

# *Curing Ailments from Mafatih & Baqiyatus salehat*

## PRAYERS FOR AILMENTS AND ILLNESSES

### PRAYERS FOR HEALING

Sayyid Ibn Ṭāwūs (may Allah have mercy upon him) in his book of *Muhaj al-Da`awāt* has reported Sa`id ibn Abi'l-Faḥ of Wāsiṭ as saying:

I was once inflicted by a serious disease that overtired all physicians. Therefore, my father took me to the hospital where all physicians, headed by the Christian doctor of medicine, tried to find me treatment, but failed. Finally, they had to confess, "This disease cannot be healed except by God the All-exalted." With breaking heart and distress, I had to go back home. Browsing one of my father's books, I found the following inscribed on the back of the book:

Imam al-Ṣādiq (a) is reported to have said: Any diseased person who repeats these statements forty times immediately after the Dawn Prayer and then rubs the painful part with his hand, Almighty Allah will free him from the disease and restore him to health:

In the Name of Allah, the All-beneficent, the All-merciful.

bismillāhi alrraḥmāni alrraḥīmi

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

All praise be to Allah, the Lord of the Worlds.

alḥamdu lillāhi rabbi al`ālamīna

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ

Sufficient to us is Allah, and most excellent is the Protector.

ḥasbunā allāhu wa ni`ma alwakīlu

حَسْبُنَا اللَّهُ وَتَعْمَ الْوَكِيلُ

Blessed be Allah, the Best of all creators.

tabāraka allāhu aḥsanu alkhāliqīna

تَبَارَكَ اللَّهُ أَحْسَنُ الْخَالِقِينَ

There is neither might nor power save with Allah, the Most High and All-great.

wa lā ḥawla wa lā quwwata illā billāhi al`aliyyi al`aẓīmi

وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ

I, the patient, waited for dawn, performed the obligatory prayer, and sat in my place repeating these words while I was fearful lest the pains would return to me. Keeping on this state for three days, the disease was gone. My father, after I had told him about this, thanked Almighty Allah. When he informed one of the physicians about the restoration of my health, the physician, who was non-Muslim, visited and examined me. When he was sure that my disease had gone, he converted to Islam, bore witness that Muḥammad is the messenger of God, and committed himself to the teachings of Islam.

Al-Kaf`amī, in his book entitled *al-Miṣbāḥ*, has mentioned that whoever is diseased, may rub over the place of his prostration (in prayers) with his hand and then rub the ailed organ after each obligatory prayer seven times. He may then say the following prayer:

O He Who has pressed the earth on water,

yā man kabasa al-arḍa `alā almā'i

يَا مَنْ كَبَسَ الْأَرْضَ عَلَى الْمَاءِ

blocked the air with the sky,

wa sadda alhawā'a bilssamā'i

وَسَدَّ الْهَوَاءَ بِالسَّمَاءِ

and chose for Himself the most excellent of all names,

wakhtāra linafsihī aḥsana al-asmā'i

وَأَخْتَارَ لِنَفْسِهِ أَحْسَنَ الْأَسْمَاءِ

(please) send blessings upon Muḥammad and the Household of Muḥammad,

ṣalli `alā muḥammadin wa āli muḥammadin

صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ

do to me...

waf`al bī...

وَأَفْعَلْ بِي...

grant me sustenance, and cure me

warzuqnī wa `āfinī min...

of [Instead of the three dots, you may submit your requests and mention your ailed organ:] وَأَرْزُقْنِي وَعَافِنِي مِنْ

### PRAYER FOR RESTORATION OF HEALTH

Quoting *Miṣbāḥ al-Mutahajjid*, al-Kaf` amī has reported that whoever is ailed, may say the following prayer in the second prostration of the first two units of the Night Prayer:

O Most High! O All-great!	yā `aliyyu yā `zīmu	يَا عَلِيَّ يَا عَظِيمُ
O All-beneficent! O All-merciful!	yā raḥmānu yā raḥīmu	يَا رَحْمَنُ يَا رَحِيمُ
O Hearer of all prayers!	yā samī` a aldda` awāti	يَا سَمِيعَ الدَّعَوَاتِ
O Giver of the good things!	yā mu`ṭiya alkhayrāti	يَا مُعْطِيَ الْخَيْرَاتِ
(Please) bless Muḥammad and his Household,	ṣalli `alā muḥammadin wa ālihī	صَلِّ عَلَى مُحَمَّدٍ وَآلِهِ
give me from the good of this world and the Next World in the amount that fits You,	wa a`ṭinī min khayri alddunyā wal-ākhirati mā anta ahlukū	وَأَعْطِنِي مِنْ خَيْرِ الدُّنْيَا وَالْآخِرَةِ مَا أَنْتَ أَهْلُهُ
dispel from me the evils of this world and the Next World in the way that fits You,	waṣrif `annī min sharri alddunyā wal-ākhirati mā anta ahlukū	وَأَصْرِفْ عَنِّي مِنْ شَرِّ الدُّنْيَا وَالْآخِرَةِ مَا أَنْتَ أَهْلُهُ
and remove from me this ailment...	wa adhib `annī hādhā alwaja` a...	وَأَذْهِبْ عَنِّي هَذَا الْوَجَعَ...

