WEEKDAY DU'AS (SUNDAY)

MONDAY  TUESDAY  WEDNESDAY

THURSDAY  FRIDAY  SATURDAY

SUNDAY

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SUNDAY

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Saturday Dua of Imam Zainul Abideen (a.s.)

بِسْمِ ٱللهِ ٱلرَّحْمَنِ ٱلرَّحِيمِ
bismillahi alrrahmani alrrahimi
In the Name of Allah, the All-compassionate, the All-merciful.

بِسْمِ ٱللهِ ٱلَّذِي لاَ أَرْجُو إِلاَّ فَضْلَهُ
bismillahi alladhi la arju illa fadlahu
In the name of Allah, from whom I hope for nothing but bounty,

وَلاَ أَخْشَى إِلاَّ عَدْلَهُ
wala la akhsha illa `adlahu
I fear nothing but justice,

وَلاَ أَعْتَمِدُ إِلاَّ قَوْلَهُ
wala la a`tamidu illa qawlahu
I rely upon nothing but His word,

وَلاَ أُمْسِكُ إِلاَّ بِحَبْلِهِ
wala la umsiku illa bihablihi
and I cling to nothing but His Rope.

بِكَ أَسْتَجِيرُ يَا ذَٱ ٱلْعَفْوِ وَٱلرِّضْوَٱنِ
bika astajiru ya dhal`afwi walrridwani
In You do I seek sanctuary –
O Possessor of pardon and good pleasure–
Weekday Duas

Saturday Dua of Imam Zainul Abideen (a.s.)

من الظلم والعدوان ومن غير الزمان

wa min alzzulmi wal`udwani wa min ghiyari alzzamani

from wrong and enmity, from the vicissitudes of time

وتواثير الأحزان وطوارئ الحدثان

wa tawaturi al-ahzani wa tawariqi alhadathani

from recurrence of sorrows, from the striking of mishaps,

ومين انقضاء البعد قبل التأهيل والعدة

wa min inqida'i almuddati qabla altta'ahhabi wal`uddati

and from the expiration of the term

before preparation and readiness.

وإياك أسترشد ليما فيه السلام والإصلاح

wa iyyaka astarshidu lima fihi alssalahu wal-islahu

From You do I seek guidance to that wherein is righteousness

and setting aright.

وبك أستعين في يا يقتربن به النجاح والإنجاح

wa bika asta`inu fima yaqtarinu bihi alnnajahu wal-injahu

From You do I seek help in that which is linked to success

and favorable response.
وَإِيَّاكَ أَرْغَبُ فِي لِبَاسِ الْعَافِيَةِ وَتَمَامِهَا
From You do I desire for the garment of wellbeing and its completion,

وَشُمُولٍ السَّلَامةِ وَدُوَّاً مِّهَا
and the covering of health and its permanence.

وَأَعُوذُ بِكَ يَا رَبِّ مِنْ هَمَازَتِ ٱلشَّيَاطِينِ
I seek refuge in You, O my Lord, from the evil suggestions of the devils.

وَأَحْتَرِزُ بِسُلْطَانِكَ مِنْ جَوْرِ ٱلسَّلَاتِينِ
I seek protection in Your sovereignty from the injustice of the sovereigns.

فَتَقَبْلُ مَا كَانَ مِنْ صَلاَتِي وَصَوْمِي
So, (please) accept my past prayers and fasting,
Saturday Dua of Imam Zainul Abideen (a.s.)

وَاجْعِلْ غَدِي وَمَا بَعْدَهُ أَفْضَلَ مِنْ سَاعَتِى وَيَوْمِي
waj`al ghadi wa ma ba`dahu afdala min sa`ati wa yawmi
make my morrow and what is after it better than my present hour and my day,

وَ أَعِزَّنِى فِي عَشِيرَتِى وَقَوْمِى
wa a`izzani fi `ashirati wa qawmi
exalt me in my clan and people,

وَاحْفَظْنِى فِي يَقْظَتِى وَنَوْمِى
wahfazni fi yaqzati wa nawmi
and protect me in my waking and sleep,

فَأَنْتَ اَللهُ خَيْرُ حَافِظَاً
fa-anta allahu khayrun hafizan
for You are Allah, the Best Guardian,

وَ أَنْتَ أَرْحَمُ الْرَّاهِمِينَ
wa anta arhamu alrrahimina
and You are the most Merciful of all those who show mercy.

اَللَّهُمَّ إِنِّي أَبْرَأُ إِلَيْكَ فِي يَوْمِي هٰذَا
allahumma inni abra`u ilayka fi yawmi hadha
O Allah, I repudiate, before You on this day of mine
Weekday Duas

Saturday Dua of Imam Zainul Abideen (a.s.)

وَمَا بَعْدَهُ مِنَ الْآحَادِ مِنْ الشَّهَرِ وَالْإِلُحَادِ
wa ma ba`dahu mina al-ahadi mina alshshirki wal-ilhadi
and on all Sundays that follow it, polytheism and atheism.

وَأُخْلِصُ لَكَ دُعَائِي تَعَرُّضًا لِلإِجَابَةِ
waa ukhlisu laka du`a`i ta`arrudan lil-ijabati
I devote my supplication sincerely to You,
addressing myself to Your response.

