...and marry those among you who are single and those who are fit among your male slaves and your female slaves; if they are needy, Allah will make them free from want out of His grace; and Allah is ample-giving, knowing. (Al-Noor  24:32)
SPOUSE SELECTION

ALSO BY SHEIKH ALI AZIM SHIRAZI

SELF-RECOGNITION (WORKBOOK)
SELF-RECOGNITION (P.P.T.)
EXISTING WORLD VIEWS (P.P.T.)

SPOUSE SELECTION LEVEL (1, 2 P.P.T.)
SPOUSE SELECTION (BOOK)
SPOUSE SELECTION (WORKBOOK)
SPOUSE SELECTION CD’S

PRE-MARRIAGE PREPARATION (Q&A BOOK)
PRE-MARRIAGE PREPARATION (WORKBOOK)
PRE-MARRIAGE PREPARATION CD’S

AN INTRODUCTION TO MARITAL LIFE IN ISLAM (P.P.T.)
AN INTRODUCTION TO MARITAL LIFE IN ISLAM (BOOKLET)

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SUCCESSFUL FAMILY CD’S
SUCCESSFUL FAMILY LEVEL (1, 2, 3, P.P.T.)

BALANCED FAMILY (P.P.T)
BALANCED FAMILY CD’S

IDEAL FAMILY (P.P.T)
POST MARRIAGE PROBLEMS LEVEL (1, 2, 3, 4 & 5, P.P.T.)
FACTORS OF CHILD UP-BRINGING LEVEL (1, 2, 3 P.P.T.)

aliazimshirazi@yahoo.com
Introduction

In the name of Allah, the Beneficent, the Merciful

O’ Allah, send Your blessings upon Muhammad (s.a.w.) & his Progeny

Spouse selection workbook is based on the reality that it is not only important to strengthen the rational, emotional and spiritual aspect of your personality but, also to guide you in such a way that, you may select a lifetime suitable match for yourself. And not only be happy in fulfilling your duties and responsibilities towards your spouse, but also be prepared constructively for future challenges and conflicts that everyone will inevitably face at some point in their marriage.

The first thing you need to be prepared to be a reasonably mature, emotionally healthy, and spiritually committed spouse. Second, you need to select a mate who is ready to be a reasonably mature, emotionally healthy, and spiritually committed spouse. And third, you need to be willing to face our needs to grow and become better person and well-adjusted marriage partner.

I pray to Almighty Allah that this work-book may prove as useful and helpful for seekers of the true soul mates. I would like to express my gratitude to all respected brothers & sisters who, in a way or another, helped me to compile this workbook. May Almighty Allah grant them the reward through the progeny of His Prophet (s.a.w.), both in this world and the world to come, Elahiameen.

Sheikh Ali Azim Shirazi
Marry those among you who are single, or the virtuous ones among your slaves, male or female: if they are in poverty, Allah will give them means out of His grace: for Allah encompasses all, and He knows all things.

(Surah Al-Noor, 24:32)

HADITH

The Holy Prophet (S.A.W.) said: there has not been created any institution in Islam which is more favoured and dearer to Allah than marriage.

(Al Mustadrak)
SPOUSE SELECTION PREPARATION QUESTIONS

The purpose of our questions is to get your mind working as you answer the questions, hoping that the questions that are asked will inflict some light in your thinking and help you to come up with even more questions that are specific to you and your circumstances.

➢ ARE YOU ELIGIBLE TO MARRY? HOW?
SPOUSE SELECTION

➤ WHAT DO YOU THINK IS THE MOST IMPORTANT INGREDIENT TO HAVE IN A GOOD MARRIAGE?

➤ ARE YOU GETTING MARRIED BECAUSE YOU WANT TO OR BECAUSE YOU THINK THAT YOU SHOULD?

➤ WHAT IS YOUR BASIC OBJECTIVE OF GETTING MARRIED?

➤ WHAT SHOULD YOU LOOK FOR IN YOUR LIFE PARTNER?
SPOUSE SELECTION

- WHAT IS THE RIGHT TIME AND AGE TO GET MARRIED? AND WHY?

