

Dua Allahumma Man taaba اللَّهُمَّ مَنْ تَعَبَّ وَتَهَيَّأَ

Shaykh al-Tūsi, Sayyid Ibn Ṭāwūs, al-Kaf`amī, and Sayyid Ibn Bāqī have recorded that it is recommended to say the following prayer on Fridays and at Friday nights and on the day and night of `Arafāt (the ninth of Dhu'l-Hijjah). the supplication cited is as quoted from Shaykh al-Tūsi's book of *al-Miṣbāḥ*:

O Allah, One may call up, prepare,	اللَّهُمَّ مَنْ تَعَبَّ وَتَهَيَّأَ
ready oneself, and stand prepared	وَأَعَدَّ وَأَسْتَعَدَّ
for purpose of coming to a creature	لِوَفَادَةٍ إِلَىٰ مَخْلُوقٍ
in the hope of gaining his aid	رَجَاءَ رَفْدِهِ
and asking for his gift and present.	وَطَلَبَ نَائِلِهِ وَجَائِزَتِهِ
As for myself, to You—O my Lord—I make my preparations and readiness	فَالَيْكَ يَا رَبِّ تَعَبَيْتِي وَأَسْتَعْدَادِي
hoping for Your pardon	رَجَاءَ عَفْوِكَ
and asking for Your gift and present.	وَطَلَبَ نَائِلِكَ وَجَائِزَتِكَ
So, (please) do not disappoint my entreaty.	فَلَا تُخَيِّبْ دُعَائِي
O He Who never disappoints His beseechers	يَا مَنْ لَا يَخَيِّبُ عَلَيْهِ سَائِلٌ
and Whose prizes never decrease His ample-giving!	وَلَا يَنْقُصُهُ نَائِلٌ
I have not come to You with confidence of a righteous deed that I have done nor have I had any hope in a grant of any creature.	فَإِنِّي لَمْ آتِكَ ثِقَةً بِعَمَلٍ صَالِحٍ عَمِلْتُهُ وَلَا لِوَفَادَةٍ مَخْلُوقٍ رَجَوْتُهُ
Rather, I have come to You professing myself to be evildoer and transgressor and confessing that I lack any pretext or excuse.	أَتَيْتُكَ مُقِرًّا عَلَىٰ نَفْسِي بِالْإِسَاءَةِ وَالظُّلْمِ مُعْتَرِفًا بِأَنْ لَا حُجَّةَ لِي وَلَا عُدْرَ
I have come to You hoping for Your great pardon	أَتَيْتُكَ أَرْجُو عَظِيمَ عَفْوِكَ
due to which You have pardoned the wrongdoers.	الَّذِي عَفَوْتَ بِهِ عَنِ الْخَاطِئِينَ
Hence, their long-lasting retirement to their grave offenses has not prevented You	فَلَمْ يَمْنَعَكَ طَوْلُ عُكُوفِهِمْ عَلَيَّ عَظِيمِ الْجُرْمِ
from turning to them with mercy.	أَنْ عُدْتَ عَلَيْهِمْ بِالرَّحْمَةِ