وَأُقِيمُ عَلَىٰ طَاعَتِكَ رَجَا لِلإِثَابَةِ
waa uqimu `ala ta`atika raja'an lil-ithabati
I observe the acts of obedience to You
for hope of gaining Your rewards.

فَصَلِّ عَلَىٰ مُحَمَّدٍ خَيْرِ خَلْقِكَ
fasalli `ala muhammadin khayri khalqika
So, (please) bless Muhammad, the best of Your creation

الدَّاعِي إِلَىٰ حَقِّكَ
aldda`i ila haqqika
and the caller to Your truth,

وَ أَعِزَّنِي بِعِزِّكَ الَّذِي لاَ يُضَامُ
waa `a`izzani bi`izzika alladhi la yudamu
and fortify me with Your almightiness, which is invulnerable,
Saturday Dua of Imam Zainul Abideen (a.s.)

وَاحْفَظْنِى بِعَيْنِكَ الَّتِى لاَ تَنَامُ

wahfazni bi`aynika allati la tanamu
protect me with Your Eye, which never sleeps,

وَاَخْتِمْ بِالإِنْقِطَاعِ إِلَيْكَ أَمْرِى

wakhtim bil-inqita`i ilayka amri
and seal my affair by acting devoutly to You

وَبِالْمَغْفِرَةِ عُبْرَى

wa bilmaghfirati `umri
and my life with forgiveness!

إِنَّكَ أَنْتَ الْغَفُورُ الرَّحِيمُ

innaka anta alghafuru alrrahimu
Surely, You are the All-forgiving, the All-compassionate!
Dua of Sayeda Fatima (s.a.) for Saturday

اللّٰهُمَّ اجْعَلْ اَوَّلَ يَوْمِيْ هٰذَٱ فَلاَحًا ََّللّٰهُمَّ صَلِّ عَلٰى مُحَمَّدٍ وَ اٰلِ مُحَمَّدٍ ََّللّٰهُمَّ اِخْرَِهٗ نَجَاحًا وَ أَوْسَطَهُنَا صَلاَحًا ََّللّٰهُمَّ صَلِّ عَلٰى مُحَمَّدٍ وَ اٰلِ مُحَمَّدٍ ََّللّٰهُمَّ اِخْرَِهٗ نَجَاحًا وَ أَوْسَطَهُنَا صَلاَحًا

Allahumma ajjala awlai yawmi haza faalaha
O God, make the beginning of this day as welfare

wa aakhirahu najaahan, wa awsatahu salaahan,
its end success and its middle reformation.

Allahumma sallai mohammadain wa aale mohammadain
O Allah bless Muhammad and the progeny of Muhammad

waj a’lnaa mimman anaaba elayka faqabiltahu,
and make us among those, when they turn to You,
You accept them;

wa tawakkala a’layka faqafaytahu,
and if they rely on You, You are sufficient for them

wa tazarra-a’ elayka farahimtahu.
and if they beseech to You, You have mercy on them.
Dua Imam Ali (a.s.)

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allah the Beneficent the Merciful.

الْحَمْدُ لِلّٰهِ عَلَى حِلْمِهِ وَ أُنَاتِهِ وَ الْحَبُّ لِلّٰهِ

علی‌ی بَنَّ ذَنِی وَ اِنْ کُبْرَ صَغِیرُنِی جَنَبٍ عَفْوٍ

وَ جُرْهُ بَنَّ عُظْمً حَقِیْرِهِ عَنْدَ رَحْمَتِهِ وَ الْحَمْدُ لِلّٰهِ

Praise is for Allah for His tolerance and His giving respite and Praise is for Allah and I am certain that my sins are great but in front of Your forgiveness, it is insignificant.

وَ سُبْحَانَ اللَّهِ الَّذِی رَفَعَ السَّمَوَاتِ بِغَيْرِ

عَمَدٍ وَ اِنْشَآ جَنَّاتِ الْمَآوٰی بِلاَ ٱَمَدٍ وَ خَلَقَ

الْخَلآَئِقَ بِلاَ ظَهْرٍ وَ سَنَدَ

And Glorification is for Him who has erected the skies without any pillars and created Heavens without any passage of time and created the creatures from the rear and without any support.
Dua Imam Ali (a.s.)

وَلاَ إِلَّا اللَّهُ الْخَلِيْفَةُ مَنْ عَنَّدَ عَنْ طَاعَتِهِ
وَعَتَى عَنْ أَمْرِهِ وَالْمُنْذِرُ مَنْ لَجَّ في مَعْصِيَتِهِ
وَأَسْتَطَكَّبَ عَنْ عَبَادَتِهِ أَلْبَعْدَرُ إِلَى مَنْ تَحَادَى
فِي غَيْبِهِ وَصِيَّتِهِ لِتَشَيَّتْ حَجَّتِهِ عَلَيْهِ وَعَلَىْهِ
بَسْوَءَ عَاكِبَتِهِ

And there is no Lord except Allah who frightens those who disobey and exceed the limits and scares who are firm on disobedience and arrogant on worship and as He is aware of the evil consequence He has deputed His Proof. Thus He accepts the excuses of those who are strayed in their ignorance and deviation.