- WHAT PLANS DO YOU HAVE FOR YOUR MARITAL LIFE?

- WHAT ARE THE ADVANTAGES OF GETTING MARRIED?

- DO YOU THINK WITHOUT PREPARATION MARRIAGE CAN BE SUCCESSFUL?
HOW CAN ONE PREPARE HIMSELF/HERSELF FOR SUCCESSFUL MARITAL LIFE?
And one of his signs is that he created mates for you from yourselves that you may find rest in them, and he put between you love and compassion; most surely there are signs in this for a people who reflect.

(Al-Room 21)

Nature has so arranged that man and woman are attracted towards each other. This natural attraction binds them together and leads them to live a common life and form a family. This natural tendency or the instinct of sex, like any other instinct, should be guided to the right direction so that it may be utilized in the service of humanity.

On life of husband and wife originates from sex instinct, yet gradually it develops into a sort of deep spiritual, sentimental, social and economic relationship.
PERSONALITY TYPES

Some people are quite well-adjusted, while others are not. Well-adjusted people would look something like this:

**Optimistic rather than negative and pessimistic.**

**Realistic rather than unrealistic.**

**Respectful rather than disrespectful.**

**Organized rather than unorganized.**

**Happy rather than depressed.**

**Able to communicate rather than hidden.**

**Sensitive to others rather than insensitive.**
PERSONALITY TYPES

FLEXIBLE RATHER THAN RIGID AND CONTROLLED.
PATIENT RATHER THAN IMPATIENT.
HONEST TO OTHERS RATHER THAN MANIPULATIVE.
SECURE RATHER THAN INSECURE.
HUMBLE RATHER THAN PROUD.
THOUGHTFUL RATHER THAN IMPULSIVE
GOOD SELF-ESTEEM RATHER THAN LOW SELF-ESTEEM.
OBJECTIVE RATHER THAN SUBJECTIVE.
RESPONSIBLE RATHER THAN IRRESPONSIBLE.
SYMPATHETIC AND CARING RATHER THAN UNSYMPATHETIC.
SELF-AWARE AND OPEN RATHER THAN DEFENSIVE.
IN YOUR OPINION

➢ ARE YOU QUITE WELL-ADJUSTED?

➢ ARE YOU COMFORTABLE WITH OTHERS WHEN IT COMES TO SHARE YOUR FEELINGS, IDEAS & PROBLEMS?

➢ DO YOU MAKE FRIENDS EASILY AND LONG LASTING?
DESCRIBE YOURSELF IN TEN LINES

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SPOUSE SELECTION

- WRITE DOWN YOUR AREAS OF STRENGTH & WEAKNESS

- STRENGTH

- WEAKNESS
MAKE A LIST OF POSITIVE HABITS AND ATTITUDE YOU WOULD LOVE TO SEE IN YOUR LIFE PARTNER.

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MAKE A LIST OF NEGATIVE HABITS AND ATTITUDE YOU WOULD HATE TO SEE IN YOUR LIFE PARTNER.

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MAKE A LIST OF FEELINGS THAT ARE MOST PROMINENT IN YOU.

POSITIVE FEELINGS

NEGATIVE FEELINGS
“PLUS 3 FUNDAMENTAL AREAS THAT WILL CRITICALLY CAUSE AN IMPACT IN YOUR MARRIAGE”.

- WHAT ARE THE PRIME CONDITIONS OF GETTING MARRIED IN ISLAM?

- WHAT ARE THE CRITERIA OF SELECTING SPOUSE IN ISLAM?

- WHAT ARE THE AREAS OF COMPATIBILITY?
1) CONDITIONS

ACCORDING TO THE TEACHINGS OF ISLAM, THE PERSON WHO INTENDS TO MARRY SHOULD BE:

- Baligh
- A'qil
- Love & emotions
- Physical fitness
- Socializing
2) CRITERIA

These are the basic four criteria’s which one should focus while he/she is looking for a spouse.

