

Amaal at the time of Iftaar in the Holy Month of Ramadhan

It is recommended to begin breaking the fast with utterly legally gotten food, especially dates. This act doubles the reward of the prayer to four hundred folds. It is also advisable to break the fast with dates, ripe dates, candy, sugar-candy, and cool water.

A Ḥadīth reads, “Almighty Allah releases from Hellfire one million persons at the last hour of every day in Ramaḍān; therefore, pray Almighty Allah to include you with these released ones.”

It is recommended to recite the *Sūrah of al-Qadr* at breaking the fast.

It is recommended to say the familiar supplications of breaking the fast, such as the following:

O Allah: For the sake of You have I fasted; and with Your sustenance have I broken my fast; and in You have I trusted.

اللَّهُمَّ لَكَ صُمْتُ، وَعَلَى رِزْقِكَ أَفْطَرْتُ، وَعَلَيْكَ تَوَكَّلْتُ.

One who says this supplication will be awarded, by Almighty Allah, the rewards of all those who observe fasting on that day.

It has been narrated that Imam `Alī (a.s) used to say the following invocation when he would *break his fasting*:

بِسْمِ اللَّهِ،

In the Name of Allah.

اللَّهُمَّ لَكَ صُمْنَا،

O Allah: For You have we fasted;

وَعَلَىٰ رِزْقِكَ أَفْطَرْنَا،

and with Your sustenance have we broken our fasting;

فَتَقَبَّلْ مِنَّا

so, (please) accept from us.

إِنَّكَ أَنْتَ السَّمِيعُ الْعَلِيمُ

You are surely the All-hearing, the All-knower.

Dua Nur

(to be recited before iftaar)

This supplication brings about great merit. The Holy Prophet (saws) recommended this dua to Imam Ali (as) and said that Jibreel (as) came to me and said, "Whoever in the holy month of Ramadhan before iftaar recites this dua, Allah (swt) answers his prayer, accepts his prayer and fasting, grants his ten requirements, forgives his sins, removes his grief's, makes his heart at ease, grants his wishes, makes his deeds to ascend upward with the deeds of prophets and righteous saints and on the Day of Judgment brings him to His presence with his face illuminated like a bright moon."

Sayyid ibn Tāwūs and al-Kaf`amiy have narrated the following supplication to be said at this time:

O Lord of the magnificent light, Lord of the highest heaven,

اللَّهُمَّ رَبَّ النُّورِ الْعَظِيمِ وَرَبَّ الْكُرْسِيِّ الرَّفِيعِ

Lord of the flowing seas, Lord of the great intercessor

وَرَبَّ الْبَحْرِ الْمَسْجُورِ وَرَبَّ الشَّعْرِ الْكَبِيرِ

Lord of the flowing seas, Lord of the great intercessor and brilliant light, Lord of the Tawrat and Injil, and the grand Furqan (criterion).

وَالنُّورِ الْعَزِيزِ وَرَبِّ التَّوْرَةِ وَالْإِنْجِيلِ وَالزَّبُورِ وَالْفُرْقَانِ
الْعَظِيمِ

You are the only God of the heavens and the earth.

أَنْتَ إِلَهٌ مَنْ فِي السَّمَاوَاتِ وَإِلَهُ مَنْ فِي الْأَرْضِ -

There is no other god save you. You are powerful over everything in the heavens and earth. There is no powerful save You. You are the owner of the heavens and earth. There is no owner save you.

لَا إِلَهَ فِيهِمَا غَيْرُكَ وَأَنْتَ مَلِكٌ مَنْ فِي السَّمَاوَاتِ

وَمَلِكٌ مَنْ فِي الْأَرْضِ لَا مَلِكَيْنِهَا غَيْرُكَ

I beseech you through your great name, your brilliant superior being, your ever existing kingdom

أَسْأَلُكَ بِاسْمِكَ الْكَبِيرِ وَنُورِ وَجْهِكَ الْمُنِيرِ وَبِمَلِكِكَ الْقَدِيمِ

O Ever living, O Self-Subsisting, O Ever living, O self Subsisting.

يَا حَيُّ يَا قَيُّوْمُ يَا حَيُّ يَا قَيُّوْمُ يَا حَيُّ يَا قَيُّوْمُ

I beseech you in thy name that illuminates everything

أَسْأَلُكَ بِاسْمِكَ الَّذِي أَشْرَقَ بِهِ كُلُّ شَيْءٍ

and by thy name that radiates in the heavens and earth,

وَبِاسْمِكَ الَّذِي أَشْرَقَتْ بِهِ السَّمَاوَاتُ وَالْأَرْضُ

thy name which sets the people of all times on the right path from the foremost to the last.