وَاللهُ أَكْبَرُ الدِّينَ وَالْبَرَاءُ الذَّي لَيْسَ لِقَدِيْمِ
إِحْسَانُهُ امْتَعْنَاهُ عَلَى جَبَّيْعِ خَلْقِهِ نِهَايَةٌ وَأَ
لْقُدْرَتِهِ وَبَارِكْ عَلَى مُحَابَتِهِ وَعَلَى أَهْلِ بَيْتِهِ
كَأَفَضِلِ مَا صَلَّيْتَ عَلَى إِبْرَاهِيمَ وَالْإِبْرَاهِىَّمَ
إِنَّكَ حَبِيْدٌ مَجِيدٌ
And Allah is Great, He is Generous and Merciful. Whose unlimited favours and excessive Mercy has no limits which He has bestowed on His Creatures nor is there any boundary for the power which He has on the Creatures. O Allah bestow such blessings on Mohammad and his progeny as You had bestowed on Ibrahim and the progeny of Ibrahim. Indeed You deserve the praise and magnanimity.
O Allah I call upon You like a sinner whose sins have destroyed him by narrowing his path and there is no hope and respite except You, nor anyone more merciful than You to listen to his complaints, nor a support better than You. You send the bounties even before the commencement of merit, and have bestowed favours on those who were entitled for it. Neither miserliness makes You rich or strong nor the question of those who beseech You decreases Your Munificence. You have taken the responsibility of sustaining the creatures so that You can bestow Your Grace and Mercy upon them.

ٱللّٰہُمَّ كَلَّتِ ٱلْعِبَارَةُ عَنْ بُلُوْغِ مِدْحَتِکَ وَ ڪَفَّتِ ٱلأَلسُنَّ عَنْ نُشْرِ مَبَآمِدَكَ وَ تَفْضِيْلَكَ وَ قَدْ تَعَبَّدَتْنَا بِقَصْدِيْلَكَ وَ إنَّ أَحَاطَتْ بِىَ ٱلذُّنُوْبُ وَ ٱَنْتَ ٱَرْحَمُ ٱلرَّٱحِميْنَ وَ ٱَنْتَ ٱَکَْمُ ٱلاَْکَْمِيْنَ وَ ٱَجْوَدُ ٱلاَْجْوَدِيْنَ وَ ٱَنْعَمُ ٱلرَّٱزِقِيْنَ وَ ٱَحْسَنُ ٱلْخَالِقِيْنَ ٱلاَْٰوَّلَ ٱلاْٰخُِ ٱلظَّاہِرُ ٱلْبَاطِنُ ٱَجَلُّ وَ ٱَعَزُّ وَ ٱَرْئَفُ وَ ٱَکَْمُ مِنْ ٱَنْ تَرُدَّ مَنْ ٱَمَّلَکَ وَ رَجَاکَ وَ طَمَعَ فِيمَْ عِنْدَکَ فَلَکَ ٱلْحَمْدُ يَا ٱَہْلَ ٱلْحَمْدِ
O Allah! Prayers fall short in praising You and tongues become dumb while enumerating Your favours. O Lord! I have come in Your presence with a firm determination, although my sins has engulfed me but You are the most Benevolent the most Honoured, the most Generous among all, the best sustainer, the greatest Creator, the first, the last, the apparent, the concealed, the most Honourable, the most Kind. You are too great to refuse those whose hopes are pinned on You, O the One Who deserves the praise, all the praise is for You.

O my Lord, if I have been negligent in being attentive to my soul and have spent the days of my life in disobedience, still You are the Lord of Bestowals, Possessor of Majestic, and Grandeur. Still Your attention remains on this soul. Now make this soul successful in Your Presence because You are the only Bestower,
Dua Imam Ali (a.s.)

the Benefactor, Possessor of Generosity, O the One to illuminate the dawn, Grant the favours of this heart although it does not deserve. O the excessive forgiver.

O Allah I beseech You by those names which moulds the destiny, by Your Honour which complete the actions, send blessings on Mohammad and his progeny and grant me pure and vast sustenance with your beneficence.

O Merciful don't let any barrier come between You and me. Grant me the position of those whom You have elevated their status and have made Your approval forgiveness very common.
Dua Imam Ali (a.s.)

O my Lord! You have blessed Your representative with Your signs (miracles) and have made Your protection necessary for them, and in order to save them from destruction You have put them under Your care. I am also Your insignificant creature, grant me salvation and protection and make me attentive towards Your obedience.

And Your Grace to make me curtail disobedience because tongue speaks in various language, tongue speak out and is fulfilling their desire, I have put my hopes to ask for my needs and have hopes of erasing, my defects because You are fully aware of concealed things.
Sunday Ziyarah – Imam Ali (a.s.) & J. Fatema (s.a.)

ٱَلسَّلاَمُ عَلَى ٱلشَّجَرَةِ النَّبَوِيَّةِ
alssalamu `ala alshajariyyat alnabawiyati
Peace be upon the Prophetic Tree

وَٱلدَّوْحَةِ ٱلْهَاشِمِيَّةِ ٱلْمُضيِئَةِ
walddawhati alhashimiyyati almudi'ati
and the Hashemite plant that is luminous,

ٱلْمُثْمِرَةِ بِالنَّبُوَّةِ ٱلْمُونِقَةِ بِالإِمَامَةِ
almuthmirati bilnubuwwati almuniqati bil-imamati
fruitful of Prophethood, and elegant with Imamate.

