

It is recommended to recite the *Du`a` Idrees* which has been mentioned by Shaykh al-Tusiy and Sayyid Ibn Tawus in the books of *Misbah al-Mutahajjid* or *Iqbal al-A`mal*. This supplication is as follows:

Glory be to You. There is no god save You.

سُبْحَانَكَ لَا إِلَهَ إِلَّا أَنْتَ

O the Lord and the Inheritor of all things.

يَا رَبَّ كُلِّ شَيْءٍ وَوَارِثَهُ

O the God of gods; whose majesty is elevated.

يَا إِلَهَ الْإِلَهَةِ الرَّفِيعُ جَلَالُهُ،

O Allah, the Praised for all of His acts.

يَا اللَّهُ الْمَحْمُودُ فِي كُلِّ فِعَالِهِ،

O the All-beneficent and the All-merciful of all things.

يَا رَحْمَنَ كُلِّ شَيْءٍ وَرَاحِمَهُ،

O the Ever-living, when there was nothing existent, in the perpetuity of His kingdom and eternity.

يَا حَيُّ حِينَ لَا حَيُّ فِي دَيْمُومَةٍ مُلْكِهِ وَبَقَائِهِ،

O the Self-Subsisting; nothing can be missed by Your knowledge and nothing can ever tire Him.

يَا قَيُّومُ فَلَا يَفُوتُ شَيْءٌ مِنْ عِلْمِهِ وَلَا يَوُودُهُ،

O the One, the Everlasting, the First and the Last of all things.

يَا وَاحِدُ الْبَاقِي أَوَّلَ كُلِّ شَيْءٍ وَآخِرَهُ.

O the Perpetual without extinction, and His kingdom is never exposed to extermination.

يَا دَائِمٌ بَغَيْرِ فَنَاءٍ وَلَا زَوَالٍ لِمُلْكِهِ،

O the Besought of all; without being any match to Him and there is nothing like Him.

يَا صَمَدٌ فِي غَيْرِ شَبِيهِ وَلَا شَيْءَ كَمِثْلِهِ،

O the Upright; nothing can be His equal and nothing can even approach Him in attributes.

يَا بَارٌ فَلَا شَيْءَ كُفُوهُ وَلَا مُدَانِي لَوْصُفِهِ،

O the All-big; it is You Whose greatness cannot be hit by hearts.

يَا كَبِيرُ أَنْتَ الَّذِي لَا تَهْتَدِي الْقُلُوبُ لِعِظَمَتِهِ،

O the Originator, the Maker, without having any equivalent.

يَا بَارِيُّ الْمُنْشِيءِ بِلَا مِثَالٍ خَلَا مِنْ غَيْرِهِ،

O the Pure, the Safe from any defect due to His Holiness.

يَا زَاكِي الطَّاهِرُ مِنْ كُلِّ آفَةٍ بِقُدْسِهِ،

O the Self-Sufficient, the Bestower upon His creatures with the gifts of His favors.

يَا كَافِي الْمَوْسِعِ لِمَا خَلَقَ مِنْ عَطَايَا فَضْلِهِ.

O the Purified against any injustice that He does not accept and that is not found in His deeds.

يَا نَقِيٌّ مِنْ كُلِّ جَوْرٍ لَمْ يَرْضَهُ وَلَمْ يُخَالِطْهُ فِعَالُهُ،

O the All-tender; it is You Whose mercy covers all things.

يَا حَنَّانُ أَنْتَ الَّذِي وَسِعَتْ كُلُّ شَيْءٍ رَحْمَتُهُ،

O the All-favorer, the Lord of benevolence that He spreads over all the created beings.

يَا مَنَّانُ ذَا الْإِحْسَانِ قَدْ عَمَّ الْخَلَائِقَ مِنْهُ،

O the Master of the servants; everything stands in submission to the fear of Him.

يَا دِيَانَ الْعِبَادِ فَكُلُّ يَتَقَوْمٌ خَاضِعاً لِرَهْبَتِهِ.

O the Creator of all those in the heavens and the layers of the earth; everything shall be returned to Him.

يَا خَالِقَ مَنْ فِي السَّمَوَاتِ وَالْأَرْضِينَ فَكُلُّ إِلَيْهِ مَعَادُهُ،

O the All-beneficent and the All-merciful to and the Aide and the Shelter of all seekers of aid and all aggrieved ones.

يَا رَحْمَانُ وَرَاحِمٌ كُلِّ صَرِيخٍ وَمَكْرُوبٍ وَغِيَاثُهُ وَمَعَادُهُ،

O the Upright; no language can ever describe the reality of the majesty of His

يَا بَارٌ فَلَا تَصِفُ الْأَلْسُنُ كُنْهَ جَلَالِ مُلْكِهِ وَعِزِّهِ،

kingdom and might.

