Supplications for Mornings & Evenings

**First:** Imam al-Sādiq (‘a) is reported to have said that Imam ‘Alī ibn al-Ḥusayn Zayn al-‘Ābidin (‘a) used to begin his day with the following statement:

I begin this day of mine before I should forget or hurry with:

\[
\text{I entrust with Allah the Most High, the All-high, the All-majestic, and the All-great...}
\]

Second: Imam al-Sādiq (‘a) is reported to have said: Whoever repeats the following saying three times in the evening, will be surrounded by one of the wings of Archangel Gabriel up to the next morning:

Third: Imam al-Sādiq (‘a) is also reported to have said: You may receive your evening with the following prayer:

Fourth: Imam al-Sādiq (‘a) is also reported to have said: My father (‘a) used to begin his morning with the following prayer:
Supplications for Mornings & Evenings

and the principles of Allah’s Messenger, may Allah bless him and his Household (I follow).

O Allah, (please) protect me with the protection of faith before me, behind me, to my right side, to my left side, above me, beneath me, and in front of me.

There is no god save You.

There is neither might nor power except with Allah.

We beseech You for pardon and wellbeing from all wicked matters and all evils in this world and the Hereafter.

O Allah, I pray for Your protection against the chastisement in the grave, the pressure of graves, and the tightness of graves.

I pray Your protection against the calamities in nights and days.

O Allah, Lord of the Sacred Monument, the Sacred City, the lawful, and the consecration, (please) convey peace to Muhammad and the Household of Muhammad on behalf of me.

O Allah, I pray the protection of Your invulnerable armor and I pray the protection of Your Wholeness lest that You might cause me to die drowned, burned,
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I pray for myself, my children, and whatever my Lord has provided me.

The protection of “Say: I seek refuge in the Lord of the dawn or to die in the ranks that You have described in Your Book as a solid structure.

and from the evil of what He has created, from the evil of the utterly dark night when it comes, from the evil of those who blow on knots, and from the evil of the envious when he envies.”

I pray for myself, my children, and whatever my Lord has provided me.

the protection of “Say: I seek refuge in the Lord of men, the King of men, the god of men,

choked, beaten, murdered, poisoned, fallen in a well, eaten by a beast, sudden death, or any violent death; rather, cause me to die on my bed obeying You and Your Messenger, may Allah bless him and his Household, following the truth unfailingly, or to die in the ranks that You have described in Your Book as a solid structure.

I pray for myself, my children, and whatever my Lord has provided me.

the protection of “Say: I seek refuge in the Lord of the dawn or to die in the ranks that You have described in Your Book as a solid structure.

and from the evil of what He has created, from the evil of the utterly dark night when it comes, from the evil of those who blow on knots, and from the evil of the envious when he envies.”

I pray for myself, my children, and whatever my Lord has provided me.

the protection of “Say: I seek refuge in the Lord of men, the King of men, the god of men,
from the evil of the whisperings of Satan who whispers into the hearts of men from among the jinn and the men.”

Praise be to Allah as much as what Allah has created.

Praise be to Allah as same as what He has created.

Praise be to Allah as full as what He has created.

Praise be to Allah as weighty as His Throne.

Praise be to Allah as much as it pleases Him.

There is no god save Allah the Forbearing and All-generous.

There is no god save Allah the Most High and All-great.

Glory be to Allah the Lord of the heavens, the layers of the earth, and whatsoever is between them and the Lord of the great Throne.

O Allah, I pray Your protection against encounter of misery and gloating of the enemies.

I pray Your protection against poverty and rupture.

I pray Your protection against evil result with regard to the wife, the property, and the children.

It is then recommended to repeat ten times the invocation of Almighty Allah’s blessings upon the Holy Prophet and his Household.

O Allah, (please do) bless Muhammad and the Household of Muhammad.

Fifth: Imam al-Sadiq (‘a) is also reported to have said: When you perform the Sunset and the Dawn Prayers, you should repeat the following statement seven times:

In the Name of Allah; the All-beneficent, the All-merciful.