The disease or ailment may be now mentioned...

for it has enraged and depressed me.	fa'innahū qad ghāzanī wa aḥzanānī	فَإِنَّهُ قَدْ غَاظَنِي وَأَحْزَنَنِي
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It is recommended to supplicate earnestly, because the more earnest the sooner in response.

Quoted from *Uddat al-Dā`i*, Imam al-Ṣādiq ( `a) is reported to have said:

When you are ailed, go outdoors, raise your hands towards the sky, and say the following prayer:

O Allah! Having rebuked some people in Your Book,	allāhumma innaka `ayyarta aqw āman fī kitābika	اللَّهُمَّ إِنَّكَ عَيَّرْتَ أَقْوَامًا فِي كِتَابِكَ
You said, "Say, 'Call on those whom you assert besides Him.	faqulta qul id`ū alladhīna za`amtum min dūnihī	فَقُلْتَ: (قُلِ ادْعُوا الَّذِينَ زَعَمْتُمْ مِنْ دُونِهِ
They shall not control the removal of distress from you nor its transference."	falā yamlikūna kashfa alḍurri `ankum wa lā taḥwīlan	فَلَا يَمْلِكُونَ كَشْفَ الضَّرِّ عَنْكُمْ وَلَا تَحْوِيلًا)
O He save Whom no one controls the removal of distress nor its transference,	fayāman lā yamliku kashfa ḍurri wa lā taḥwīlahū `annī aḥadun ghayruhū	فَيَا مَنْ لَا يَمْلِكُ كَشْفَ ضُرِّي وَلَا تَحْوِيلَهُ عَنِّي أَحَدٌ غَيْرُهُ
(please) bless Muḥammad and his Household,	ṣalli `alā muḥammadin wa ālihī	صَلِّ عَلَى مُحَمَّدٍ وَآلِهِ
remove my distress,	wakshif ḍurri	وَأَكْشِفْ ضُرِّي
and transfer it to one who calls on another deity besides You,	wa ḥawwilhu ilā man yad`ū ma`aka ilāhan ākhara	وَحَوِّلْهُ إِلَيَّ مَنْ يَدْعُو مَعَكَ إِلَهًا آخَرَ
for I bear witness that there is no god save You.	fa'innī ashhadu an lā ilāha ghayruka	فَإِنِّي أَشْهَدُ أَنْ لَا إِلَهَ غَيْرُكَ

It is also reported that any believer who is diseased or ailed, should rub the ailed organ with his hand and repeat the following (holy verse) with sincerity:

"[And] We reveal of the Qur'ān	wa nunazzilu min alqur'āni mā	وَتُنزِّلُ مِنَ الْقُرْآنِ مَا هُوَ شِفَاءٌ وَرَحْمَةٌ
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that which is a healing and a mercy  
for believers

though it increase the evil-doers  
in naught save ruin.”

wa lā yazīdu alẓālimīna illā khas  
āran

وَلَا يَزِيدُ الظَّالِمِينَ إِلَّا خَسَارًا.

If he does, he will be restored to health no matter what his disease would be. Confirming this, the holy verse corroborates that it carries healing and mercy to the believers.