O the Originator of all the creation; in Your creation, You did not need assistants from among Your creatures.

O the Knower of all the unseen; the preservation of all things does not tire You.

O He Who shall restore to life all that which He terminates when the creatures will be resurrected on account of His call out of fear of Him.

O the Forbearing, the Lord of leniency; nothing of Your creatures can ever match You.

O He Whose deeds are praiseworthy, the Lord of favoring on all Your creatures out of Your kindness.

O the Almighty, the Invulnerable, the Dominant over all affairs; nothing can ever be equivalent to You.

O the Overcomer, the owner of strong grip; it is You Whose punishment is intolerable.

O the All-exalted, the Nigh in the elevation of Your nearness;

O the All-powerful, the humiliating all things by the prevalence of His almighty authority;

O the Light of all things; it is You Whose light split the darkness.

O the Holy, the Wholesome against all things and nothing can ever be His counterpart.

O the Nigh; the Responding; and the Approaching very close that He has becomes the nearest of all things.

O the Elevated; the Exalted in the heavens; whose highness has overtopped all things.

O the Wonderful Maker of all wonderful things; and the Restorer of them by His power after they vanish;

O the Lofty; the All-great over all things.

Just are Your affairs, and truthful are Your promises.

O the Glorious; even delusions cannot attain all Your praise and glory.

O the Noble in pardon and justice;

It is You Whose justice has filled in everywhere.

O the Great; the Lord of excellent praise, might, and magnitude; hence, Your might is never humbled.

O the All-excellent; languages cannot express all Your bounties and praise.

وَيَا مُبْدِيَّ الْبَرَايَا لَمْ يَبْنَعْ فِي إِنْشَائِهَا أَعْوَانًا مِنْ خَلْقِهِ،

يَا عَلَّامَ الْغُيُوبِ فَلَا يَوُودُهُ مِنْ شَيْءٍ حِفْظُهُ.

يَا مُعِيدًا مَا أَفْنَاهُ إِذَا بَرَزَ الْخَلَائِقُ لِدَعْوَتِهِ مِنْ مَخَافَتِهِ،

يَا حَلِيمٌ ذَا الْأَنَاءِ فَلَا شَيْءٌ يَعْدِلُهُ مِنْ خَلْقِهِ،

يَا مَحْمُودَ الْفِعَالِ ذَا الْأَمْنِ عَلَى جَمِيعِ خَلْقِهِ بِلُطْفِهِ،

يَا عَزِيزُ الْمَنِيْعِ الْغَالِبِ عَلَى أَمْرِهِ فَلَا شَيْءٌ يَعْدِلُهُ،

يَا قَاهِرٌ ذَا الْبَطْشِ الشَّدِيدِ أَنْتَ الَّذِي لَا يُطَاقُ أَنْتِقَامُهُ.

يَا مُتَعَالِي الْقَرِيبِ فِي عُلُوِّ ارْتِفَاعِ دُتُوِّهِ،

يَا جَبَّارُ الْمَذَلِّ كُلِّ شَيْءٍ بِقَهْرٍ عَزِيزِ سُلْطَانِهِ،

يَا نَوْرَ كُلِّ شَيْءٍ أَنْتَ الَّذِي فَلَقَ الظُّلُمَاتِ نَوْرَهُ،

يَا قُدُّوسُ الطَّاهِرِ مِنْ كُلِّ شَيْءٍ وَلَا شَيْءٌ يَعْدِلُهُ،

يَا قَرِيبُ الْمُجِيبِ الْمُتَدَانِي دُونَ كُلِّ شَيْءٍ قُرْبَهُ،

يَا عَالِي الشَّامِخِ فِي السَّمَاءِ فَوْقَ كُلِّ شَيْءٍ عُلُوِّ ارْتِفَاعِهِ،

يَا بَدِيعَ الْبَدَائِعِ وَمُعِيدَهَا بَعْدَ فَنَائِهَا بِقُدْرَتِهِ.

يَا جَلِيلُ الْمُتَكَبِّرِ عَلَى كُلِّ شَيْءٍ،

فَالْعَدْلُ أَمْرُهُ وَالصِّدْقُ وَعْدُهُ،

يَا مَجِيدٌ فَلَا يَبْلُغُ الْأَوْهَامُ كُلَّ ثَنَائِهِ وَمَجْدِهِ،

يَا كَرِيمَ الْعَفْوِ وَالْعَدْلِ،

أَنْتَ الَّذِي مَلَأَ كُلَّ شَيْءٍ عَدْلُهُ،

يَا عَظِيمٌ ذَا الثَّنَاءِ الْفَاخِرِ وَالْعِزِّ وَالْكَبْرِيَاءِ فَلَا يُذَلُّ عِزُّهُ،

يَا عَجِيبٌ لَا تَنْطِقُ الْأَلْسُنُ بِكُلِّ آيَاتِهِ وَثَنَائِهِ.