O He Whose mercy is huge فَيَا مَنْ رَحْمَتُهُ وَاسِعَةٌ
and Whose pardon is great; وَعَفْوُهُ عَظِيمٌ
O All-great, O All-great, O All-great; يَا عَظِيمٌ يَا عَظِيمٌ يَا عَظِيمٌ
nothing can repel Your rage except Your لَا يَرُدُّ غَضَبَكَ إِلَّا حِلْمُكَ
forbearance
and nothing can save from Your wrath وَلَا يُنْجِي مِنْ سَخَطِكَ إِلَّا التَّضَرُّعُ إِلَيْكَ
except imploring earnestly to You.
So, my God, (please) grant me a relief فَهَبْ لِي يَا إِلَهِي فَرَجًا
in the name of the power through which بِالْقُدْرَةِ الَّتِي تُحْيِي بِهَا مَيِّتَ الْبِلَادِ
You restore to life the derelict lands,
and do not cause me to perish out of وَلَا تُهْلِكْنِي غَمًّا حَتَّى تُسْتَجِيبَ لِي
grief until You respond to me
and show me signs of Your response to وَتُعَرِّقْنِي الْإِجَابَةَ فِي دُعَائِي
my prayers.
(please) Make me taste the flavor of وَادْفِنِي طَعْمَ الْعَافِيَةِ إِلَى مُنْتَهَى الْجَلِي
wellbeing up to the end of my lifetime,
do not make my enemies gloat over me, وَلَا تُشْمِتْ بِي عَدُوِّي
do not give them a hand over me, وَلَا تُسَلِّطْهُ عَلَيَّ
and do not make them control over me. وَلَا تُمَكِّنْهُ مِنْ عُنُقِي
O Allah, If You humiliate me, who can اللَّهُمَّ إِنْ وَضَعْتَنِي فَمَنْ ذَا الَّذِي يَرْفَعُنِي
then exalt me?
And if You exalt me, who can then وَإِنْ رَفَعْتَنِي فَمَنْ ذَا الَّذِي يَضَعُنِي
humiliate me?
If You annihilate me, who can then وَإِنْ أَهْلَكْتَنِي فَمَنْ ذَا الَّذِي يَعْزِضُ لَكَ
interfere before You concerning the فِي عَبْدِكَ
affair of me—Your slave
or who can intercede to ask You about أَوْ يَسْأَلُكَ عَنْ أَمْرِهِ
it?
I have already known for sure that Your وَقَدْ عَلِمْتُ أَنَّهُ لَيْسَ فِي حُكْمِكَ ظُلْمٌ
decrees are devoid of injustice
and Your punishment does not count on وَلَا فِي نَقْمَتِكَ عَجَلَةٌ
immediateness.
Verily, immediateness is the work of وَإِنَّمَا يَعْجَلُ مَنْ يَخَافُ الْفَوْتَ
him who fears lest he may miss,
and only do the weak need injustice. وَإِنَّمَا يَحْتَاجُ إِلَى الظُّلْمِ الضَّعِيفُ
As for You, O my God, You are too وَقَدْ تَعَالَيْتَ يَا إِلَهِي عَنْ ذَلِكَ عُلُوًّا كَبِيرًا
exalted to be so—Exalted and Great You
are beyond all measure!
O Allah, I take refuge in You; so, (please) اللَّهُمَّ إِنِّي أَعُوذُ بِكَ فَا عِدْنِي
have protection upon me!

I call for Your safekeeping; so, (please)
keep me under Your security!

وَاسْتَجِيرُ بِكَ فَاجِرْتِي

I appeal for Your sustenance; so,
(please) provide me with sustenance!

وَاسْتَرْزُقْكَ فَأَرْزُقْنِي

I put trust in You; so, (please) keep me
under Your supervision!

وَآتَوَكَّلُ عَلَيْكَ فَأَكْفِنِي

I call for Your aid against my enemy; so,
(please) grant me support!

وَاسْتَنْصِرْكَ عَلَيَّ عَدُوِّي فَأَنْصُرْنِي

I seek Your assistance; so, (please)
assist me!

وَاسْتَعِينْ بِكَ فَأَعِينِي

I ask for Your forgiveness; so, (please)
forgive me.

وَاسْتَغْفِرْكَ يَا إِلَهِي فَأَغْفِرْ لِي

So, respond! Respond! Respond!

آمِينَ آمِينَ آمِينَ

Seventh: It is highly recommended to say the famous prayer [Du`ā' Kumayl](#).

Eighth: It is also recommended to say the supplication to be said at the `Arafāt Night, [allāhumma yā shāhida kulli najwā](#)

Ninth: It is recommended to repeat the following prayer **ten times:**

O He Who is ever-Favorer
on the beings!

yā dā'ima alfaḍli
`alā albariyyati

يَا دَائِمَ الْفَضْلِ عَلَيَّ
الْبَرِيَّةِ

O He Who is openhandedly
Bestower of gifts!

yā bāsiṭa aliyadayni
bil`aṭiyyati

يَا بَاسِطَ الْيَدَيْنِ بِالْعَطِيَّةِ

O He Who is the Giver of
sublime donations!

yā ṣāhiba almawāhibi
alssaniyyati

يَا صَاحِبَ الْمَوَاهِبِ
السَّنِيَّةِ

Bless Muḥammad and his
Household,

ṣalli `alā muḥammadin wa
ālihī

صَلِّ عَلَيَّ مُحَمَّدٍ وَآلِهِ

the best of all creatures in
traits,

khayri alwarā sajiyyatan

خَيْرِ الْوَرَى سَجِيَّةً

and forgive us, O Lord of
Highness,

waghfir lanā yā dhal`ulā

وَاعْفِرْ لَنَا يَا ذَا الْعُلَى

at this evening.

fī hādhihī al`ashiyyati

فِي هَذِهِ الْعَشِيَّةِ