A) SPIRITUAL

FAITH

“Bad women are for bad men and bad men are for bad women. Good women are for good men and good men are for good women”. (Surah Light 24:26)
The first criterion of the selection of a husband or a wife is his or her faith - faith in Islam and the way of life to which it has called humanity. Islamic society is an ideological one. In every such society faith in its ideology is the main orbit of its life. It is the motivating force which pushes that society toward the goals which it has set before it. That is why while devising any social system or law it has to take into consideration all the factors which may strengthen or weaken faith in its ideology.

A man questioned the Prophet of Islam (s.a.w.), "Whom must we marry?" He replied, "The suitable (matches). Who are the suitable matches?" The Prophet (s.a.w.) responded, "Some of the faithful are match for others."

(Wassa'il ash-Shia, vol. 14 p.49)

IMAM SADIQ (A.S.)

"An intelligent and wise woman must not be matched except with a sage and wise man."

With regard to spouse selection, our Prophet (s.a.w.) said, “Do not marry only for the beauty, maybe the beauty becomes the cause of moral decline. Do not marry even for the sake of wealth, maybe the wealth becomes the reason of disobedience; marry rather on the ground of religious devotion and piety."
What is your present spiritual condition?

FAITH__________________________________________
__________________________________________
PURIFICATION________________________________
___________________________________________
PRAYERS______________________________________
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MODESTY_____________________________________
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B) MORALITY

One of the companions of the tenth Imam says:
I wrote a letter to Imam Abu Ja'far, asking him some questions about marriage.
In his reply the Imam wrote:
"The Holy Prophet has said: As soon as a suitor, who is religious and with whose manners you are satisfied, comes to you asking for matrimonial alliance take action to accomplish marriage with him. If you will not do so, you will have deviated from the right path and may be faced with a great crisis".

Another companion of the Imam wrote to him on this very subject. In reply the Imam wrote back:"If you are satisfied with the religiousness and uprightness of a suitor, do marry. Otherwise . . ."
ILL-NATURED

Imam Raza (a.s.) wrote in reply to a person who had asked him if it was advisable to marry his daughter to a person known for his ill nature, "If he is ill-natured (bad tempered), don't marry your daughter to him." The same will apply where the bride-to-be lacks a good nature. Such a woman, though she may be beautiful and rich, would make the life of her husband miserable. She can never be patient in the difficulties that arise in married life.

(Makarim e Akhlaq pg, 203)

WHAT IS YOUR OPINION ABOUT YOUR

ATTITUDE____________________________________

________________________________________________

BEHAVIOR____________________________________

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HUMOROUS____________________________________

________________________________________________
IN YOUR OPINION

➢ DOES RELIGION PLAY AN IMPORTANT PART IN MARITAL LIFE? HOW?

➢ WHAT WILL BE THE IMPACT OF EDUCATION ON MARRIAGE?

➢ WHY IT IS IMPORTANT TO MARRY IN A DECENT FAMILY?
SPOUSE SELECTION

➢ WHAT IS YOUR FINANCIAL GOAL IN LIFE?

➢ DO YOU THINK ONE SHOULD CONSIDER INTELECTUAL AND CULTURAL INTERESTS BEFORE MARRIAGE?

➢ DO YOU THINK PHYSICAL APPEARANCE CAN BE EFFECTIVE IN MARITAL LIFE? HOW?

➢ WHAT ARE THE QUALITIES OF A GOOD HUSBAND?
SPOUSE SELECTION

- WHAT ARE THE QUALITIES OF A GOOD WIFE?

- WHAT ARE THE QUALITIES AND DUTIES OF A GOOD FATHER?

- WHAT ARE THE QUALITIES AND DUTIES OF A GOOD MOTHER?

- ARE YOU PREPARED TO FULFILL YOUR DUTIES AND RESPONSIBILITIES TOWARDS YOUR PROSPECTIVE MATE? HOW?
WHAT SHOULD BE YOUR BASIC APPROACH TO MARRIAGE? AS A TEAM OR AS TWO INDEPENDENT INDIVIDUALS? WHY?
Though religiousness and piety are most important, it does not mean that we totally disregard the physical Appearance and beauty of the prospective spouse.