وَعَلَيْهِمَا ٱلسَّلاَمُ
`alayhima alssalamu
peace be upon both of them.

ٱَلسَّلاَمُ عَلَيْكَ وَعَلَىٰ أَهْلِ بَيْتِكَ
alssalamu `ala ayka wa `ala ahli baytika
Peace be upon you and upon your Household,

And [peace be] upon your two grave-fellows; Adam and Noah,
الطيبين الطاهرين

al-tayyibina attahirina
the pure and immaculate.

السلام عليكي وعلى الملائكة المحيطين بك
alssalamu `alayka wa `ala almala'ikati almuhdiqina bika
Peace be upon you and upon the angels surrounding you

والمحافين بقبرك
walhaffina biqabrika
and encompassing your tomb.

يا مولاي يا أمير المؤمنين
ya mawlaya ya amira almu'minina
O my master, O Commander of the Believers!

هذا يوم الأحد وهو يومك وباسمك
hadha yawmu al-ahadi wa huwa yawmuka wa bismika
Today is Sunday, which is your day and carrying your name,

وأتني ضيفك فيه وجارك
wa ana dayfuka fihi wa jaruka
and, on this day, I am your guest and in your vicinity;
Sunday Ziyarah – Imam Ali (a.s.) & J. Fatema (s.a.)

فَأَضِفْنِى يَا مَوْلاَيَ وَ أَجِرْنِى
fa-adifni ya mawlaya wa ajirni
therefore, my master, receive me as your guest and neighbor.

فَإِنَّكَ كَٰرِمٌ تُحِبُّ الْضِيَافَةَ
fa‘innaka karimun tuhibbu alldiyafata
Surely, you are generous and hospitable

وَمَاْمُورٌ بِالإجَارَةِ
wa ma‘murun bil-ijarati
and you are commanded to treat your neighbors hospitably.

فَافِعْ مَا رَغِبْتُ إِلَيْكَ فِيهِ
faf`al ma raghibtu ilayka fihi
So, (please) do to me that which I desire from you

وَرَجَوْتُهُ مِنْكَ
wa rajawtuhu minka
and I hope you to do,

بِمَانْزِلَتِكَ وَآلِ بَيْتِكَ عِنْدَ ٱللَّهِ
bimanzilatika wa ali baytika `inda allahi
[I ask you] in the name of your and your Household’s standing with Allah
Sunday Ziyarah – Imam Ali (a.s.) & J. Fatema (s.a.)

And His standing with you all,

and in the name of your cousin, Allah’s Messenger,

may Allah’s peace and blessings be upon him

and upon them all.
Ziyarah Syeda Fatema (s.a.)

ٱَلسَّلاَمُ عَلَيْكِ يَا مُمْتَحَنَةُ
alssalamu `alayki ya mumtahanatu
Peace be upon you, O examined lady.

إِمْتَحَنَكِ الَّذِي خَلَقْكِ
imtahanaki alladhi khalaqaki
He Who created you has examined you

فَوَجَدَكِ لِمَا امْتَحَنَكِ صَابِرَةً
fawajadaki lima imtahanaki sabiratan
and found that you have passed the examination patiently.

أَنَا لَكِ مُصَدِّقٌ صَابِرٌ عَلَىٰ مَا أَتَىٰ بِهِ أَبُوكِ
ana laki musaddiqun sabirun `ala ma ata bihi abuki
I verify that you were patient about what came upon your father

وَوَصِيُّهُ صَلَوَٱتُ ٱللهِ عَلَيْهِمَا
wa wasiyyuhu salawatu allahi `alayhima
and his successor peace be upon both of

وَأَنَا أُسْأَلُكِ إِنْ کُنْتُ صَدَّقْتُكِ
wanna as'aluki in kuntu saddaqtuki
I now beseech you by my belief in you
Ziyarah Syeda Fatema (s.a.)

ила аллахъатни битасдики лима листарра нфси

illa alhaqtini bitasdiqi lahuma litusarra nafsi
to attach & associate me with my belief in both of them
so that I will be delighted.

فسحهديء‌اي اني ظاهر ولايتك و ولاية آل بیت‌ک

fash-hadi anni zahirun biwilayatiki wa wilayati ali baytiki
So, testify for me that I am totally loyal to you
and to your Household;

صلوات الله عليهم أجمعين

salawatu allahi `alayhim ajma`ina
peace of Allah be upon them all.

ZIARAT SECOND VERSION

السلام علیکم يا مستحنك امستحنك النّدى

السلام علیکم يا مستحنك امستحنك النّدى

Peace be on you, O the carefully examined, tried and measured
by Him who created you, and found you, in your test, cool and
compact, steady and stable.
We tell the truth about you; calm and quiet, with self control and composure (you) put up with all that which your father blessings of Allah be on him and on his family

We beseech you, (If I have stated the truth), to bind us together with the testimony, concerning both of them, in order to give joy and satisfaction to my heart and soul.