I beseech You; O my Reliance at all griefs;

And my Aide at all hardships,

(I beseech You) by these names to grant me security against the punishments in this worldly life as well as the Next Life.

And I beseech You to rebuff from me by these Names all things that are evil, feared, and jeopardized,

And to rebuff from me the sights of the wrongdoers who intend evil to me—evil against which You have warned;

And to rebuff from me their hearts and change the evil that they conceal in themselves into the good that they do not have,

And none else has it save You, O the All-generous.

O Allah: (please) do not refer me to myself, because I will fail to manage it,

Or to the people, because they will reject me.

And do not disappoint me while I am pleasing You,

And do not torture me while I am praying You.

O Allah: I am praying You as You ordered me to do,

So, (please) answer me as You promised me to do.

O Allah: (please) make the best of my lifetime be that which is near to my death.

O Allah: (please) do not change my body,

And do not stop adding to my shares (from Your favors)

And do not cause harm to my friend.

I seek Your protection against deadly diseases,

And against harsh poverty,

And against humiliation and bad company.

O Allah: (please) entertain my heart against all things that cannot act as my provision to You,

أَسْأَلُكَ يَا مُعْتَمِدِي عِنْدَ كُلِّ كُرْبَةٍ،

وَعِيَاثِي عِنْدَ كُلِّ شِدَّةٍ،

بِهَذِهِ الْأَسْمَاءِ أَمَانًا مِنْ عِقُوبَاتِ الدُّنْيَا وَالْآخِرَةِ،

وَأَسْأَلُكَ أَنْ تَصْرِفَ عَنِّي بِهِنَّ كُلَّ سُوءٍ وَمَخُوفٍ

وَمَحْذُورٍ،

وَتَصْرِفَ عَنِّي أَبْصَارَ الظَّالِمَةِ الْمُرِيدِينَ بِي السُّوءَ الَّذِي

نَهَيْتَ عَنْهُ

وَأَنْ تَصْرِفَ قُلُوبَهُمْ مِنْ شَرِّ مَا يُضْمِرُونَ إِلَى خَيْرٍ مَا لَا

يَمْلِكُونَ،

وَلَا يَمْلِكُهُ غَيْرُكَ يَا كَرِيمٌ.

اللَّهُمَّ لَا تَكِلْنِي إِلَى نَفْسِي فَأَعْجِزْ عَنْهَا،

وَلَا إِلَى النَّاسِ فَيَرْفُضُونِي،

وَلَا تُخَيِّبْنِي وَأَنَا أَرْجُوكَ

وَلَا تُعَذِّبْنِي وَأَنَا أَدْعُوكَ،

اللَّهُمَّ إِنِّي أَدْعُوكَ كَمَا أَمَرْتَنِي،

فَأَجِبْنِي كَمَا وَعَدْتَنِي،

اللَّهُمَّ اجْعَلْ خَيْرَ عُمْرِي مَا وَلِيَ أَجْلِي.

اللَّهُمَّ لَا تُغَيِّرْ جَسَدِي،

وَلَا تُرْسِلْ حَظِّي،

وَلَا تَسُوْ صَدِيقِي،

أَعُوذُ بِكَ مِنْ سَقَمٍ مُصْرِعٍ،

وَفَقْرٍ مُقْرِعٍ،

وَمِنْ الذُّلِّ وَبِئْسَ الْخِلٌّ،

اللَّهُمَّ سَلِّ قَلْبِي عَنْ كُلِّ شَيْءٍ لَا أَتَزَوَّدُهُ إِلَيْكَ،

And that cannot avail me on the day when
I will meet You,

Be it legal or illegal,

And then (please) grant me power over it
as well as mighty, contentment, revulsion
of it, and Your satisfaction with it.

O the most Merciful of all those who show
mercy;

O Allah: all praise be to You for Your
abundant gifts.

And all praise be to you for Your
uninterrupted favors,

By which You have saved me from adverse
matters,

And through which You have bestowed
upon me with the donations of pleasure,

Although I persisted in carelessness,

And I kept some hardheartedness;

Nevertheless, all such deeds of mine did
not stop You from pardoning me,

And covering that,

And allowing me to dispose with Your
bounties that are at my hand,

And continuing in doing good to me,

And overlooking the ill deeds of which I
confessed to You,

And my violations of doing acts of
disobedience to You.