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

بَيِّنَتْ اللَّهُ الْرَّحْمَانِ الْرَّحِيمِ
There is neither might nor power except with Allah the All-high and All-great.

Whoever utters this statement, will be saved from leprosy, mycobacterium, lunacy, and seventy kinds of misfortune.

In mornings and evenings, you may repeat the following doxology twice:

All praise be to the Lord of morning.
All praise be to the Cleaver of daybreak.

All praise be to Allah Who has taken away the night by His power
and brought the day through His mercy.

You may then recite Āyah al-Kursî (2:255), the last (four) verses of Sūrah al-Ḥashr (59:21-24), ten verses of Sūrah al-Ṣâfît (No. 37), and the following holy verses and doxological statements following them:

“Glory be to your Lord, the Lord of Honor, above what they describe.
And Peace be upon the messengers.
And all praise is due to Allah the Lord of the worlds.”
“Therefore, glory be to Allah when you enter upon the time of the evening and when you enter upon the time of the morning;
and to Him belongs praise in the heavens and the earth,
and at nightfall and when you are at midday.
He brings forth the living from the dead
and brings forth the dead from the living,
and gives life to the earth after its death,
and thus shall you be brought forth.”
Glorified and Sacred be You;
our Lord and the Lord of the angels and the Holy Spirit.
Your mercy has preceded Your wrath.
There is no god save You.

Glory be to You. I have wronged myself; so, forgive me,

have mercy upon me, and accept my repentance, for You are the Oft-Returning, the All-merciful.

Sixth: Imam al-Ṣādiq (‘a) is also reported to have advised the following prayer to be said in mornings:

O Allah, all praise be to You.
I praise You and seek Your help.
You are my Lord
and I am Your servant.
I begin this morning committing myself to my pledge and promise to You,

having faith in Your promise,
and fulfilling my covenant to You as much as I can.
There is neither might nor power except with Allah,
One and Only and having no associate with Him.
I bear witness that Muhammad is His servant and messenger.
I am in this morning following the nature of Islam,
the creed of sincerity,
the principles of Abraham,
and the faith of Muḥammad,
blessings of Allah be upon them and upon their households.
Carrying this faith, I will live and die,
if Allah wills.
O Allah, (please) make me live as long as You determine me to live

I praise You and seek Your help.
There is no god save You.

Sixth: Imam al-Ṣādiq (‘a) is also reported to have advised the following prayer to be said in mornings:

O Allah, all praise be to You.
I praise You and seek Your help.
You are my Lord
and I am Your servant.
I begin this morning committing myself to my pledge and promise to You,

having faith in Your promise,
and fulfilling my covenant to You as much as I can.
There is neither might nor power except with Allah,
One and Only and having no associate with Him.
I bear witness that Muhammad is His servant and messenger.
I am in this morning following the nature of Islam,
the creed of sincerity,
the principles of Abraham,
and the faith of Muḥammad,
blessings of Allah be upon them and upon their households.
Carrying this faith, I will live and die,
if Allah wills.
O Allah, (please) make me live as long as You determine me to live

I praise You and seek Your help.
There is no god save You.
and cause me to die when You will decide to make me die following this faith, and resurrect me, when You will resurrect me following this faith. By so, I only desire for Your pleasure and for following Your path. To You do I resort and with You do I entrust my affairs. The Family of Muhammad are my leaders; I have no other leaders than they are. I follow them, accede to them, and pattern after their examples. O Allah, (please) make them my leaders in this world and in the Hereafter, keep me loyalist to their loyalists and enemy of their enemies in this world and in the Hereafter, and include me with the righteous ones, along with my ancestors.

