

Toilet -Manners & Tahara & Duas [www.Duas.org](http://www.Duas.org)

Enter Toilet with your left foot when **entering the place** say the following: Allah I seek refuge with you from the disgraceful, impure, evil , wicked shaytan. O Allah draw out from me the harm(damage) and protect me from the accursed shaytan. Praise be to Allah the protector and provider.

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الرَّجْسِ النَّجِسِ الْخَبِيثِ  
الْمُخْبَثِ الشَّيْطَانِ، اللَّهُمَّ أَمْطِ عَنِّي الْأَذَى وَأَعِزَّنِي مِنَ  
الشَّيْطَانِ الرَّجِيمِ. اَلْحَمْدُ لِلَّهِ الْحَافِظِ الْمُؤَدِّي.

**When sitting to relieve oneself :**

O Allah remove from me the worry (annoyance) and harm and make me from among the purified ones

اللَّهُمَّ أَذْهِبْ عَنِّي الْقَذَى وَالْأَذَى، وَاجْعَلْنِي مِنَ  
الْمُتَطَهَّرِينَ.

**While excreting I:** O Allah nourish me from the good for health and remove from me that which is harmful for health

اللَّهُمَّ اطْعِمْنِي طَيِّبًا فِي عَافِيَةٍ وَارْحَمْنِي خَبِيثًا فِي عَافِيَةٍ

**Sight falls on excrement:** O Allah provide me with the halal (permissible) and keep away the haram

اللَّهُمَّ ارْزُقْنِي الْحَلَالَ وَجَنِّبْنِي الْحَرَامَ

**Looseness of bowel:** O Allah! Just as You nourished me for good health remove from me the harmful for my health.

اللَّهُمَّ كَمَا اطْعَمْتَنِيهِ طَيِّبًا فِي عَافِيَةٍ فَأَخْرِجْهُ مِنِّي  
خَبِيثًا فِي عَافِيَةٍ.

**When you finish** and want to clean yourself: All praise be to Allah Who has made water pure and has not made it impure.

الْحَمْدُ لِلَّهِ الَّذِي جَعَلَ الْمَاءَ طَهُورًا وَلَمْ يَجْعَلْهُ نَجْسًا

**While cleaning yourself.** O Allah make me chaste , cover my private parts and keep me away from the hell fire

اللَّهُمَّ حَصِّنْ فَرْجِي وَأَعِفَّهُ وَأَسْتُرْ عَوْرَتِي وَحَرِّمْ عَلَيَّ النَّارَ

When **you finish and stand up**, you may rub your abdomen with your right hand and say:- All praise be to Allah Who has kept me away from harm, delighted me with my food and drink and restored my health from distress.

الْحَمْدُ لِلَّهِ الَّذِي أَمَّا طَعَامِي وَالْأَذَى وَهَنَانِي طَعَامِي  
وَشَرَابِي وَعَافَانِي مِنَ الْبَلْوَى

When **you leave the place** precede with your right foot saying :- All praise be to Allah who made me know its pleasure. Retained in my body its power and removed from me its harm.

الْحَمْدُ لِلَّهِ الَّذِي عَرَّفَنِي لَذَّتَهُ

It is a blessing Its is a blessing  
It is a blessing

وَأَبْقَى فِي جَسَدِي قُوَّتَهُ وَأَخْرَجَ عَنِّي إِذَاهُ

No assessor can assess its (no calculator can calculate) its worth (value).

يَا لَهَا نِعْمَةً يَا لَهَا نِعْمَةً يَا لَهَا نِعْمَةً

لَا يُقَدِّرُ الْقَادِرُونَ قَدْرَهَا

## Etiquettes

1. You must ask permission to use the toilet if it does not belong to you.
2. It is mustahab to wear slippers whilst in the toilet.
3. While in the toilet, must at least be able to cover your private parts from others.
4. It is **haram to face qibla or to keep qibla towards the back** whilst using the toilet.
5. You must use tahir water to wash yourself by first removing the najis items and then pouring water at least twice, better still thrice.
6. It is makruh to urinate whilst standing.
7. It is makruh to hold on to one's want to visit the toilet, and if it harms one's health then it is haram.
8. It is mustahab to urinate before salaa and before going to sleep.
9. It is mustahab to enter the toilet with your left foot and come out with your right foot.
10. It is makruh to wash oneself with the right hand.