The Invocation of Shabaniyah

Munajat-e-Shabaniyah

المناجاة الشعبيانية

Press SPACEBAR or ENTER key on the Keyboard or use mouse click to move along the slides.

For any errors/comments please write to: rehanL@hotmail.com.

Kindly recite Sura E Fatiha for Marhumeen of all those who have worked towards making this small work possible.
The supplication of the month of Shaaban, the famous Munajat (elegy) has been narrated by the Commander of Faithful Imam Ali A.S. and is one of the most precious mystic supplication. This supplication contains special etiquette and manners of servant-hood; the manners how to face God Almighty; how to beseech him, how to tell him about heart's secrets; how to open tongue for offering apologies and how to remain hopeful. Also, in this supplication, the meanings of interpretation of God's countenance (Laqa), God's witnessing (Shahood),
God's nearness (Qurb) has been described in a delicate manner, which do not leave doubt or confusion for those who are double minded, and those who do not want to believe.

Regarding self awareness which preliminary for Alláh's Ma'refat, this Munajat contains most meaningful and surprising points.

The recitation of this supplication, especially during the Holy Month of Shabaan as well as through out the year has been strongly recommended.
O Alláh send Your blessings on Muhammad and the family of Muhammad.
بِسْمِ الْلَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Alláh the Beneficent, the Merciful.
My Lord, bestow Your blessings on Muhammad and his descendants;
respond to my prayer when I pray to You;
وَأَسِمَّعُ نِدَايِي إِذَا نَادَيْتُكَ،

listen to my call when I call You;
وَأَقْبِلْ عَلَيْ إِذَا نَاجِبِتُكَ،

and turn to me when I make my submission to You in confidence.
I have come running to You
and am standing before You
imploring You in humility
راجِیاً لِما لَدِیکَ تَوْابِی،

and hoping to get the reward You have for me.
You know what is in my heart,
وَتَحْبُرُ حاجِتِي،

and You are aware of what I need.
You know my mind
and are not unaware of my future and of my present,
وَما أُرِيدُ أَنْ أُبْدِيَ بِهِ مِنْ مَنْطِقِي،
of what I want to begin my speech with;
وتأتَّفَوَّهُ بِهِ مِنْ طَلَبَتِي،
of the request I would utter,
and of the hopes I have in regard to my ultimate lot.
My Lord, whatever You have destined for me is bound to come;
فيما يَكُون مِنَ مِنِي إِلَى أَخِرِ عُمْرِي

up to the end of my life,
whether concerning the open aspect of my life or the hidden aspect of it.
What is to my advantage and what is to my disadvantage - all my losses and gains are in Your hand, not in the hand of anybody else.
My Lord, if You deprive me, who else will provide me;
and if You let me down, who else will help me?
My Lord, I seek Your protection from Your anger and from earning Your displeasure.
إليهٔ إِنْ َكْنِتْ غَيْرَ مُسْتَأْهِلٍ لِرَحْمَتِكَ
If I am not fit for gaining Your Mercy,
You are certainly fit to be generous to me by virtue of Your Magnanimity.
My Lord, I see as if I am standing before
وَقَدْ أَظْلَلَّهَا حُسْنُ تَوَكُّلِي عَلَيْكَ،
You protected by my trust in You
You said what befitted You
وَتَغَمَّدْتَنِي بِعَفْوِكَ،

and covered me with Your forgiveness.
My Lord, if You forgive me, then who is more suited than You to do that?
If the time of my death has come near
and my deeds have not still brought me close to You,
I make this confession of my sins a means of approaching You.
I have been unjust to my soul for I have not looked after it.
It will certainly be doomed if You do not forgive it.
My Lord, You have always been kind to me during my life time.
Therefore do not cut off Your favour from me at the time of my death.
My Lord, how can I lose the hope of Your looking kindly, in me after my death,
when you have always been good to me during my life.
My Lord, in my case do what befits You
وَعَدْ عَلَيْ بِفَضْلِكَ

