

is highly recommended & is one of the most confirmed rituals of Fridays. The Holy Prophet (saws) is reported to have instructed Imam `Ali(`a) by saying, "O `Ali; wash yourself every Friday even if you have to purchase water with your daily provisions. Verily, no voluntary act is better than this."

The recommended time of this Ghusl is between sunrise and midday ,the nearer to midday the better. If anyone forgets to perform ghusl on Friday, then have it next morning, till the time of Asr next day or whenever you recollect it.

Imam al-Şādiq (`a) is also reported to have said: Whoever washes himself on Fridays and, meanwhile, says the following prayer will be pure all through that week:

I bear witness that there is no god except Allah, the One, (there is) no associate with Him;

ash-hadu an lā ilāha illā allāhu waḥdahū
lā sharīka lahū

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ

and I testify that Muḥammad is His servant and His Messenger.

wa ash-hadu anna muḥammadan `abduhū
wa rasūluhū

وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

O Allah, send blessings to Muḥammad and the Household of Muḥammad,

allāhumma ṣalli `alā muḥammadin wa āli muḥammadin

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ

and make me of those who turn to You constantly

waj`alnī mina alttawwābīna

وَاجْعَلْنِي مِنَ التَّوَّابِينَ

and those who keep themselves pure and clean.

waj`alnī mina almutaḥḥirīna

وَاجْعَلْنِي مِنَ الْمُتَطَهِّرِينَ

Dua after ghusl from Imam Reza (as)

O ALLAH! PURIFY ME AND PURIFY MY HEART,

allaahumma tahhirnee
wa tahhir qalbee

اللَّهُمَّ طَهِّرْنِي وَطَهِّرْ قَلْبِي

ADORN MY BATH, AND MAKE YOUR REMEMBRANCE AND REMEMBRANCE OF YOUR PROPHET MUHAMMAD,

wan qe ghuslee wa ajre a'laa lesaane zikraka wa zikra nabiiyyeka

وَانْقِ غُسْلِي وَاجْرِ عَلَيَّ لِسَانِي ذِكْرَكَ وَ

PEACE OF ALLAH BE ON HIM AND HIS PROGENY, FLOW ON MY TONGUE.

mohammadin sallal laaho a'layhe wa aalehi

ذِكْرَ نَبِيِّكَ مُحَمَّدٍ صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ

MAKE ME AMONGST THE REPENTENT AND THE PURIFIED ONES.

waj a'neenat tawwaabeena wa menal motatahhereen

وَاجْعَلْنِي مِنَ التَّوَّابِينَ وَ مِنَ الْمُتَطَهِّرِينَ.