

## Special prayer on Sundays in Dhu'l-Qa`dah www.Duas.org

The month of Dhu'l-Qa`dah is the first of the Sacred Months to which Almighty Allah has referred in the Holy Qur'ān. Sayyid Ibn Tāwūs defines this month as the month of responding to the prayers in hardships. The Holy Prophet (ﷺ) is reported as having mentioned a great reward for those who offer a **special prayer on Sundays in Dhu'l-Qa`dah**, adding that their repentance would be accepted, their sins forgiven, their rivals made pleased with them on the Resurrection Day, caused to die on true faith, given the true religion, granted expansion and light in the grave, the parents made pleased with them, their parents and offspring had their sins forgiven, provided with expansive sustenance, and granted lenience of the Angel of Death and easiness of their souls leaving their bodies.

The method of this prayer is that one take Ghusl on Sunday, do the ritual ablution (*wuḍū'*), and offer a **four-unit prayer** in each unit of which

Sūrah *al-Fātiḥah* is recited once,

Sūrah *al-Tawḥīd* repeated **three** times,

Sūrahs *al-Falaq* and *al-Nās* recited once each.

After that, the statement of forgiveness saying, *astaghfirullāh* is repeated one hundred times,

and, finally, the following statement is said:

There is no power and no strength except with Allah, the Most High, the All-great.

lā ḥawla wa lā quwwata illā billāhi al`aliyyi al`azīmi

لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ  
الْعَظِيمِ

After that, the following is said:

O Almighty! O All-forgiving!

yā `azīzu yā ghaffāru

يَا عَزِيزُ يَا غَفَّارُ

(Please) forgive my sins and the sins of all believing men and women,

ighfir lī dhunūbī wa dhunūba jamī`i almu'minīna walmu'mināti

أَغْفِرْ لِي ذُنُوبِي وَذُنُوبَ

جَمِيعِ الْمُؤْمِنِينَ وَالْمُؤْمِنَاتِ

for none can forgive sins save You.

fa'innahū lā yaghfiru aldhunūba illā anta

فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ

From the 1<sup>st</sup> of Zilqada to 10<sup>th</sup> of Zilhijja are the days of Arbaeen-e-Kalimiyyah. These are the forty days when Nabī Musa (as) went on Mount Tur for Munajat from Allah (swt). Initially it was to be for 30 days, another 10 days were added to make it 40 days as mentioned in Sura A'araaf - Aayat 143. **During these days recitation of 'LAA ILAAHA ILLALLAAH'** is mustahab and very much stressed. (Source: Tazkiye Nafs by Ayatullah Misbah Yazdi)