FIRST MUHARRAM: A two unit prayer at each of which Sūrah al-Fātiḥah is recited once and Sūrah al-Tawḥīd is repeated eleven times is offered. The Holy Prophet (\$) is reported to have said that whoever offers this prayer at this night and observes fasting the next day, which is the first day in the new year, the new year will be good for him,

Imam al-Riḍā (`a) is reported to have said that the Holy Prophet (\$), on the **first of Muḥarram**, used to offer a two unit prayer. When he finished, he would raise his hands towards the heavens and repeat the following supplicatory prayer **three** times:

O Allah, You are the Eternal God

and this is a new year;

I therefore request Your safety from Satan,

control over my self, which is inclined to sinning,

engagement in all that which draws me near You, O All-generous!

O Lord of majesty and honor!

O Supporter of him who has no supporter!

O Provider of him who has no provisions!

O Shelter of him who has no shelter!

O He who comes to help him who has no hope of help!

O Reliance for him who has no one to lean upon!

O Treasure of him who has nothing in the purse!

O He who knows well how to put to test and trial!

O Ultimate Hope!

O Strength of the weak!

O Rescuer of the drowning!

اَللَّهُمَّ انْتَ الإلهُ الْقَدِيمُ وَهٰذِهِ سَنَةٌ حَدِيدَةٌ فَاسْالُكَ فِيهَا ٱلْعِصْمَةَ مِنَ ألشنطان وَٱلْقُوَّةَ عَلَى هٰذِهِ ٱلنَّفْس ألامَّارَةِ بألسُّوء وَٱلاِشْتِغَالَ بِمَا يُقَرِّبُنِي إِلَيْكَ يَا كُرِيمٌ يَا ذَا ٱلْجَلاَلِ وَٱلإِكْرَام نَا عِمَادَ مَنْ لاَ عِمَادَ لَهُ مَا ذَخِيرةَ مَنْ لا ذَخِيرةَ لَهُ يًا حِرْزُ مَنْ لاَ حِرْزُ لَهُ يًا غِيَاثَ مَنْ لاَ غِيَاثَ لَهُ يًا سَنَدَ مَنْ لاَ سَنَدَ لَهُ يَا كَنْزَ مَنْ لاَ كَنْزَ لَهُ يَا حَسَنَ ٱلْبَلاَء يَا عَظِيمَ ٱلرَّجَاء يَا عِزَّ ٱلضُّعَفَاء

يَا مُنْقِذَ ٱلْغَرِ[•]قَيٰ

O He who saves from destruction!
O All-benefactor! O All-munificent!
O All-favorer! O All-benevolent!

You are He before Whom prostrate in adoration the blackness of the night and the brightness of the day,

the moonlight, the sunlight,

the ripple of the water, and the rustling of the trees!

O Allah! There is no associate with You!

O Allah! (Please do) cause us to be better than what they think of us!

Forgive us that which they do not know! Do not blame us for what they say! Sufficient is Allah (for

me). There is no god save Him,

On Him do I rely, and He is the Lord of the Great Throne.

We believe in it! It is all from our Lord! None do mind except those having understanding.

Our Lord, make not our hearts deviate after You have guided us aright,

and grant us mercy from You; surely, You are the most liberal Giver. يَا مُنْجِيَ ٱلْهَلْكَىٰ يَا مُنْعِمُ يَا مُجْمِلُ يَا مُفْضِلُ يَا مُحْسِنُ

انْتَ ٱلَّذِي سَجَدَ لَكَ سَوَادُ ٱللَّيْلِ وَنُورُ ٱلنَّهَارِ

> ٱلشَّمْسِ وَدَوِيُّ ٱلْمَاءِ وَحَفِيفُ ٱلشَّجَر

وَضَوْءُ ٱلْقَمَرِ وَشُعَاعُ

يَا اللَّهُ لاَ شَرِيكَ لَكَ اَللَّهُمَّ ٱجْعَلْنَا خَيْراً مِمَّا يَظُنُّونَ

وَٱغْفِرْ لَنَا مَا لاَ يَعْلَمُونَ وَلاَ تُؤَاخِذْنَا بِمَا يَقُولُونَ

حَسْبِيَ ٱللَّهُ لاَ إِلٰهَ إِلاَّ هُوَ

عَلَيْهِ تَوَكَّلْتُ وَهُوَ رَبُّ ٱلْعَرْشِ ٱلْعَظِيمِ

آمَنَّا بِهِ كُلُّ مِنْ عِنْدِ رَبِّنَا

وَمَا يَذَّكَّرُ إِلاَّ اوْلُواْ ٱلالْبَابِ

رَبَّنَا لاَ تُزِغْ قُلُوبَنَا بَعْدَ إِذْ

وَهَبْ لَنَا مِنْ لَدُنْكَ رَحْمَةً إِنَّكَ انْتَ ٱلْوَهَّابُ

Shaykh al-Ṭūsī says: It is recommended to observe fasting on the first nine days of Muḥarram. On the tenth of Muḥarram, it is recommended to abstain from eating and drinking up to afternoon. www.duas.org