

Etiquette of drinking water

- 1) Begin in the name of Allah
- 2) Drink in sips
- 3) The Holy Prophet (s) began each sip with بِسْمِ اللّٰهِ *Bismillah*, and ended each sip with الْحَمْدُ لِلّٰهِ *Alhamdu lillah*
- 4) After drinking water, recite the following

الْحَمْدُ لِلّٰهِ الَّذِي سَقَانِي مَاءً عَذْبًا
وَمَ يَجْعَلُهُ مِلْحًا أُجَاجًا بِذُنُوبِي

Alḥamdu lillāhil-ladhī saqānī mā'an 'adhban, walam yaj 'alhu milḥan ujājan bidhunūbī
All praise belongs to Allah, Who has served me with fresh water, and He did not make it salty and bitter on account of my sins

- 5) It is recommended to also say:

الْحَمْدُ لِلّٰهِ الَّذِي سَقَانِي فَارَوَانِي، وَأَعْطَانِي وَأَرْضَانِي
وَعَافَانِي وَكَفَانِي. اَللّٰهُمَّ اجْعَلْنِي مِمَّنْ تَسْقِيهِ فِي الْمَعَادِ
مِنْ حَوْضِ مُحَمَّدٍ صَلَّى اللّٰهُ عَلَيْهِ وَآلِهِ
وَتُسْعِدُهُ بِمُرَافَقَتِهِ، بِرَحْمَتِكَ يَا اَرْحَمَ الرَّاحِمِيْنَ

Bismillāhir Raḥmānir Raḥīm. Alḥamdu lillāhil ladhī saqānī fa-arwānī, wa-a'ṭānī wa-arḍānī, wa-'āfānī wakafānī. Allāhummaj'alnī mim-man tasqīhi fil ma'ādi min ḥawḍi Muḥammadin ṣallal-lāhu 'alayhi wa-ālih. Watus 'idhu bimurāfaqatih, biraḥmatika yā arḥamar rāhimīn. Allāhumma ṣalli 'alā Muḥammadiwn wa-āli Muḥammad

In the name of Allah, the Beneficent, the Merciful. All praise belongs to Allah, Who has served me with water to quench my thirst, provided for me and pleased me, given me good health and sufficed me. O Allah, make me amongst those who will drink water in the Hereafter from the spring of Muhammad – may Allah bless him and his family. And make it a good fortune by being in his company. With Your mercy, O the Most merciful, of the merciful. O Allah, bless Muhammad and his family.

- 6) It is highly recommended to remember the thirst of Imam al-Husayn (a) after drinking water. Imam al-Sadiq (a) says that when a servant remembers the thirst of al-Husayn (a) and curses his killers, he will be rewarded abundantly, his rank will be raised manifold and many of his evil deeds are decreased.

Sources: Fayd al-Kashani, *Khulasat al-Adhkar*; S. M. H. Tabatabai, *Sunan An-Nabi*; Shaykh al-Saduq, *Al-Amali*

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