

Zilqad month – Sunday 4 Rakat Salaat

The Holy Prophet (ﷺ) is reported as having mentioned a great reward for those who offer a **special prayer on Sundays in Dhu'l-Qa`dah**, adding that their repentance would be accepted, their sins forgiven, their rivals made pleased with them on the Resurrection Day, caused to die on true faith, given the true religion, granted expansion and light in the grave, the parents made pleased with them, their parents and offspring had their sins forgiven, provided with expansive sustenance, and granted lenience of the Angel of Death and easiness of their souls leaving their bodies.

The method of this **special prayer on Sundays in Dhu'l-Qa`dah**, is that one should bathe oneself (ghusl) on Sunday, do the ritual ablution (wuḍū'), and offer a **four-unit prayer** in each unit of which Sūrah al-Fātiḥah is recited once,

Sūrah al-Tawḥīd repeated **three** times, + Sūrahs al-Falaq and al-Nās recited once each.

After that, the statement of imploring for forgiveness (Istighfār: saying, **astaghfirullāh**) is repeated **70 times**,

and, finally, the following statement is said:

There is no power and no strength except with Allah, the Most High, the All-great.

lā ḥawla wa lā
quwwata illā billāhi
al`aliyyi al`aẓīmi

لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ

After that, the following is said:

O Almighty! O All-forgiving!

yā `azīzu yā
ghaffāru

يَا عَزِيزُ يَا غَفَّارُ

(Please) forgive my sins and the sins of all believing men and women,

ighfir lī dhunūbī wa
dhunūba jamī`i
almu'minīna
walmu'mināti

أَغْفِرْ لِي ذُنُوبِي وَذُنُوبَ جَمِيعِ
الْمُؤْمِنِينَ وَالْمُؤْمِنَاتِ

for none can forgive sins save You.

fa'innahū lā yaghfiru
aldhdhunūba illā
anta

فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ

From the 1st of Zilqada to 10th of Zilhijja are the days of Arbaeen-e-Kalimiyyah. These are the forty days when Nabi Musa (as) went on Mount Tur for Munajat from Allah (swt). Initially it was to be for 30 days, another 10 days were added to make it 40 days as mentioned in Sura A'araaf - Aayat 143. **During these days recitation of 'LAA ILAAHA ILLALLAAH'** is mustahab and very much stressed. (Source: Tazkiye Nafs by Ayatullah Misbah Yazdi)