Seventh: Imam al-Ṣadiq ('a) is also reported to have said: You may neglect to do anything, but never neglect saying the following prayer in mornings and evenings:

O Allah, I implore for You forgiveness in this morning and on this day for purpose of winning Your mercy. I disavow in Your presence the people cursed by You.

wa amitni idha amattani 'alā dhalika
wab athni idha ba' athtanī 'alā dhalika
abtaghi bidhālika ridwānaka wattibā`a sabiliqa
ilayka alja'tu ¨ahr¢
wlattibai sablika
wa fawwadtu amr¢
wa iyyhum atawahum
wa abti'a muammadin a'immat¢
wa aldduny¢
wa tawall¢
al¥¥ab¡¦i
wa bihim aqtad¢
wa bihim aqtad¢
waj` aln¢ uwali awliy£ahum
wa u` adi a` da`ahum
la y¥¥ahum bil¥¥ali£ina
wa abâ`i ma` ahum
wa iyy£ahum atawall¢
wa bihim aqtad¢
wa iyy£ahum atawall¢
wa bihim aqtad¢
all¡humma ij`alhum awliy£a`
fi aldduny¥ wal¥£ahirati
wa u` adi a` da`ahum
fi aldduny¥ wal¥£ahirati
wa al¡hiqni bil¥¥ali£ina
wa abâ`i ma` ahum
all¡humma ij`alhum awliy£a`
fi aldduny¥ wal¥£ahirati
wa u` adi a` da`ahum
fi aldduny¥ wal¥£ahirati
wa al¡hiqni bil¥¥ali£ina
wa abâ`i ma` ahum
all¡humma ij`alhum awliy£a`
fi aldduny¥ wal¥£ahirati
wa u` adi a` da`ahum
fi aldduny¥ wal¥£ahirati
wa al¡hiqni bil¥¥ali£ina
wa abâ`i ma` ahum
O Allah, I disavow in Your presence on this day and in this morning the polytheists we live among them and (disavow) what they are worshipping. Truly, they were a people given to evil, a rebellious people.

O Allah, (please) cause what You have brought down from the heavens to the earth in this morning and on this day to be blessing for Your saints and punishment poured on Your enemies.

O Allah, (please) accede to those who are loyal to You and feud with those who act hostilely towards You. O Allah, (please) seal my affairs with security and faith whenever the sun rises or sets.

O Allah, (please) forgive me and my parents and have mercy upon them as they have cherished me in my childhood. O Allah, (please) forgive the believing men and women and the Muslim men and women, both the alive and the dead.

O Allah, You do know their place of returning and their place of rest. O Allah, (please) safeguard the leader of Muslims with the protection of faith,
help him with powerful help,
grant him easy victory,
and grant him and us from Your presence a sustaining power.

O Allah, (please) curse so-and-so and so-and-so
as well as the factions that have dissented from Your Messenger,
from the men of authority after Your Messenger,
from the leaders who came after him, and from their partisans.
I also beseech You from more favor,
acknowledgement of what has come from You,
submission to Your decree,
and steadfastness in what You have ordered of.
I neither intend to find another alternative than it
nor do I take a mean price in exchange for it.

O Allah, (please) guide me among those whom You guide
and save me from the evil of what You have decided,
for You decree and no one can decree against Your decree
and no humiliation will ever afflict one whom You support.
Blessed by You and exalted by You.
Glory be to You, O Lord of the House.

Accept my prayer.

As for whatever virtuous item through which I have sought nearness to You,
(please) double it for me many folds.
Grant us from Your Presence a great reward.
O my Lord, how excellent Your favors to me are!