**Hadith**

*The Holy Prophet (s.a.w.) says, "When one intends to marry a woman, he should ask about her hair, just as he asks about her face (beauty), since the hair is one of the two beauties (of women)."*
The Messenger of Allah (s.a.w.) has given great emphasis on taking into consideration a good family background when we intend to marry. He said, "Marry in the lap of a decent family, since the semen and the genes have effect."

The Holy Prophet (s.a.w.) also said, "Look very carefully and minutely as to where you are placing your child because genes and hereditary qualities are transferred in a concealed and unintentional way and have their effect."
**EVALUATE**

*The Prophet (s.w.t.) says, "Some of the faithful are match for others."*

*(Wassa'il ash-Shia, vol. 14 p.49)*

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**YOURSELF**

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### YOUR PROSPECTIVE MATE

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BEST MEN AS HUSBAND

Islam cares a lot for the woman and urges Muslims to be the best for their families, and wives in particular.

*Hadith*

**Holy Prophet (s.a.w.)** said: “The most perfect Believers in terms of faith are those, who possess the best character and manners. The best among you are those who are best to their women. I, as Allah’s Messenger (s.a.w.), am the best among you to my family”.

**Imam Ali (A.S.)** said: The value of each man depends upon the art and skill which he has attained. Your supremacy over others is proportion to the extent of your knowledge and wisdom.

**Imam Ali (a.s.)** said: A man can be value through his sayings. One who does not realize his own value is condemned to utter failure. (Every kind of complex, superiority or inferiority is harmful to man.)

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HADITH

The Holy Prophet (s.a.w.) stated: “The best of your women is one who perfumes herself, prepares delicious food and would not overindulge in spending. Such a woman is a representative and one of the workforces of Allah, and a person who works for Allah would never be faced with regret or defeat.

Imam Sadiq (A.S.) stated: “There is nothing better in the world than a good wife. And a good wife is the one whose husband becomes glad upon seeing her.”
And consult them in affairs (of moments). Then, when you have taken a decision, put your trust in Allah. For Allah loves those who put their trust (in Him).

(Surah Al-'Imran 3:159)
Prayer & Supplication

IMAM JAFAR AS SADIQ (A.S.)