So bear witness that truly I, by heart, made evident your, and your children's "wilayat" (superintendent guardianship), blessings of Allah be on them all.
Weekday Duas

بِسْمِ ٱللهِ ٱلرَّحْمنِ ٱلرَّحِيمِ
In the Name of Allah, the Most Gracious, the Most Merciful

سُبْحَانَ مَنْ مَلََ ٱلدَّهْرَ قُدْسُهُ
Glory be to him, who fulfilled the time with his holiness.

سُبْحَانَ مَنْ يَغْشَى ٱلأَْبَدَ نُورَهُ
Glory be to him, who his light covers the unlimited times.

سُبْحَانَ مَنْ أَشَْقَ كُلَّ شَيْءٍ ضَوْؤُهُ
Glory be to you who his light shines upon everything.

سُبْحَانَ مَنْ يُدَٱنُ بِدِينِهِ كُلُّ دِينٍ وَ لاَ يُدَٱنُ بِغَيْرِ دِينِهِ
Glory be to him who every religion has admitted to his religion and do not admit to others.

سُبْحَانَ مَنْ قَدَرَ بِقُدْرَتِهِ كُلُّ قَدَرٍ وَ لاَ يَقْدِرُ أَحَدٌ قَدْرَهُ
Glory be to him who decreed with his power every fate, and no one can decree his fate.
Glory be to him who; His knowledge can not be described.

Glory be to Him Who does not transgress against the inhabitants of his Kingdom!

Glory be to him who does not chastise the people of the earth with various punishments.

Glory be to Him who is kind and Merciful.

Glory be to him who is aware of the hearts' treasuries.

Glory be to Him Who knows the exact count of the sins!
Glory be to him who does not deceive those who do everything in secret, in earth or heavens.

Glory be to the Loving Lord!

Glory be to the Unique Single!

Glory be to the Greatest Great!
Seeking Protection

بِسْمِ ٱللَّهِ ٱلرَّحْمَٰنِ ٱلرَّحِيمِ

In the Name of Allah, the Merciful, the Compassionate

ٱللَّهُ أَکْبَرُ ٱللَّهُ أَکْبَرُ ٱسْتَوَي ٱلرَّبُّ عَلَى ٱلْعَرْشِ

Allah is the Most Great, Allah is the Most great, The Lord sat on the Throne,

وَقَامَتِ ٱلسَّمَاوَاتِ وَ ٱلأَرْضُ بِحِكْمَتِهِ

and His Command established the heavens and the earth.

وَزَهَرَتِ ٱلسَّمَاوَاتِ وَ ٱلأَرْضُ بِإِذْنِهِ

The stars were stilled, and the mountains were fixed firmly by His permission.

لَا يُجَاوِزُ ٱسْمُهُ مَنْ فِي ٱلسَّمَاوَاتِ وَ ٱلأَرْضِ

His name does not pass by those in the heavens and the earth.

ٱلَّذِي دَٱنَتْ لَهُ ٱلْجِبَالُ وَ هِيَ طَائِعَةٌ

The mountains draw near Him, obedient,

وَ ٱنْبَعَثَتْ لَهُ ٱلْأَجْسَادُ وَ هِيَ بَالِيَةٌ

and the bodies are resurrected for Him when they are rotten.
Veil every harmful thing and envious One by the Might of Allah from so-and-so, son of so-and-so,

by the One who placed a partition between the two seas;

and set in heaven constellations,

and set a lamp and an illuminating moon among them.

I seek protection for him in the One who decked them out fair to the beholders and guarded them against every accursed demon.
**Seeking Protection**

وَ جَعَلَ فِي ٱلأَْرْضِ رَوَٱسِىَ جِبِالاً أَوْتَنَّادَا

I seek protection for him in the One who set firm mountains and pegs in the earth,

أَنْ يُوْصَلَ إِلَى سُوءٍ أَوْ فَاحِشَةٍ أَوْ بَلِيَّةٍ

lest evil, indecency, or affliction should get to him.

ٌ أَوْ فَاحِشَةٌ أَوْ بَلِيَّةٍ

'Ha Mim' a revelation from the Merciful, the Compassionate

عِسَقٍ كَذلِكَ يُوْحِي إِلَيْكَ وَ إِلَى ٱلَّذِينَ مِنْ قَبْلِكَ

So reveals to You, and those before You,

اللَّهُ ٱلْعَزِيزُ ٱلْحَكِيمُ

God, the All-mighty, the All-wise.

وَ صَلَّى ٱللهُ عَلَى مُحَمَّدٍ وَ آيَ مُحَبَّدٍ

وَ سَلَّمَ تَسْلِيماً

Blessings of Allah upon Muhammad, the Prophet, and his family.
Prayers for Sunday

SALAT FOR SUNDAY – 1
It is mentioned in traditions that on Sunday when sun has reached some height (late morning) one should pray two rakat prayers. In the first rakat after Surah Hamd recite Surah Kauther thrice and in the second rakat after Surah Hamd recite Surah Tawheed thrice. If one recites this prayer he is free from hellfire and purified of hypocrisy. There is great reward for this prayer.

SALAT FOR SUNDAY – 2
It is narrated from the Messenger of Allah (s.a.w.a.) that one who offers four rakats prayer on Sunday, and in each rakat after Surah Hamd recites Surah Mulk once the Almighty will give him a place of his choice in Paradise.