and bestow Your favour on me
- a sinner enwrapped in his ignorance.
My Lord, You have concealed many of my sins in this world.
I am in a greater need of their being conceded in the next.
As You have not revealed my sins even to any of Your pious bondmen,
do not expose me on the Day of Resurrection before everybody.
My Lord, Your generosity has expanded my aspiration,
Wo'ufuk afzal min umali,

and Your forgiveness is superior to my deeds.
إِلَهِيَ فَسُرِّئِني بِلِقَائِكَ

Therefore gladden my heart by allowing me to meet You
yōm taqṣiṣī fīh bīn 'abdāk,
on the day You administer justice to Your bondmen.
My Lord, my apology to You is the apology of him who cannot afford his apology being not accepted.
Therefore accept my apology, You the Most Magnanimous of those to whom the evildoers tender their apology.
My Lord, do not turn down my request;
do not foil my desire;
وَلا تَقْطَعْ مِنْكَ رَجَاءٍ وَآمَلِي،

and do not cut off my hope and expectation of You.
My Lord, if You had wanted to disgrace me, You would not have guided me;
and if You had wanted to expose my faults and vices, You would not have kept me safe and sound.
My Lord, I do not think that You will turn down my request for that in asking You for which I have spent my whole life.
My Lord, all praise is due to You, always and forever,
بِزيذٍ ولا يَبٌيدُ
growing not diminishing,
كَما يُحِبُّ وَتَرْضِي،

as You like and please.
My Lord, if You condemn me for my crimes, I will cling to Your forgiveness,
and if You hold me for my sins, I will cling to Your granting pardon.
If You haul me into the hell, I will tell its inmates that I love You.
My Lord, if my deeds are too small in relation to how I should obey You,
my aspirations are high enough as compared to what I should expect of You.
My Lord, how can I go away from You unsuccessful and disappointed,
when I had a high hope that You will be kind enough to send me away enjoying safety and deliverance.
My Lord, I have wasted my life committing the crime of forgetting You
and played havoc with my youth, intoxicated with keeping myself away from You.
My Lord, I did not wake up when I was under a delusion about You
and was inclined to earn Your displeasure.
My Lord, I am Your bondman, son of Your bondman. I am standing before You,
trying to use Your own magnanimity as a means of approaching You.
My Lord, I am a bondman of Yours, I want to rid myself
of the sins I used to commit in Your presence because I lacked the sense of feeling ashamed that You were looking at me.
I request You to forgive me, because forgiveness is a characteristic of Your Kindness.
My Lord, I was not strong enough to move away from Your disobedience,
except when You awakened me to Your love.
I was exactly as You wanted me to be.
I am thankful to You for introducing me to Your Kindness
Walitehier Qilbi min 'Awasa 'ul-gafila 'unak,

and purging my heart of the impurities of being inattentive to You.
My Lord, look upon me as the person whom You called and he responded to You,
whom You helped by using his services, and he obeyed You.
You Near One, Who is not far from one who is away from You.
You Munificent, Who does not withhold His reward from one who hopes for it.
My Lord, provide me with a heart, the passion of which may bring it near You,
لساناً يَرْفَعُ إلَيْكَ صِدْقَهُ،

with a tongue the truth of which may be submitted to You,
and with a vision the nature of which may bring it close to You.
إِلَهِي إِنِّي مَنْ تَعْرِفَ بِكَ غَيْرُ غَيْبِ مَجِهُوْل

My Lord, whoever gets acquainted with You, is not un-known;
whoever takes shelter under You, is not disappointed;
وَمَنْ أَقْبَلْتَ عَلَيْهِ غَيْرُ مَمْلُوْلٍ،

and one to whom You turn, is not a slave.
One who follows Your path is enlightened;

إِلَهِي إِنَّ مَن انتَهَجَ بِكَ لَمُسْتَنَبِرٌ
 وإنَّ مَنِ اغْتَصَمَ بِكِ لَمُسْتَجِيرٌ،

and one who takes refuge in You, is saved.
My Lord, I have taken refuge in You.
فلا تُخَيِّبِي ظَنِّي مِنْ رَحْمَتِكَ،

