



DUAS FOR NIKAH AND BEYOND

SPIRITUAL ASSISTANCE TO GET MARRIED

1. Suratu Taha – recited on water and to be drunk or worn.
2. Suratul Ahzaab
3. Suratul Mumtahana 5x every day.
4. Aya 36 of Suratu Yaseen 11x after Salatut Tahajjud for 40 days
5. Dua Al-Mashlool for 40 days
6. Recite the following dua after giving sadaqa

يَا مُسَبِّبَ الْأَسْبَابِ
يَا مُفْتِّحَ الْأَبْوَابِ
يَا مَنْ حَيْثُ مَا دُعِيَ أَجَابَ

O Causer of Causes; O He Who opens the doors of (opportunities); O He Who answers to the call from wherever (He is called).

7. Recite the following dua 100x for 40 days after any wajib salaa.

سَهِّلَا بِفَضْلِكَ يَا عَزِيزُ

Make easy (my difficulty) by Your super-abundant favours, O the Mighty.

8. The father to recite 2 rak-at salaa on Friday after Salatul Jumua and after the salaam go into Sajdah and recite Suratul Muzzammil 21 x.

RECITATIONS BEFORE NIKAH (and forever more.....)

1. Last 4 ayaat of Suratul Hashr
2. Ya Wadudu x1000
3. Ya Waliyyu and Yaa Maaniu' as many times as possible
4. Suratul Quraysh over the flowers
5. Suratur Rahmaan
6. Tasbee of Sayyida
7. Ziyarat 'Ashura
8. Suratu Yusuf recited on water and splashed on face.

RUKHSATI

(Before the bride leaves her parents home)

Parents to hold her right hand and recite last part of 28:31 seven times.....

إِنَّكَ مِنَ الْآمِنِينَ

.....surely you are of those who are secure

Bride to recite:

أَمَنْتُ بِاللّٰهِ

تَوَكَّلْتُ عَلَى اللّٰهِ

مَا شَأْنُ اللّٰهِ

لَا هَوْلَ وَلَا لَاقُوَّةَ إِلَّا بِاللّٰهِ

What to say to one who gets married:

For the Bride:

Áêj »A ÅÄYj »A ÉjA Ánd
^eîj a äBäÄ ^eäéA a äBä
jlä Ÿ BÄÄÄÄÄ Ä

*May allah bless (your spouse) for you; and may He
bless you and join you in a happy union.*

What to say to one who gets married:

For the Groom:

Áêj »A ÅÄYj »A ÉjA Ánd
ãîñ a äBäÄ ^ãäéA a äBä
jlä Ę BÄäñÄÄ Ä

*May allah bless (your spouse) for you; and may He
bless you and join you in a happy union.*

THE WEDDING NIGHT

When the Bride steps on the ground of her own house, she should recite:

Salawaat followed by 23:29

رَبِّ أَنْزِلْنِي مُنْزَلًا مُبَارَكًا وَأَنْتَ خَيْرُ
الْمُنْزِلِينَ

O my Rabb! cause me to disembark a blessed landing and You are the best to cause to land.

Followed by 10x Laa hawla wa laa quwwata illaa billahil 'aliyyil adheem.

And give sadaqa

And according to Your covenant, I have accepted her,

And with the words You have prescribed, I have made her halal (for me).

*If You have ordained from her womb someone to be born, make him/her be a Muslim, healthy and safe,
And do not let him/her be a partner of Shaytan.*

Bride

Recite two rakat's salaa (namaz) as Salatul Fajr (Subh) with the niyya of Qurbatan Ilallah. Then recite the following dua placing the right hand on the forehead of the bridegroom.

اَللّٰهُمَّ اِنِّىْ اَسْأَلُكَ بِرَحْمَتِكَ
وَبِكَرَمِكَ وَبِجَدِّكَ وَبِجَلَالِكَ وَبِعِزَّتِكَ
وَبِكِبْرِيَّتِكَ وَبِقُدْرَتِكَ وَبِعِزَّتِكَ
وَبِكَرَمِكَ وَبِجَدِّكَ وَبِجَلَالِكَ وَبِعِزَّتِكَ
وَبِكِبْرِيَّتِكَ وَبِقُدْرَتِكَ وَبِعِزَّتِكَ
وَبِكَرَمِكَ وَبِجَدِّكَ وَبِجَلَالِكَ وَبِعِزَّتِكَ
وَبِكِبْرِيَّتِكَ وَبِقُدْرَتِكَ وَبِعِزَّتِكَ

*O Allah! As per Your book I have married him,
And according to Your covenant, I have accepted
him,
And with the words You have prescribed, I have
made him halal (for me).
If You have ordained from him someone to be born,
make him/her be a Muslim, healthy and safe,
And do not let him/her be a partner of Shaytan.*

**Remember, this salaa is mustahab whilst Salatul
Fajr (namaz e Subh) is wajib.**

DUAS TO MAINTAIN A RELATIONSHIP

- Recite Suratu Yasin 7 times and blow on 7 almonds separately and give to spouse for eating.
- Recite:

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ
 وَبَارِكْ وَسَلِّمْ

786 times on water and give it to spouse for drinking.

- Recite Suratu Quraysh (106) on roses and both of them should smell them.
- Recite Ya Wadudu 1000 times on some sweet eatables and both should eat it.
- Recite verse 31 of Suratu Aali Imran 3 times on water and give it to the spouse to drink.

DUAS WHEN SEEKING HELP

- Recite Suratul Jumua' (62) on Friday and invoke the Almighty Allah to fulfill your desire.
- Recite AL MAANI-U (The Preventer) as many times as possible.
- Recite the following portion of verse 54 of Suratul Ma'ida on some sweet eatables and for the couple to eat.