وَبِاسْمِكَ الَّذِي صَلَحَ بِهِ الْأَوْلُونَ وَبِهِ يَصْلَحُ الْآخِرُونَ

O Ever Living who was there before anything else. O Ever Living who is ever existing when no life shall exist.

يَا حَيُّ قَبْلَ كُلِّ حَيٍّ وَيَا حَيُّ بَعْدَ كُلِّ حَيٍّ

O Ever Living there is no god save You. Peace be upon Mohammed and his progeny.

وَيَا حَيُّ لَا إِلَهَ إِلَّا أَنْتَ صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ

Forgive me my sins, make my affairs easy, and the reappearance near

وَاعْفِرْ لِي ذُنُوبِي وَاجْعَلْ لِي مِنْ أَمْرِي يُسْرًا وَفَرَجًا قَرِيبًا

and keep us firm in the religion of Mohammed and family of Mohammed, on the guidance of Mohammed and family of Mohammed, on the sunnah of Mohammed and his family, peace be upon him and his family.

وَثَبِّتْنِي عَلَى دِينِ مُحَمَّدٍ وَآلِ مُحَمَّدٍ وَعَلَى سُنَّةِ مُحَمَّدٍ وَ

آلِ مُحَمَّدٍ عَلَيْهِ وَالْعَلَيْهِمُ السَّلَامُ

Make my deeds lofty and accepted.

وَاجْعَلْ عَمَلِي فِي الْمَرْفُوعِ الْمُتَقَبَّلِ

Bestow upon me like you have granted your pious and obedient servants.

وَهَبْ لِي كَمَا وَهَبْتَ لِأَوْلِيَائِكَ وَأَهْلِ طَاعَتِكَ

For surely I am a believer in you, trusting in you,

فَإِنِّي مُؤْمِنٌ بِكَ وَمُتَوَكِّلٌ عَلَيْكَ

turning repentantly to you, to you is my journeys end.

مُنِيبٌ إِلَيْكَ مَعَ مَصِيرِي إِلَيْكَ وَ تَجْمَعُ لِيْ

Gather for me and for my family and my parents all good

وَ تَجْمَعُ لِيْ وَ لِأَهْلِيْ وَ وَٰلِدِيْ الْخَيْرَ كُلَّهُ

and remove for me , my family and parents all evil.

وَ تَصْرِفُ عَنِّيْ وَ عَنْ وَٰلِدِيْ وَ أَهْلِيْ الشَّرَّ كُلَّهُ

You are the compassionate, the supporter and the originator of the heavens and the earth.

أَنْتَ الْحَنَّانُ الْمَنَّانُ بَدِيعُ السَّمَاوَاتِ وَالْأَرْضِ

Give me the best that you wish and protect me from Your Grace

تُعْطِي الْخَيْرَ مَنْ تَشَاءُ وَ تَصْرِفُهُ عَمَّنْ تَشَاءُ فَاْمَنْنُ عَلَيَّ

بِرَحْمَتِكَ

O Kind and compassionate.

يَا أَرْحَمَ الرَّاحِمِينَ.

It is recommended to say the following *at the first bite of the food with which the fasting is broken:*

In the Name of Allah; the All-beneficent, the All-merciful.

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ،

O the Liberal in forgiving: (please do) forgive me.

يَا وَاسِعَ الْمَغْفِرَةِ اغْفِرْ لِيْ.

Forgiveness of Almighty Allah is the reward of saying this supplication.

It is recommended to give alms at the time of breaking the fast and to offer food to the other fasters even if with a single date and a drink of water. Concerning this, the Holy Prophet (a.s) is reported to have said, “Verily, anyone who offers food for a faster in Ramaḍān will have the same reward that is decided for the faster without having any amount of his reward reduced and will have the same reward of acting good deeds according to the power of that food.”

‘Allāmah al-Ḥilliy, in ‘*al-Risālah al-Sa`diyyah*’, has narrated that Imam Ja`far al-Ṣādiq (a.s) said, “As for any believer who feeds another believer with a single bite of food in Ramaḍān, Almighty Allah will decide for him the reward of manumitting thirty believing slaves and will decide for him response of his prayer.”