O Allah: I beseech You by every Name that
is Yours,

And due to which it becomes incumbent
upon You to respond to those who pray You
by it,

And I beseech You in the name of all those
who enjoy a right with You

And in the name of Your duties that are
incumbent upon all those who are less than
You are,

(I beseech You) to send blessings upon
Muhammad, Your servant and Your
Messenger, and upon his Household;
And as for anyone who intends evil to me,
(please) have control on his hearing and
sight

And before him and behind him

وَلَا أَنْتَفِعُ بِهِ يَوْمَ الْفَاقِ،

مِنْ حَلَالٍ أَوْ حَرَامٍ،

ثُمَّ أَعْطِنِي قُوَّةً عَلَيْهِ وَعِزًّا وَقَنَاعَةً وَمَقْتًا لَهُ وَرِضًا
فِيهِ،

يَا أَرْحَمَ الرَّاحِمِينَ.

اللَّهُمَّ لَكَ الْحَمْدُ عَلَى عَطَايَاكَ الْجَزِيلَةِ،

وَلَكَ الْحَمْدُ عَلَى مِثْرِكَ الْمُتَوَاتِرَةِ

الَّتِي بِهَا دَافَعْتَ عَنِّي مَكَارِهِ الْأُمُورِ،

وَبِهَا آتَيْتَنِي مَوَاهِبَ السُّرُورِ،

مَعَ تَمَادِيٍّ فِي الْغَفْلَةِ،

وَمَا بَقِيَ فِيَّ مِنَ الْقَسْوَةِ،

فَلَمْ يَمْنَعَكَ ذَلِكَ مِنْ فِعْلِي أَنْ عَفَوْتَ عَنِّي،

وَسَتَرْتَ ذَلِكَ عَلَيَّ

وَسَوَّغْتَنِي مَا فِي يَدِي مِنْ نِعْمِكَ،

وَتَابَعْتَ عَلَيَّ مِنْ إِحْسَانِكَ،

وَصَفَحْتَ لِي عَنْ قَبِيحٍ مَا أَفْضَيْتَ بِهِ إِلَيْكَ،

وَأَنْتَهَكْتَهُ مِنْ مَعَاصِيكَ.

اللَّهُمَّ إِنِّي أَسْأَلُكَ بِكُلِّ اسْمٍ هُوَ لَكَ

يَحِقُّ عَلَيْكَ فِيهِ إِجَابَةُ الدُّعَاءِ إِذَا دُعِيَ بِهِ،

وَأَسْأَلُكَ بِكُلِّ ذِي حَقٍّ عَلَيْكَ،

وَبِحَقِّكَ عَلَى جَمِيعِ مَنْ هُوَ دُونَكَ،

أَنْ تُصَلِّيَ عَلَيَّ عَلَى مُحَمَّدٍ عَبْدِكَ وَرَسُولِكَ وَعَلَى آلِهِ،

وَمَنْ أَرَادَنِي بِسُوءٍ فَخُذْ بِسَمْعِهِ وَبَصَرِهِ

وَمِنْ بَيْنَ يَدَيْهِ وَمِنْ خَلْفِهِ

And from his right side and from his left side,

And (please) prevent him from harming me through Your might and Your power.

O He with Whom there is no other lord to be prayed;

O He above Whom there is no other creator to be feared;

O He other than Whom there is no god to be feared;

O He Who has no assistant that may be seen first;

O He Who has no janitor that may be bribed;

O He Who has no doorkeeper that may be called;

O He Whose abundant gifting increases him nothing but more generosity and more magnanimity;

And the flow of sinning (of His servants) increases him nothing but forgiveness and pardon.

(please) send blessings upon Muhammad and the Household of Muhammad,

And do to me that which befits You,

And do not do to me that which I deserve,

For You are the worthiest of being feared and the worthiest of forgiving.

وَعَنْ يَمِينِهِ وَعَنْ شِمَالِهِ

وَأَمْنَعَهُ مِنِّي بِحَوْلِكَ وَقُوَّتِكَ.

يَا مَنْ لَيْسَ مَعَهُ رَبٌّ يُدْعَى،

وَيَا مَنْ لَيْسَ فَوْقَهُ خَالِقٌ يُخْشَى،

وَيَا مَنْ لَيْسَ دُونَهُ إِلَهٌ يُتَّقَى

وَيَا مَنْ لَيْسَ لَهُ وَزِيرٌ يُؤْتَى،

وَيَا مَنْ لَيْسَ لَهُ حَاجِبٌ يُرْشَى،

وَيَا مَنْ لَيْسَ لَهُ بَوَّابٌ يُنَادَى،

وَيَا مَنْ لَا يَزْدَادُ عَلَى كَثْرَةِ الْعَطَاءِ إِلَّا كَرَمًا وَجُودًا،

وَعَلَى تَتَابِعِ الذُّنُوبِ إِلَّا مَغْفِرَةً وَعَفْوًَا،

صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ

وَأَفْعَلْ بِي مَا أَنْتَ أَهْلُهُ،

وَلَا تَفْعَلْ بِي مَا أَنَا أَهْلُهُ،

فَإِنَّكَ أَهْلُ التَّقْوَى وَأَهْلُ الْمَغْفِرَةِ.