O Allah, You are the Sustainer and I am the sustained.
You are the Creator and I am the created.
You are the Owner and I am the owned.
You are the Granter and I am the beggar.
You are the Provider with sustenance and I am the receiver of sustenance.
You are the All-powerful and I am the powerless.
You are the All-forceful and I am the weak.
You are the Aide and I am the seeker of aid.
You are the Everlasting and I am destined to die.
You are the Significant and I am the trivial.
You are the Great and I am the tiny.
You are the Lord and I am the slave.
You are the Almighty and I am the humble.
You are the Elevated and I am the meek.
You are the Manager and I am managed.
You are the Eternal and I am mortal.
You are the Judge and I am judged.
You are the Resurrector and I am resurrected.
You are the Rich and I am the poor.

O Allah, You are the Ever-living and I am subjected to death.
You, O my Lord, can find someone to torment other than me
but I cannot find anyone to have mercy on me other than You.
O Allah, (please) send blessings upon Muhammad and the Household of Muhammad,
hasten their Relief, and have mercy on my humiliation before You,
my imploration to You, my disassociation from people,
and my entertainment with You, O All-generous.
Then, (please) endue me at this very hour
with mercy from You by which You tranquilize my heart,
bring together my affairs,
reunite my scattering,
whiten my face,
confer honor on my status,
relieve me from my burdens,
forgive my past sins,
SUPPLICATION AFTER THE PRAYER FOLLOWING ZIARAT OF IMAM AL-JAWAD (AS)

protect me against sinning in the rest of my lifetime,
employ me in my entire lifetime
in acts of obedience to You and acts that bring about Your pleasure,
seal my deeds with the best of them,
decide Paradise to be my reward for that,
lead me to the path of the righteous,
help me do well with the virtuous of what You have given me
in the same way as You have helped the righteous ones do well with what You have given them,
ever deprive me of any virtuous thing that You have given me,
ever send me back to a wicked matter from which You have saved me,
ever make my enemy or one who envies me gloat at my misfortune,
and never leave me alone with my own affairs even for a winking of an eye
or less or more than that.
O Lord of the worlds!

O Allah, (please) send blessings upon Muhammad and the Household of Muhammad,
show the right as it is in reality so that I will follow it
and the wrong as it is in reality so that I will shun it,
ever confuse the right and the wrong for me; lest I will follow my own desires without finding true guidance from You.
And (please) cause all my desires to follow the obedience to You, take the pleasure of You from the pleasure of myself,
and guide me to the right about which disagreement has taken place by permission of You;
verily, You guide whomever You wish to a straight path.

You may then pray to Almighty Allah for your personal requests and they shall be granted, Allah willing.

وَتَعْصِمُنِي فِي مَا بَقِيَ مِنْ عُمْرِي
وَتَسْتَعْمِلُنِي فِي ذٰلِكَ كُلِّهِ بِطَاعَتِكَ وَمَا يُرْضِيكَ عَنِّي
وَتَخْتِمُ عَمَلِي بِا حْسَنِهِ وَتَجْعَلُ لِي ثَوَابَهُ ٱلْجَنَّةَ
وَتَسْلُكُ بِي سَبِيلَ ٱلصَّالِحِينَ كَمَا ا عْطَيْتَهُمْ
وَلاَ ا قَلَّ مِنْ ذٰلِكَ وَلاَ ا كُثَرَ
وَلاَ تَرُدَّنِي فِي سُوءٍ ٱسْتَنْقَذْتَنِ
وَلاَ تُشْمِتْ بِي عَدُوّاً وَلاَ حَاسِداً
وَلاَ تَكِلْنِي إِلَىٰ نَفْسِي طَرْفَةَ عَيْنٍ
يَا رَبَّ ٱلْعَالَمِينَ