as is follows:

1. Recite the following 70 times:

"I seek repentance from Allāh, my Lord and to Him I turn

2. Followed by reciting the following seven times:

"I seek repentance from Allāh the One whom there is no god except Him, the Living and Self-Subsisting and to Him I turn back.′<sup>32</sup>

One of the most important acts in the Qunut of the Salat al-Witr is supplication for forty believers (men or women) amongst one's family, friends, those who have asked to be prayed for, the deceased and the Shī'a of Amīr Al-Mo'minīn 'Alī ibn Abī Tālib (peace be upon him). Whosoever does this will be assured that his supplications are answered.<sup>33</sup>

One should then say the following three hundred times:



"I ask for forgiveness."

Following this, the following should be said once:

"Lord, please forgive me and have mercy upon me and turn back towards me. Verily You are the Oft-Turning back, Most Merciful'84

It has been mentioned that Imām 'Alī ibn al-Husain as-Sajjād (peace be upon him) used to recite the following line three hundred times in his Qunūt during the Salāt al-Witr:



"I ask for forgiveness."35

Allāmah Majlisī has mentioned that the word (الْعَفْ وَ) can also be recited as (الْعَفْر) (with a fathah instead of a dhammah) on the last letter.

\* Please do not forget this humble servant of Allāh (Glory and Greatness be to Him) in your prayers and especially in the blessed Qunut of the Şalat Al-Lail.

<sup>&</sup>lt;sup>27</sup> Bihār Al-Anwār, Vol. 87, Pg. 208

Biḥār Al-Anwar, Vol. 87, Pg. 121; Tahdhīb, Vol. 1, Pg. 272
 Biḥār Al-Anwar, Vol. 87, Pg. 120; Al-Faqīh, Vol. 1, Pg. 301
 Biḥār Al-Anwar, Vol. 87, Pg. 120; Al-Faqīh, Vol. 1, Pg. 301
 Biḥār Al-Anwar, Vol. 87, Pg. 221; Miṣbāḥ of Kafʿami, Pg. 53
 Biḥār Al-Anwar, Vol. 87, Pg. 287; Al-Faqīh, Vol. 1, Pg. 301

<sup>32</sup> Biḥār Al-Anwār, Vol. 87, Pg. 308; Miṣbāḥ of Al-Kaf'amī, Page 58

<sup>38</sup> Biḥār Al-Anwār, Vol., 87, Pg., 284; Miṣbāḥ Al-Muttahajjid, Pg. 101
34 Biḥār Al-Anwār, Vol., 87, Pg. 275; Miṣbāḥ Al-Muttahajjid, Pg. 101
35 Biḥār Al-Anwār, Vol., 87, Pg. 275; Miṣbāḥ Al-Muttahajjid, Pg. 101

<sup>35</sup> Biḥār Al-Anwār, Vol., 87, Pg., 275; Miṣbāḥ Al-Muttahajjid, Pg. 10

# The Concise Method of Reciting Ṣalāt al-Laīl

Ṣalāt al-Laīl is 11 Rak at in which:

- 1. The first 8 Rak at are prayed in four Ṣalāt of two Rak at each with the intention of Ṣalāt al-Laīl (after each two Rak at, give the Salām, finish the Ṣalāt and then stand for the next set of Ṣalāt.)
- 2. Following this, two Rak'at would be read with the intention of Ṣalāt ash-Shaf'(this Ṣalāt is performed exactly as Ṣalātul Fajr).
- 3. Once this is recited, one Rak at with the intention of Ṣalāt al-Witr would be recited. In this Ṣalāt, recite Sūrah Al-Fāṭiḥa once, Sūrah al-Ikhlāṣ three times followed by Sūrah al-Falaq and Sūrah al-Nās once each.

Once this part of the Ṣalāt is finished, we raise our hands in Qunūt such that our palms are facing the sky and our hands are level with our eyes and perform the following:

### Qunūt of Ṣalāt al-Witr

1.1. Recite the following 70 times:

"I seek repentance from Allāh, my Lord and to Him I turn back."

2.2. Followed by reciting the following seven times:

"I seek repentance from Allāh the One whom there is no god except Him, the Living and Self-Subsisting and to Him I turn back." 36

- 3. One of the most important acts in the Qunūt of the Ṣalāt al-Witr is supplication for forty believers (men or women) amongst one's family, friends, those who have asked to be prayed for, the deceased and the Shīʿa of Amīr Al-Mo'minīn 'Alī ibn Abī Ṭālib (peace be upon him). Whosoever does this will be assured that his supplications are answered.<sup>37</sup>
- 4. One should then say the following three hundred times:



"I ask for forgiveness."

5. Following this, the following should be said once:

"Lord, please forgive me and have mercy upon me and turn back towards me. Verily You are the Oft-Turning back, Most Merciful'<sup>88</sup>

Please do not forget all of the believers throughout the world in your Ṣalāt al-Laīl, especially those downtrodden and oppressed Muslims of Palestine, Iraq, Kashmir, Chechniya, Bosnia, and all over the globe – this humble servant of Allāh (Glory and Greatness be to Him) as well.

May Allāh (Glory and Greatness be to Him) hasten the advent of the 12<sup>th</sup> Imām (may Allāh hasten his return) to fill this world with justice and equality. •

<sup>36</sup> Biḥār Al-Anwār, Vol. 87, Pg. 308; Misbāḥ of Al-Kaf'amī, Page 58

<sup>&</sup>lt;sup>37</sup> Biḥār Al-Anwār, Vol., 87, Pg., 284; Miṣbāḥ Al-Muttahajjid, Pg. 10

<sup>38</sup> Bihār Al-Anwār, Vol., 87, Pg. 275; Misbāh Al-Muttahajjid, Pg. 10