SALAT FOR SUNDAY EVENING (night preceeding Monday)
It has come in traditions that one should recite six rakats prayers on Sunday eve and in each rakat after Surah Hamd he should recite Surah Tawheed seven times. There is inestimable reward for this prayer.

DUA

بِسْمِ ٱللهِ ٱلرَّحْمنِ ٱلرَّحِيمِ
In the name of Allah, the Beneficent, the Merciful.

سُبْحَانَكَ رَبَّنَا وَ لَكَ ٱلْحَمْدُ
All praise be to You, our Lord; to You belong the praise.
Prayers for Sunday

أَنْتَ اللهُ الْقَائِمُ عَلَى عَرْشِكَ
You are Allah, the bearer of Your Throne forever.

أَبَدَ أَحْكَمَ بَضَرَّكَ بِجَبْهَيِّ الْخَلْقِ
You have encompassed the perceptiveness of every creature.

وَ الْخَلْقُ كُلِّهِمْ عَلَى الْقَتَاءِ
And all creatures are upon annihilation;

وَ أَنْتَ الْبَاقِيُّ الْكَرِيمُ الْقَائِمُ الدَّائِمُ
You are the Eternal, the All generous, the Existing, and the Everlasting, which subsists after annihilating all things.

الْحَيُّ الَّذِي لاَ يَمُوتُ بِيَدِكَ مَلَكُوتُ السَّمَاوَاتِ وَ الْأَرْضِ وَ دَهْرُ الْدَاهِرِينَ
The Everlasting Whom shall not perish; The One in Whose control is the kingdom of the heavens and earth eternally.

أَنْتَ الَّذِي فَصَصُتِ بِصَوْتِكَ الْجَبَّارِينَ
You are the one who demolished the unjust ones by Your voice!
Prayers for Sunday

وَأَضَفْتَ فِي قَبْضَتِكَ الْأَرْضِينَ
Added the earth in Your grasp

وَأَغْشَيْتَ بِضَوءٍ نُورَكَ النَّافِئِينَ
and covered with Your illumination light beholders' eyes.

وَأَشْبَعْتَ بِفَضْلِ رِزْقِكَ الْآكلِينَ
You fulfilled by Your favor; livelihood the eaters

وَعَلَوْتَ بِعَرْشِكَ عَلَى ٱلْعَالَمِينَ
and elevated Your throne upon worlds.

وَأَعْمَرْتَ سَمَاوَاتِكَ بِالْمَلاَئِكَةِ ٱلْمُقَّابِينَ
You made the heavens inhabited by The nearest angels

وَعَلَّمْتَ تَسْبِيحَكَ ٱلأَوَّلِينَ وَ ٱلآخِرِينَ
and teach Your glorifying; for the early generations and last.

وَانْقَادَتْ لَكَ ٱلدُّنْيَا وَ ٱلآخِِرَةُ بِأُمَّةٍ مُّتَّهِها
The here and hereafter submitted its leashes for You,
kept the heavens and earth keys,

and submitted to You with obeying with things above it too!

And refused to bear the Trust out of the compassion,

and stood solid with Your words

and the seas sat straight on its places.

The night and day opposed each other as You commanded them

and You who has counted in it everything in numbers.
Prayers for Sunday

And You encompassed it with knowledge, the Creator of creatures;

who are chosen one, ruling upon, them’s Creator and strew,

You were and only You without a partner.

One God and Your throne were above the water

before the being of the earth, heavens,

or anything out of your creation!

By Your might, You were the sempiternal, splendid, creative entity,
Prayers for Sunday

كَائِناً مُكَوِّناً كَمَا سَمَّيْتَ نَفْسَكَ ابْتَدَعْتَ
exists and Creator as You named Yourself!

الْخَلْقِ بِعَظَمَتِكَ وَ دَبَّرْتَ أُمُورَهُمْ بِعِلْمِكَ
You originated the creation with Your mightiness and governed their matters with Your knowledge.

فَكَانَ عَظِيمٌ مَا ابْتَدَعْتَ مِنْ خَلْقِكَ
Therefore the greatness of Your creation

وَ قَدَّرْتَ عَلَيْهِ مِنْ أَمْرِكَ عَلَيْكَ
and Your ability is from Your command upon them;

هَيِّناً يَسِيرًا لَمْ يَكْنِ لَكَ ظَهِيرٌ عَلَى خَلْقِكَ
easy and gradual! You didn't need an aid upon Your creation,

وَ لاَ مُعِينٌ عَلَى حُفْظِكَ وَ لاَ شِرِيعَكَ لَكَ فِي مُلْكِكَ
no help on Your custody, no partner in Your kingdom,

وَ كُنْتَ رَبَّنَا تَبَارَکَتْ أَسْمَاؤُكَ
and You were our God; glorified are your names
Prayers for Sunday

وَ جَلَّ ثَنَاؤُكَ عَلَى ذَلِكَ عَلِيّاً غَنِيّاً
and splendid be the praising of You upon this the highest and free of need!

