Dua Man Tabbaa wa tahaaya Pg 1 www.duas.org

Shaykh al-Ṭūsī, Sayyid Ibn Ṭāwūs, al-Kaf`amī, and Sayyid Ibn Bāqī have recorded that it is recommended to say the

Snaykh al-jusi, Sayyid Ibn jawus, al-Kar ami, and Sayyid Ibn Baqi have recorded that it is recommended to say the following prayer on Fridays and at Friday nights and on the day and night of `Arafāt (the ninth of Dhu'l-Ḥijjah		
O Allah, One may call up, prepare,	allāhumma man ta`abba'a wa tahayya'a	اَللَّهُمَّ مَنْ تَعَبَّأُ وَتَهَيَّأُ
ready oneself, and stand prepared	wa a`adda wasta`adda	وأَعَدَّ وأَسْتَعَدَّ
for purpose of coming to a creature	liwifādatin ilā makhlūqin	لِوِفَادَةٍ إِلَىٰ مَخْلُوقٍ
in the hope of gaining his aid	rajā'a rifdihī	رَجَاءَ رِفْدِهِ
and asking for his gift and present.	wa ṭalaba nā'ilihī wa jā'izatihī	وَطَلَبَ نَائِلِهِ وَجَائِزَ تِهِ
As for myself, to You-O my Lord-I make my preparations and readiness	fa-ilayka yā rabbu ta`biyatī wasti`dādī	فَإِلَيْكَ يَا رَبِّ تَعْبِيَتِي وَٱسْتِعْدَادِي
hoping for Your pardon	rajā'a `afwika	رَجَاءَ عَفْوِكَ
and asking for Your gift and present.	wa ṭalaba nā'ilika wa jā'izatika	وَطَلَبَ نَائِلِكَ وَجَائِزَ تِكَ
So, (please) do not disappoint my entreaty.	falā tukhayyib du`ā'ī	فَلاَ تُخَيِّبْ دُعَائي
O He Who never disappoints His beseechers	yā man lā yakhību `alayhi sā'ilun	يَا مَنْ لاَ يَخِيبُ عَلَيْهِ سَائِلٌ
and Whose prizes never decrease His ample-giving!	wa lā yanquşuhū nā'ilun	وَلاَ يَنْقُصُهُ نَائِلٌ
I have not come to You with confidence of a righteous deed that I have done	fa'innī lam ātika thiqatan bi`amalin şāliḥin `amiltuhū	فَإِنِّي لَمْ آتِكَ ثِقَةً بِعَمَلٍ صَالِحٍ عَمِلْتُهُ
nor have I had any hope in a grant of any creature.	wa lā liwafādati makhlūqin rajawtuhū	وَلاَ لِوِفَادَةِ مَخْلُوقٍ رَجَوْتُهُ
Rather, I have come to You professing myself to be evildoer and transgressor	ataytuka muqirran `alā nafsī bil- isā'ati walzzulmi	أَتَيْتُكَ مُقِراً عَلَىٰ نَفْسِي بِٱلإِسَاءَةِ وَٱلظُّلْمِ
and confessing that I lack any pretext or excuse.	mu`tarifan bi-an lā ḥujjata lī wa lā `udhra	مُعْتَرِفاً بِأَنْ لاَ حُجَّةَ لِي وَلاَ عُذْرَ
I have come to You hoping for Your great pardon	ataytuka arjū `azīma `afwika	أَتَيْتُكَ أَرْجُو عَظِيمَ عَفْوِكَ
due to which You have pardoned the wrongdoers.	alladhī `afawta bihī `ani (a)lkhāṭi'īna	ٱلَّذِي عَفَوْتَ بِهِ عَنِ ٱلْخَاطِئينَ
Hence, their long-lasting retirement to their grave offenses has not prevented You	falam yamna`ka ţūlu `ukūfihim `alā `azīmi aljurmi	فَلَمْ يَمْنَعْكَ طُولُ عُكُوفِهِمْ عَلِي عَظِيمِ ٱلْجُرْمِ
from turning to them with mercy.	an `udta `alayhim bilrraḥmati	أَنْ عُدْتَ عَلَيْهِمْ بِٱلرَّحْمَةِ
O He Whose mercy is huge	fayā man raḥmatuhū wāsi`atun	فَيَا مَنْ رَحْمَتُهُ وَاسِعَةٌ
and Whose pardon is great;	wa `afwuhū `azīmun	وَعَفْوُهُ عَظيمٌ
O All-great, O All-great, O All-great;	yā `azīmu yā `azīmu yā `azīmu	يَا عَظيہ يَا عَظيہ يَا عَظيہ مُ
nothing can repel Your rage except Your forbearance	lā yaruddu ghadabaka illā ḥilmuka	لاَ يَرُدُّ غَضَبَكَ إِلاَّ حِلْمُكَ
and nothing can save from Your wrath except imploring earnestly to You.	wa lā yunjī min sakhaţika illā alttaḍarru`u ilayka	وَلاَ يُنْجِي مِنْ سَخَطِكَ إِلاَّ ٱلتَّضَرُّعُ إِلَيْكَ
So, my God, (please) grant me a relief	fahab lī yā ilāhī farajan	فَهَبْ لِي يَا إِلْهِي فَرَجاً

Dua Man Tabbaa wa tahaaya Pg 2 www.duas.org

in the name of the power through which You restore to life the derelict lands,

and do not cause me to perish out of grief until You respond to me and show me signs of Your response to my prayers.