Therefore do not disappoint me of Your Mercy
وَلَا تَحْجِبْنِي عَنْ رَأْفَتِكَ،

and do not keep me secluded from Your Kindness.
My Lord, place me among Your friends
in the position of one who hopes for an increase in Your love.
إلهي وآلهُمْني وَلَهاً بِذِكْرَكَ إِلِى ذِكْرِكَ

My Lord, inspire me with a passionate love of remembering You so that I may keep on remembering You,
and by Your Holy Name and Pure Position cherish my cheerful determination into a success.
My Lord, I invoke You to admit me to the place reserved for those who obey You,
وَالأَمْثَلُ لِلصَّالِحِ مِنْ مَرْضَاتِكَ،

and to attach me to the nice abode of those who enjoy Your good pleasure
فَأَنَّى لَا أَقْدِرُ لِنَفْسِي دَفْعَاً،
I can neither defend myself
Munáját-e-Shábániyáh

Wala Amlika lâ hâ naqâ'a,

nor do I control what is advantageous for me.
My Lord, I am Your powerless sinning slave
وَمَمْلُوكُكَ الْمُنِيبُ،

and Your repentant bondman.
 فلا تجعلني ممن صرفت عنه وجهاً
So do not make me one of those from whom You turn away Your face,
and whom his negligence has secluded from Your forgiveness.
My Lord, grant me complete severance of my relations with everything else and total submission to You.
Enlighten the eyes of our hearts with the light of their looking at You
to the extent that they penetrate the veils of light
and reach the Source of Grandeur,
and let our souls get suspended by the glory of Your sanctity.
My Lord, make me one of those whom You call and they respond;

إِلَهِي وَأَجْعَلْني مِمَّنْ نَادَيْتَهُ فَأَجَابَكَ،

Munáját-e-Shábániyáh
when You look at and they are thunderstruck by Your majesty.
You whisper to them secretly and they work for You openly.
My Lord, I have not allowed my pessimistic despair to overcome my good opinion about You,
nor did I ever lose my hope of Your benevolence.
My Lord, if my errors have degraded me with You,
فَأَصْفَخْ عَلَيٌ بِحُسْنِ تَوَكُّلِي عَلَيْكَ،

You may forgive me in view of my unqualified reliance on You.
My Lord, if my sins have made me unfit to receive Your tender affection,
my firm belief has reminded me of Your Compassion.
My Lord, if my disregard for preparations to meet You has put me to sleep,
my knowledge of Your kind bounties has awakened me.
My Lord, if Your severe punishment calls me to Hell,
فَقَدْ دَعَانِي إِلَى الْجَنَّةِ جَزِيلًٌ ثَوَابًاً

the abundance of Your reward invites me to Paradise.
My Lord, I ask You and pray to You earnestly, I desire and request You...
to show Your favour to Muhammad and his descendants,
make me one of those who always remember You
and never violate the pledge they make to You,
who do not fail to show You their gratitude
وَلَا يَسْتَخْفِبْ بَأَمْرِكَ،

and do not take Your orders lightly.
My Lord, let me be attached to the Light of Your Majestic Glory,
فَأَكُونَ لَكَ عارِفاً،
so that I may know You alone,
وَعَنْ سَوَاءَكَ مُنْحَرِفًا،

be away from others,
and have a heart fearful of You and an eye watchful of You.
Oh the Lord of glory and honour.
May Alláh's blessing and peace be on Muhammad and those of his descendants who are pure.
اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَ آلِ مُحَمَّدٍ

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Recommended acts in the Month of Sh'aban

FAST - (specially on Thursdays and Mondays)
SADQA - (the charity given in month is said to grow to the size of the Mount of Uhud. It is especially recommended to give Sadqa for the safety of our Imam-e-Zamana (ATFS)
ISTIGHFAR - to repent ones past sins.
RECONCILING - the resolved difference between the Moomineen.
RECITING - SALAWAAT and QU'RAN as often as possible.
PARENTS - being good to your parents.
SPENDING - as much time as possible in IBADAT instead of unnecessary TALK.
FORGIVING - DEBTS that is due on you from am Momin who is unable to repay it.
RE-PAYING - your DEBTS if you are able to do so.