An ailed person is recommended to purchase one ṣā' (11) of wheat, lie on his back, disperse the wheat grains on his chest, and say the following prayer:

O Allah, I beseech You in the name  
of Your Name—

allāhumma innī as'aluka bismika

اللَّهُمَّ إِنِّي أَسْأَلُكَ بِاسْمِكَ

if the distressed asks You by Your  
Name, You shall remove whatever  
harm he suffers,

alladhī idhā sa'alaka bihī almuḍṭarra  
kashafta mā bihī min ḍurrin

الَّذِي إِذَا سَأَلْتَ بِهِ الْمُضْطَرُّ كَشَفْتَ مَا  
بِهِ مِنْ ضُرٍّ

give him power in the land,

wa makkanta lahū fī al-arḍi

وَمَكَّنْتَ لَهُ فِي الْأَرْضِ

and make him Your  
representative among Your  
creatures

wa ja`altahū khalīfataka `alā  
khalqika

وَجَعَلْتَهُ خَلِيفَتَكَ عَلَى خَلْقِكَ

to bless Muḥammad and his  
Household

an tuṣalliya `alā muḥammadin wa  
`alā ahli baytihi

أَنْ تُصَلِّيَ عَلَيَّ عَلَى مُحَمَّدٍ وَعَلَى أَهْلِ بَيْتِي

and to cure me of my ailment.

wa an tu`āfiyanī min `illatī

وَأَنْ تُعَافِيَنِي مِنْ عِلَّتِي

He may then sit, gather the wheat grains around him, repeat the same prayer, divide the wheat grains into four shares, give each share to a poor man, and repeat the same prayer. Once an ailed person does all that, he will be restored to health, Allah willing.

Imam `Alī (`a) is reported to have said: Put your hand on the ailed organ and repeat the following prayer three times:

Allah, Allah, Allah is my Lord  
indeed.

allāhu allāhu allāhu rabbī ḥaqqan

اللَّهُ اللَّهُ اللَّهُ رَبِّي حَقًّا

I do not associate with Him  
anything.

lā ushriku bihī shay'an

لَا أُشْرِكُ بِهِ شَيْئًا

O Allah, You are the only  
besought for this and for every  
terrible thing; so (please) relieve  
it.

allāhumma anta lahā wa likulli `az  
īmatin fafarrijhā

اللَّهُمَّ أَنْتَ لَهَا وَلِكُلِّ عَظِيمَةٍ فَفَرِّجْهَا

Imam al-Ṣādiq (`a) is reported to have said in this regard: You may put your hand on the ailed organ and say:

In the Name of Allah.

bismillāhi

بِسْمِ اللَّهِ

You may then rub the ailed organ with your hand and repeat the following evil-repelling prayer ( `udhah) seven times:

I pray for the protection of Allah's  
almightiness,

a`ūdhu bi`izzati allāhi

أَعُوذُ بِعِزَّةِ اللَّهِ

I pray for the protection of Allah's  
omnipotence,

wa a`ūdhu biqudrati allāhi

وَأَعُوذُ بِقُدْرَةِ اللَّهِ

I pray for the protection of Allah's  
majesty,

wa a`ūdhu bijalāli allāhi

وَأَعُوذُ بِجَلَالِ اللَّهِ

I pray for the protection of Allah's  
greatness,

wa a`ūdhu bi`azamati allāh

وَأَعُوذُ بِعَظَمَةِ اللَّهِ

I pray for the protection of Allah's  
wholeness,

wa a`ūdhu bijam`i allāhi

وَأَعُوذُ بِجَمْعِ اللَّهِ

I pray for the protection of Allah's Messenger, may Allah's blessings be upon him and his Household, and I pray for the protection of Allah's Names against the evil of what I concern and the evil of what I fear for myself.

wa a`ūdhu birasūli allāhi ṣallā allāhu `alayhi wa ālihī  
wa a`ūdhu bi-asmā'i allāhi  
min sharri mā aḥdharu  
wa min sharri mā akhāfu `alā nafsī

وَأَعُوذُ بِرَسُولِ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ  
وَأَلِهِ  
وَأَعُوذُ بِأَسْمَاءِ اللَّهِ  
مِنْ شَرِّ مَا أَحْذَرُ  
وَمِنْ شَرِّ مَا أَخَافُ عَلَى نَفْسِي

It is reported that when a child is ailed, the mother may ascend to a roof, throw the head cover away, expose the hair of her head under the sky, prostrate herself, and say the following supplication:

O Allah, O my Lord! It is You Who have given him to me

allāhumma rabbi anta a`ṭaytanīhi

اللَّهُمَّ رَبِّ أَنْتَ أَعْطَيْتَنِيهِ

and it is You Who have endued me with Him.

wa anta wahabtahū lī

وَأَنْتَ وَهَبْتَهُ لِي

O Allah, so (please) renew Your donation to me on this day.

allāhumma faj`al hibataka alyawma jadīdatan

اللَّهُمَّ فَاجْعَلْ هِبَتَكَ الْيَوْمَ جَدِيدَةً

You are verily all-powerful and omnipotent.

innaka qādirun muqtadirun

إِنَّكَ قَادِرٌ مُقْتَدِرٌ

The mother will not raise her head from the prostration but that her child is restored to health.