When a person intends to send a proposal for marriage, he must pray two rakat prayers, praise Allah and recite the following invocation:

```
Bismillah hir Rah'maanir Rah'eem Allaahumma inni oreedo an atazawwaja faqaddirli minannisaa-e- a-'affahunna farjawn wa ah'faz'ahunna li fi nafseha wa maali wa aw sa-a'-ahunna li rizqan wa a'-z'amahunna li barakatan fi nafseha wa maali anna atroko faqaddirli minha waladan t'ayyaban taj-a'lahu khalafan s'aaleh'an fi h'ayaati wa ba'da mauti.
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Transliteration: Bismillah hir Rah’maanir Rah’eem Allaahumma inni oreedo an atazawwaja faqaddirli minannisaa-e- a’affahunna farjawn wa ah’faz’ahunna li fi nafseha wa maali wa aw sa-a’-ahunna li rizqan wa a’-z’amahunna li barakatan fi nafseha wa maali anna atroko faqaddirli minha waladan t’ayyaban taj-a’lahu khalafan s’aaleh’an fi h’ayaati wa ba’da mauti.

Translation: In the name of Allah the Beneficent, the Merciful. O Allah! I intend to marry. Therefore destine for me the chastest of women and one who would, for my sake, guard herself and my property. Who shall be most auspicious for increase in sustenance and bounties? Then from her womb bestow a pure son who would be my sweet reminiscence in my life and after my death.
POINT TO PONDER!

You have grown up in distinctly different families. You have your own thoughts and feelings about marriage, children, religion, sex, work, careers and money management. Each of you has priorities and expectations about the way people should conduct themselves in marriage. Have you openly discussed and evaluated your priorities and expectations?

- *Unexpressed expectations are the seeds of trouble and conflict.*

You will never know everything about the person you’ve chosen to marry. But the more information you have before entering into this commitment, the less chance you will be confronted with unfulfilled expectations.

With the life mate decision, you’re not only marrying a person of the opposite sex, you’re determining:

Your future mother-in-law; your future father-in-law; your children’s grandparents; your children’s other parent; your future nieces and nephews, and all of the rest of your in-laws; where you, and your children, will likely spend Thanksgiving, and birthdays for the next fifty plus years. The success or failure of your marriage impacts a lot of people. Communicate honestly and clearly on these issues. Your extended family for generations to come will be influenced by your discussions and your decisions.
What is your aim in life?

Why are you getting married? The real reason you are getting married?

How would you describe yourself?

What is your parenting philosophy?

What do you as a husband/wife want out of life?

Have you identified you needs and expectations?

What are your need & expectations from your spouse?

Are you willing to sacrifice some of your expectations? If so, which ones?

Do you know the rights and duties of spouses?

How attached are you to your parents & what expectations do they have from you and your wife.

What values do you want to bring from your family into our marriage?
O people! be careful of (your duty to) your Lord, Who created you from a single being and created its mate of the same (kind) and spread from these two, many men and women; and be careful of (your duty to) Allah, by Whom you demand one of another (your rights), and (to) the ties of relationship; surely Allah ever watches over you”.

(Surah The Women 4:01)

“O you believe! Save your selves and your families from the fire whose fuel is men and stones, over which are (appointed) angels stern (and) server, who do not flinch(from executing) the Commands they receive from Allah, but do(precedingly) what they are commanded”.

(Surah Al-Tahrim 66:06)
Our spiritual interests and commitments impact our horizontal relationship as well as our relationship with Allah (s.w.t.). Our spirituality shapes our entire worldview. It influences the way we choose to invest our time. It impacts our resilience in the time of crisis, the friends we choose, our work, and our leisure time. It is a blessing to marry a person who is a committed Muslim, then grow together spiritually through the years. The enrichment He will bring into your marriage can never be fathomed. And the guidance, comfort, and support Allah (s.w.t.) gives you through the years, including the difficult experiences of life are beyond comprehension.

إنّ الْحَكِيْمُ لَيُعَظِّمُكُمْ تَذَّكَّرُونَ

“Allah commands justice, the doing of good and liberality to kith and kin, and He forbids all shameful deeds, and injustice and rebellion: He instructs you, that you may receive admonition.”

(SURAH THE BEE 16:90)
And give women their dowries as a free gift, but if they of themselves be pleased to give up to you a portion of it, then eat it with enjoyment and with wholesome result.

(Nisa 4:04)

The following points are worthy of consideration:

a) Maher must be agreed upon by the marrying partners themselves, not by parents.

b) Maher is her right, to which her husband remains indebted.

c) It is a free gift and not her price.

The Maher may be cash, kind or non-material (like training or teaching something). It can be paid up front or can be in form of promise to pay upon demands decided prior to the solemnization of marriage. Moajjal (immediate), Muwajjal and Indat-talab (on demand). However, it is much recommended to pay it before or at the time of Nikah itself.
No one can be a perfect mate and no one can choose a perfect mate. Allah created marriage to help us mature and grow and He knows every couple will have their share of struggles. But it is tremendously important that we are aware of as many of our areas of compatibility and incompatibility before marriage. And when the potential problems are clearly too great to enable a couple to build a fulfilling, enjoyable, long life together, we need wait until Allah leads us to a compatible mate.

إِنَّا جَعَلْنَا ما عَلَى الأَرْضِ زِينَةً لَّهَا لِنُبَيِّلُوْهُمْ أَيْتَمُّنُ أَحْسَنَ عَمَلٍ

Surely we have made whatever is on the earth an embellishment for it, so that we may try them (as to) which of them is best in works. (Surah The Cave 18:07)
SPouse Selection

Feed Back Form (A)

Date______________

NAME (optional)_________________________________        Age__________

EDUCATION__________________________________           SEX__________

LOCATION___________________________________________________________

EMAIL___________________________________   PHONE___________________

Positive Points_______________________________________________

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Negative Points________________________________________________

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Give Advise________________________________________________

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# FEED BACK FORM (B)

## SPOUSE SELECTION WORK BOOK EVALUATION CHART

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<td>Our duties in Quran</td>
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Thank you

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