أَلَمْ يَجْعَلْ لَكُمْ الشَّجَرَةَ أَطْرَافًا
فَإِذَا كُنْتُمْ فِيهَا فَاصُّوهُ فَاعْتَبِرُوا
فِي آيَاتِهِ لَعَلَّكُمْ تَتَّقُونَ

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فِي آيَاتِهِ لَعَلَّكُمْ تَتَّقُونَ

*He loves them and who love Him, humble
towards the believers, mighty against the
infidels.*

- Recite verses 29 and 30 of Suratu Yusuf on some sweet eatables for the husband and wife to eat.
- Recite a 2 rakaat salaa after Eisha on a Monday. In each rakaat, after the recitation of Suratul Fatiha, recite Suratudh Dhuha (93) 10 times, and after the salaam recite the following dua 25 times.

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ
وَعَلَى كُلِّ طَيِّبٍ أَتَى فِي بَيْتِكَ الْمَكَّةِ

- Recite verse 96 of Suratu Maryam (19) on some sweet eatables for the couple to eat.
- Write verses 1 and 2 of Suratud Dahr (76) with saffron and wash it with rose water which the couple should drink it.

DUAS FOR CONCEPTION

- Salawat 14x, or 70x or 100x
Istighfar – 70x after morning prayers, 77x after Asr prayers and 100x after Isha prayers. Recite salawat before and after each dua, as your duas are granted more quickly.
- Recite Suratul Fajr (89) 3x daily
- Fast and break fast with milk on which Suratu Muzzammil has been recited 77x
- After all wajib salaa recite the following dua 3x:

~~gãe~~ ~~@ãe~~ Ac₃pã @ãbãã ãã

$$\hat{A} \hat{B} \hat{C} \hat{D} \hat{E}$$

Suratul Ambiya 21:89

My Lord! Leave me not childless and thou art the best of inheritors.

- Both husband and wife should recite Suratul Fajr 3x every day after any salaa. (Recite salawat before and after the sura).
- Before meeting you should recite 3 ayats of Suratul Ambiya 17:87, 88 & 89 (Insert Arabic)
- Imam Ridha (A.S.) has said for conceiving a child, one should recite Adhaan loudly at home.
- To keep a nazr that if Allah grants a child, she would fast on Muharram – Niyaa – “LILLAH ALAYAA” – then after the birth of the child – she should fast on Muharram.

- After every wajib salaa recite the following in sajda:

اَللّٰهُمَّ اِنِّىْ اَسْئَلُكَ مِنْ خَيْرِ مَا سَأَلَكَ رَسُوْلُكَ مِنْ قَبْلِىْ

وَمِنْ خَيْرِ مَا سَأَلَكَ رَسُوْلُكَ مِنْ بَعْدِىْ

Suratul Aali Imran 3:38

*My Lord! Grant me from Thee good offspring,
surely, Thou art the Hearer of prayer.*

- Do this a'maal for any hajaat as in this there is Wasilla of Allah, Holy Prophet & Imam Ali (A.S.) and Bibi Fatima (A.S.) and help is sought from our Imam.

Salawat 12x or more

Astaghfirullah rabbi wa atoobu ilayhee – 14x

*Ya Allah, Ya Muhammad, Ya Ali, Ya Fatema, Ya
Saheebuz Zamaan Adriqni wala tolhikni – 70x
Salawat 14x or more*

PREGNANCY

- Complete at least one Qur'an
- Recite Suratu Maryam for easy childbirth
- Recite Suratul Qadr every day 7x for easy childbirth
- Recite Dua Yastasheer
- Avoid processed food
- Stay in wudhoo
- Recite: Ya Allah, Ya Khaliq, Ya Baariu, Ya Musawwiru everyday

DUAS AT THE TIME OF DELIVERY

1. Recite Suratul Inshiqaq (84) 7x
2. Recite Suratul Inshirah (94)
3. Recite Suratul Qadr as much as possible
4. Write 46:35 and 3:35 on paper, wrap it in a cloth and tie it around mum's right leg during labour
5. Recite Suratu Maryam.
6. Recite Nade Aliyan 5x on a glass of water and sip during delivery for ease of delivery
7. Pray for everyone, as prayers during delivery are heard very fast.

When the child is born, mother to eat 9 dates; with the date, take a little date from the mouth and mix with khake shafa water (or any sweetened water), take mixture on forefinger and give to child to taste. This instils nearness to Karbala.

INCREASING BREAST MILK

1. Write ayaat 8&9 of Suratur Ra'ad and wear as ta'widh on right arm. Alternatively write with saffron on a china plate, and drink the water.
2. Write Suratul Hijr with saffron, wash and drink.
3. Write Suratu Yaasin with saffron, wash and drink.
4. Write aya 21 of Suratul Mu'minun with saffron, wash and drink.

To wean a child from breastfeeding, write aya 14 of Suratu Luqman and make the child wear it as a tawidh.

DUAS FOR CHILDREN

Crying child

Write ayaat 108 to 112 of Suratut Taha and make the child wear as tawidh.

Recite Suratul Ghashiya (88)

Teething problems

Write Suratul Qaaf (50) with saffron, wash and apply sparingly to child's gums.

Disobedience

1. Recite Suratush Shuara 7x and Suratul Ahzaab once and blow on child.
2. After every wajib salaa recite Aya 15 of Suratul Ahqaaf 7x thinking of the child in question.

To keep away effects of 'evil eye'

1. Recite 7:54-56
2. 28:35 7x after salatut tahajjud
3. Ayatul Kareema (21:89) 121x after Fajr salaa for 40 days
4. Recite Suratul Humaza (104)



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