فِيّكَمُوٰنَا أَمَرَكَ لِشَىْ إِذَا أَرَدْتُهُ
Indeed; so Your order to something you want

إِذَۡ أَرَدْتُهُ
is only that You say to it, "Be," and it is;

لَا يُخَالِفُ شَيْءٍ مِّنْهُ مَحْبَبَتَكَ فَسُبْحَانَكَ
none of would contradict your love! So; Glory be to You

وَ بِحَمْدِكَ وَ تَبَارَکْ رَبَّنَا وَ جَلَّ ثَنَاؤُكَ
and praise, blessed You are our God, splendid be the praising of You

وَ تَعَالَيْتَ عَلَى ذَلِكَ عُلُوّٱً كَبِيرًا
and exalted high indeed above all that!

وَ نُعَالِیَتِتَ عَلَى ذَلِكَ عَلِيّاً غَنِيّاً

O Allah, (please do) send blessings upon Muhammad, Your servant
Prayers for Sunday

وَنُبِيّكَ وَعَلَى أَهْلِ بَيْتِهِ
and Messenger, Your Prophet and His Household.

كَمَا سَبَقَتْ إِلَيْنَا بِهِ رَحْمَتُكَ
As; You surpassed to us by him Your mercy,

وَقُرْبَ إِلَيْنَا بِهِ هُدَى ۖ وَأَوْ رُسُلُكَ بِهِ كِتَابٍ بَيِّنَ
lead on us by him Your guidance, inherited us by him Your Book

وَدُلِّنَا بِهِ عَلَى طَاعَتِكَ
and directed us by him on Your obeying!

فَأَصْبَحْنَا مُبْصِِينَ بِنُورِ ٱلْهُدَی ٱلَّذِي جَا
So we become subtle upon the light of guidance

ظَاهِرِين بِعِزِّ ٱلدِّینِ ٱلَّذِي دَعَا إِلَيْهِ
standing by the superiority of the religion that he invited to

نَاجِينَ بِحُجَجِ ٱلْكِتَابِ ٱلَّذِي نَزَلَ عَلَيْهِ
and rescued by The Book (Quran) proofs revealed upon him.
Prayers for Sunday

ٱللَّهُمَّ فَآثَرَهُ بِقُٰبِ ٱلْمَجْلِسِ مِنْكَ يَوْمَ ٱلْقِيَامَةِ
O, Lord, so favor him with the nearest place beside You on the Day of Resurrection!

وَ أَكْرَمَهُ بِتَمْكِينِ ٱلشَّفَاعَاتِ عِنْدَكَ
Dignify him with the accepted enablement intercession to You;

تَفْضِيلاً مِنْكَ لَهُ عَلَى ٱلْفَاضِلِينَ
excellence from You upon the righteousness

وَ تَشِْيفاً مِنْكَ لَهُ عَلَى ٱلْمُتَّقِينَ
and solemnity from You upon the god-fearing!

اللَّهُمَّ وَ امْنَحْنَا مِنْ ٱلشَّفَاعَةِ نَصِيباً نَرِدُ بِهِ
O, Lord, grant us from his intercession a share that; will acquaint us

مَعَ ٱلصَّادِقِينَ جِنَانَهُ وَ نَنْزِلُ بِهِ مَعَ ٱلآْمِنِينَ
with the sincere to His heavens and with the secure in His spacious gardens;

فُسْحَةَ رِيَاضِهِ غَيْرَ مُرْفُوضِينَ عَنْ دَعْوَتِهِ
Not dismissed from his invite,
Prayers for Sunday

وَلَا مَرْدُودٌ دِينَ مَنْ سَبِيلٍ مَا بَعَشَتْهُ بِهِ
apostate from the way that You sent him with,

وَلَا مَحْجُوبَةٍ عَنِّي مَرَافَقَتُهُ
his company is veiled

وَلَا مَحْظُورَةٍ عَنَّا دَارُهُ
nor forbidden his home on us,

آَمِينَ إِلَهَ الْحَقِّ رَبَّ الْعَالَمِينَ
may it be so, O, Allah of Truth; Lord of the worlds!

ٱللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَ آلِ مُحَمَّدٍ
O, Allah, (please do) send blessings upon Muhammad and His Household,

وَ أَسْأَلُكَ بِاسْمِكَ الْعَظِيمِ الْذِّي
O, Allah! I beseech You through Your great Name;

لاَ يَعْلَمُهُ أَحَدٌ غَيْرُكَ
that is not known to anybody except you,

وَ الْلَّيْلَ وَ الْيَوْمََ سَحَرَتُ بِهِ اللَّيْلَ وَ الْيَوْمََ
which subdued with the night and day,
Prayers for Sunday

وَأَجْرَيْتُ بِهِ ٱلشَّمْسَ وَ ٱلْقَمَرَ وَ ٱلنُّجُومَ

which moved smoothly by it the sun, moon, and stars,

وَ بِهِ أَنْشَأْتَ السَّحَابَ وَ ٱلنَّبَتَ وَ ٱلنَّزْرَ

by which the clouds, rain, and the wind is done,

وَ ٱلَّذِي بِهِ تُنَزَّلُ ٱلْغَيْثَ وَ تَذْرَأُ ٱلْمَرْعَى

by that which You make the rainfall and multiply the pasture;