(please) Make me taste the flavor of wellbeing up to the end of my lifetime,

do not make my enemies gloat over me,

do not give them a hand over me,

and do not make them control over me.

O Allah, If You humiliate me, who can then exalt me?

And if You exalt me, who can then humiliate me?

If You annihilate me, who can then interfere before You concerning the affair of me—Your slave

or who can intercede to ask You about it?

I have already known for sure that Your decrees are devoid of injustice and Your punishment does not count on immediateness.

Verily, immediateness is the work of him who fears lest he may miss, and only do the weak need injustice.

As for You, O my God, You are too exalted to be so—Exalted and Great You are beyond all measure!

O Allah, I take refuge in You; so, (please) have protection upon me!

I call for Your safekeeping; so, (please) keep me under Your security!

I appeal for Your sustenance; so, (please) provide me with sustenance!

I put trust in You; so, (please) keep me under Your supervision!

I call for Your aid against my enemy; so, (please) grant me support!

I seek Your assistance; so, (please) assist me!

I ask for Your forgiveness; so, (please) forgive me.

So, respond! Respond! Respond!

bilqudrati allatī tuḥyī bihā mayta

wa lā tuhliknī ghamman ḥattā tastajība lī

wa tu`arrifanī al-ijābata fī du`ā'ī

wa adhiqnī ṭa`ma al`āfiyati ilā muntahā ajalī

wa lā tushmit bī `aduwwī

wa lā tusalliţhu `alayya

wa lā tumakkinhu min `unugī

allāhumma in waḍa`tanī faman dhā alladhī yarfa`unī

wa in rafa`tanī faman dhā alladhī yaḍa`unī

wa in ahlaktanī faman dhā alladhī ya`riḍu laka fī `abdika

aw yas'aluka `an amrihī

wa qad `alimtu annahū laysa fī ḥukmika zulmun

wa lā fī naqimatika `ajalatun

wa innamā ya`jalu man yakhāfu alfawta

wa innamā yaḥtāju ilā alzzulmi aldda`īfu

wa qad ta`ālayta yā ilāhī `an dhālika `uluwwan kabīran

allāhumma innī a`ūdhu bika faa`idhnī

wa astajīru bika fa-ajirnī

wa astarziquka farzuqnī

wa atawakkalu `alayka fakfinī

wa astanşiruka `alā `aduwwī fanşurnī

wa asta`īnu bika fa-a`innī

wa astaghfiruka yā ilāhī faghfir lī

āmīna āmīna āmīna

بِٱلْقُدْرَةِ ٱلَّتِي تُحْيِي بِهَا مَيْتَ ٱلْبِلاَدِ وَلاَ تُهْلِكْنِي غَمَّاً حَتَّىٰ تَسْتَجِيبَ لِي وَتُعَرِّفَنِي ٱلإِجَابَةَ فِي دُعَائِي وَأَذِقْنى طَعْمَ ٱلْعَافِيَةِ إِلَىٰ مُنَتَهَىٰ أَجَلِى

> وَلاَ تُشْمِتْ بِي عَدُوِّي وَلاَ تُسَلِّطْهُ عَلَىَّ

وَلاَ تُمَكِّنْهُ مِنْ عُنُقِي

اَللَّهُمَّ إِنْ وَضَعْتَنِي فَمَنْ ذَا اَلَّذِي يَرْفَعُنِي وَإِنْ رَفَعْتَنِي وَإِنْ رَفَعْتَنِي وَإِنْ رَفَعْتَنِي

وَإِنْ أَهْلَكْتَنِي فَمَنْ ذَا ٱلَّذِي يَعْرِضُ لَكَ فِي عَبْدِكَ

أَوْ يَسْأَلُكَ عَنْ أَمْرِهِ

وَقَدْ عَلِمْتُ أَنَّهُ لَيْسَ فِي حُكْمِكَ ظُلْمٌ

وَلاَ فِي نَقَمَتِكَ عَجَلَةٌ

وَإِنَّمَا يَعْجَلُ مَنْ يَخَافُ ٱلْفَوْتَ وَإِنَّمَا يَحْتَاجُ إِلَىٰ ٱلظُّلْمِ ٱلضَّعِيفُ

وَقَدْ تَعَالَيْتَ يَا إِلْهِي عَنْ ذَٰلِكَ عُلُواً كَبِيراً

ٱللَّهُمَّ إِنِّي أَعُوذُ بِكَ فَأَعِذْنِي

وأَسْتَجيرُ بِكَ فَأَجِرْنِي

وَأَسْتَرْزِقُكَ فَٱرْزُقْنِي

وَأَتَوَكَّلُ عَلَيْكَ فَٱكْفِنِي

وأَستَنْصِرُكَ عَلَى عَدُوِّي فَٱنْصُرْنِي

وَأَسْتَعْيِنُ بِكَ فَأَعِنِّي وَأَسْتَغْفِرُكَ يَا إِلٰهِي فَٱغْفِرْ لِي

آمِينَ آمِينَ آمِينَ