

Offer a four-unit prayer 2X2 after which, extend the hands and say this for release from Grief (also for 15 Rajab)

O Allah, O He Who humiliates all the tyrants

اللَّهُمَّ يَا مُدِلُّ كُلِّ جَبَّارٍ

O He Who dignifies the believers!

وَيَا مُعِزَّ الْمُؤْمِنِينَ

Verily, You are my Shelter when all courses mislead me

أَنْتَ كَهْفِي حِينَ تُعِينِي الْمَذَاهِبُ

and You are the Maker of my creation out of Your having mercy upon me,

وَأَنْتَ بَارِيُّ خَلْقِي رَحْمَةً بِي

While You have never needed to create me.

وَقَدْ كُنْتَ عَنْ خَلْقِي غَنِيًّا

Were it not for Your mercy, I would be of those who perish.

وَلَوْ لَا رَحْمَتُكَ لَكُنْتُ مِنَ الْهَالِكِينَ

You are my backer against my enemies,

وَأَنْتَ مُؤَيِّدِي بِالنَّصْرِ عَلَىٰ أَعْدَائِي

and were it not for Your support, I would be of those who are exposed.

وَلَوْ لَا نَصْرُكَ إِيَّايَ لَكُنْتُ مِنَ الْمَفْضُوحِينَ

O He Who sends mercy from its origin!

يَا مُرْسِلَ الرَّحْمَةِ مِنْ مَعَادِنِهَا

O He Who originates blessings from their centers!

وَمُنْشِئَ الْبَرَكَاتِ مِنْ مَوَاضِعِهَا

O He Who has given Himself exclusively grandeur and elevation;

يَا مَنْ خَصَّ نَفْسَهُ بِالشُّمُوحِ وَالرَّفْعَةِ

Therefore, His saints feel dignified out of His Honor!

فَأَوْلِيَاؤُهُ بِعِزِّهِ يَتَعَزَّزُونَ

O He for Whom all kings have put the yoke of humiliation on their necks;

وَيَا مَنْ وَضَعَتْ لَهُ الْمُلُوكُ نِيرَ الْمَذَلَّةِ عَلَىٰ أَعْنَاقِهِمْ

They are therefore fearful of His supremacy!

فَهُمْ مِنْ سَطَوَاتِهِ خَائِفُونَ

I pray You in the name of Your Entity from which You have derived Your Pride,

أَسْأَلُكَ بِكَيْنُونِيَّتِكَ الَّتِي أَشْتَقَّقْتُهَا مِنْ كِبَرِيَّاتِكَ

I pray to You in the name of Your Pride from which You have derived Your Dignity,

وَأَسْأَلُكَ بِكِبَرِيَّاتِكَ الَّتِي أَشْتَقَّقْتُهَا مِنْ عِزَّتِكَ

I pray to You in the name of Your Dignity by which You have been firmly established on the throne of authority;

وَأَسْأَلُكَ بِعِزَّتِكَ الَّتِي أَسْتَوَيْتَ بِهَا عَلَىٰ عَرْشِكَ

So, You have created all Your creatures who are, as a result, submissive to You.

فَخَلَقْتَ بِهَا جَمِيعَ خَلْقِكَ فَهُمْ لَكَ مُذْعِنُونَ

[I pray to You to] send blessings to Muhammad and upon his Household.

إِنْ تُصَلِّيَ عَلَيَّ مُحَمَّدٍ وَأَهْلِ بَيْتِهِ