وَ تُحْيِي ٱلْعِظامَ وَ هِيَ رَمِيمٌ

enliven the bones when they are decayed,

وَ ٱلَّذِي بِهِ تَرْزُقُ مَنْ فِي ٱلْبَرِّ وَ ٱلْبَحْرِ

by that which You endow who are in lands and seas;

وَ تَعْلُوُّهُمْ وَ تَرْعَاهُمْ وَ تَفْخِصُّهُمْ

look after (safeguard) and protect them,

وَ ٱلَّذِي هُوَ فِي ٱلتَّوْرَٱةِ وَ ٱلإِْنْجِيلِ وَ ٱلزَّبُورِ

by the Taurat, Injeel, Zabur,
Prayers for Sunday

وَلَّهُ أَنْ تُصَلِّي عَلَى مُحَمَّدٍ وَ آلِ مُحَمَّدٍ
Do send Your blessings upon Mohammad and His Household,

وَلَّهُ أَنْ تُجَعَّلَ رَاحِتًا فِي لِقَائِيَكَ
make my relief in Your meeting,
Weekday Duas

Prayers for Sunday

وَ خَاتِمَ عَمَلِي فِي سَبِيلِكَ وَ حَجَّ بَيْتِكَ ٱلْحََٱمِ
the seal for my deeds is toward You, the grace of pilgrimage to Your Holy House,

وَ اِخْتِلَافٍ إِلَى مَسَاجِدِكَ وَ مَجَالِسِ الذِّكْرِ
follow Your mosques and gatherings in which Allah's name is being invoked,

وَ اِجْعَلْ خَيْرَ أَيَّامِي يَوْمَ أَلْقَاكَ
and make my best day is Your meeting day!

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَ آلِ مُحَمَّدٍ
O Allah, send Your blessings upon Muhammad, and His Household

وَ اِحْفَظْنِى مِنْ بَيْنِ يَدَيَّ وَ مِنْ خَلْفِي
protects me; before and behind me,

وَ اِحْفَظْنِى مِنْ يَمِينِي وَ شِمَالِي وَ مِنْ فَوْقِي وَ مِنْ تَحْتِي
my right and left, above and below;

وَ اِحْفَظْنِى مِنَ السَّيِّئَاتِ
beneath me! Protect me from the sins,
Prayers for Sunday

وَ مَخَارِ رَ مَكُ ُمِّكَهَا
and your all forbidden.

وَ مَكِّنْ لِي فِي دِينِى الَّذِي ارْتَضَيْتَ لِي
And strength in my religion what You; accepted for me,

وَ فَهِّمْنِى فِيهِ وَ اجْعَلْهُ لِي نُورًا [وَ بِشْرًا]
apprehend me in it, make it a light (good omen)

وَ بِشْاغِيِ فِيهِ وَ اجْعَلْهُ لِي نُورًا [وَ بِشْرًا]
and ease for me the solvency and well-being.

كَمَا عَزَمْتَ عَلَى خَلْقِي وَ أَعِنِّى عَلَى نَفْسِي بِبِرٍّ
Determine my consciousness; as You determined my creation.

Help me against myself with;

وَ تَقْوَى وَ عَمَلٍ رَٱجِحٍ وَ بَيْعٍ رَٱبِحٍ
God-fearing, faithfulness, accepted deed, gainer selling,

وَ تِجَارَةٍ لَنْ تَبُورَ
and commerce that comes not to naught.
Prayers for Sunday

Allah, I beseech You for heaven, and what a saying or work can make me near to it.

I seek refuge in You from; betraying the Trust,

devouring others property unjustly,

refinding myself with what I don't own,

sins and tyranny without righteousness, and associate with You;

whom You didn't consider a dominion!

Please take me away from mischief and deviations,
Prayers for Sunday

وَ ما بَطَنَ وَ مِنْ مُحِيطَاتِ ٱلْخَطَايَا
whether open or secret, and the enormous sins!

وَ نَجِنِى مِنَ الظُّلُمَاتِ إِلَى ٱلنُّورَ
Rescue me from the darkness to the light.

وَ اهْدِنِى سَبِيلَ الإِسْلَامِ وَ أُكْسِنِى حُلَلَ ٱلإِيمَانِ
Guide me to the Islam path, drape us with robes of faithfulness,

وَ أَلْبِسْنِى لِبَاسَ التَّقْوَى
veil us with apparel of piety,

وَ اسْتُرْنِى بِسِتْرٍ ٱلصَّالِحِينَ
shield me with the righteous shield,

وَ زَيِّنِّى بِزِينَةِ ٱلْمُؤْمِنِينَ
beautify me with the believers' ornament,

وَ ثَقِّلْ عَمَلِي فِي ٱلْمِيزَٱنِ
load the balance with my deeds,
Prayers for Sunday

وَ أَلْقِني مِنْكَ بِرُوحٍ وَ رُيْحَانٍ

and meet me with Thy spirit and pleasant.

آمِينَ رَبّ ٱلْعَالَمِينَ

May it be so, O Lord of the worlds,

وَ صَلَّى ٱللَّهُ عَلَى مُحَمَّدٍ وَ آلِهِ وَ سَلَّمَ تَسْلِيمً

and blessings of Allah upon Muhammed and His Household and give them abundant peace!