وَأَنَّكَ رَبِّي أَعْزِيْرَآ أَنَّكَ رَبِّي أَعْزِيْرَآ
وَأَفْتَحْ لِي فَتحًا يَسِيرًا،
وَأَجْعَلْ لَهُ وَلَدًا مِنْ لِدَنْكَ سُلَطَانًا
تَصِيرُ أَنَّكَ رَبِّي أَعْزِيْرَآ
وَالْقَرْفُ الْمُخْتَلِفَةُ عَلَىٰ رَسُولِكَ
وَوَلَّاهَا أَلَا مَرْ بَعْضُ رَسُولِكَ
وَأَلَا بَيْعًا مِنْ بَعْضِهِمْ
وَأَلَا لَكَ الْزِّيَادَةَ مِنْ فَضْلِكَ
وَالْإِفْرَأْرُ بِمَا جَاءَ يَوْمَ عَنْدَكَ
وَالْتَسْلِيمُ لَ مَرْكِ
وَالْمَحْاَفَظَةُ عَلَىٰ مَا مَرَّ بِهِ
لَا يُنْفِيَ يَوْمَ يُدْلَىَ
وَلَا يُشْرِيَ يَوْمَ يُدْلَىَ
وَالْلَّهُمَّ أَهْدِني فِي مَنْ هَدِيْتَ
وَقِنِّي شَرَّ مَا قَضِيْتَ
إِنَّكَ تَقْضُي وَلَا يُقَضِّي عَلَيْكَ
وَلَا يُدْلُ مَنْ وَالْيَتَ
تَبَارَكَ وَتَعَالَبَتَ
سَبِحَانَكَ رَبِّ الْبَيْتِ
تَقْبَلْ مَنِي دَعَائِي
وَنَمَا تَقَرَّبْتُ بِهِ إِلَّي إِلَّي إِلَّي مِنْ خَيْرٍ
فَضَاعَفْهُ لَيْيَ أَضْعَفَهَا كِبْرَةً
وَآتِي مِنْ لَدِنْكَ أَجْرًا عَظِيمًةً
رَبَّ مَا حَسْنَ مَا بَلَدْتَيْ
How great Your donations to me are!
How lasting the wellbeing with which You have endued me is!
Too many times have You covered my faults!
So, all praise be to You, O my God;
such praise that is pleasant, blessed,
as full as the heavens,
as full as the earth,
as full as what my Lord wills and pleases,
and as it fits the Face of my Lord,
asfter as it is what my Lord wills and pleases.

Eighth: Imam al-Baqir (‘a) is reported to have advised of the following Repeat the following litany ten times at dawn:

There is no god save Allah;
One and Only Lord and having no associate with Him.
To him is the kingdom and to Him is all praise.
He gives life and causes to die
while He is Ever-living and He never dies.
In His hand is the good
and He has power over all things.

O Allah, (please do) bless Muhammed and the Household of Muhammed.

Then, repeat the invocation of blessings upon the Holy Prophet and his Household ten times:

All glory be to Allah.

Then, repeat the glorification statement) tasih thirty-five times:

All praise be to Allah.

Then, repeat the statement of professing Almighty Allah being the one and only God) tahlil (thirty-five times:

There is no god save Allah.

All praise be to Allah.
Whoever says all that at dawn, will not be included with the inadvertent ones on that day. Similarly, whoever says the same at night, will not be included with the inadvertent ones at that night.

Ninth: Muhammad ibn Fudayl has reported that he wrote a letter to Imam Muhammad al-Taqi (al-Jawad) (‘a) asking him to teach him a prayer. The Imam’s answer came: In mornings and evening, you may say the following statement:

أَللَّهُ أَللَّهُ أَللَّهُ رَبِّيَ
الرَّحْمَنَ الرَّحْمِيَّ
لا أَشْرَكُ بِهِ شَيْئًاَ

I do not admit any one as partner of Him.

You may then submit your requests.

The previous statement is thus an introductory to the beseeching for any request by the permission of Allah the All-exalted.

Tenth: Imam al-Shadiq (‘a) is reported to have said to Dawud al-Raqiq: Do not miss repeating the following prayer three times in mornings and three times in evenings:

اللَّهُمَّ أَجْعَلْنِي فِي دَرْعِكَ الْخَصِينَةَ
اللَّهَيْنِ تَجْعَلُ فِيهَا مَنْ ثَرِيدٌ

O Allah, (please) include me with Your invulnerable shield with which You include whomever You want.