Al-Shahīd, may Allah have mercy upon him, has reported that whoever is tensely ailed may recite Sūrah al-Fātiḥah forty times on a glass of water. He may then pour the water on his body. He may have a measure of wheat near him and hand over each beggar a measure and ask him to pray Almighty Allah to cure him. If he does so, he will be restored to health, Allah willing.

"Medicate your patients with alms." This saying is reported through considerable chains of authority.

With reference to removal of diseases, al-Shahīd has also reported that the right arm of a patient may be held while reciting Sūrah al-Fātiḥah seven times. After that, the following prayer may be said:

O Allah, (please) remove ailments and maladies from him,

allāhumma azil `anhu al`ilala walddā'a

اللَّهُمَّ أزيلْ عَنْهُ أَلْعَلَّ وَالْأَلْدَاءَ

restore him to health and cure,

wa a`id-hu ilā alṣṣiḥḥati walshshifā'i

وَأَعِدْهُ إِلَى الصِّحَّةِ وَالشِّفَاءِ

supply him with excellent protection,

wa amiddahū biḥusni alwiqāyati

وَأَمِدَّهُ بِحُسْنِ الْوِقَايَةِ

return him to excellent wellbeing,

wa ruddahū ilā ḥusni al`āfiyati

وَرُدَّهُ إِلَى حُسْنِ الْعَافِيَةِ

and cause what has afflicted him in this ailment of him to be material of his life

waj`al mā nālahū fī maraḍihī hādhā māddatan liḥayātihī

وَأَجْعَلْ مَا نَالَهُ فِي مَرَضِهِ هَذَا مَادَّةً لِحَيَاتِهِ

and remission of his evildoings.

wa kaffāratan lisayyi'ātihī

وَكَفَّارَةً لِسَيِّئَاتِهِ

O Allah, (please) bless Muḥammad and the Household of Muḥammad.

allāhumma wa ṣalli `alā muḥammadin wa āli muḥammadin

اللَّهُمَّ وَصَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ

If this does not work, Sūrah al-Fātiḥah may be repeated seventy times, and it will be effective, Allah willing.

Imam al-Bāqir (`a) is reported to have said, "Whoever is not healed by Sūrah al-Fātiḥah and Sūrah al-Tawḥīd, nothing else will heal him. Verily, these two Sūrahs cure of all ailments."

Imam al-Ṣādiq (`a) is reported to have said: Allah will certainly cure any ailed believer who says the following verse sincerely while rubbing his ailed organ with his hand:

"[And] We reveal of the Qur'ān that which is a healing and a mercy for believers."

wa nunazzilu min alqur'āni mā huwa shifā'un wa raḥmatun lilmu'minīna

وَتُنزِّلُ مِنَ الْقُرْآنِ مَا هُوَ شِفَاءٌ وَرَحْمَةٌ  
لِلْمُؤْمِنِينَ

Imam al-Riḍā (`a) is reported to have said: For all ailments, you may say the following prayer:

O revealer of cure and remover of  
remedy,  
(please) bless Muḥammad and his  
Household  
and reveal cure upon my ailment.

yā munzila alshshifā'i  
wa mudhhiba alddā'i  
ṣalli `alā muḥammadin wa ālihī

يَا مُنْزِلَ الشِّفَاءِ وَمُذْهِبِ الدَّاءِ  
صَلِّ عَلَى مُحَمَّدٍ وَآلِهِ  
وَأَنْزِلْ عَلَيَّ وَجْعِي الشِّفَاءَ

Sayyid Ibn Ṭāwūs, may Allah have mercy upon him, has mentioned the following narration in his book entitled *Muhaj al-Da`awāt*:

Ibn `Abbās is reported to have said that he was once present with Imam `Alī (`a) when a faint-faced man visited him and said, "O Commander of the Faithful, I am diseased person and many ailments and aches have afflicted me. So, please teach me a prayer that helps me endure my ailments." Answering him, Imam `Alī (`a) said, "I will lead you to a prayer that was taught by Archangel Gabriel to the Holy Prophet (ṣ) when al-Ḥasan and al-Ḥusayn fell ill. This is it:

O my God, whenever You bestow  
upon me a favor,  
I am too short to thank it  
properly.

ilāhī kullamā an `amta `alayya  
ni` matan  
qalla laka `indahā shukrī

إِلَهِي كُلَّمَا أَنْعَمْتَ عَلَيَّ نِعْمَةً  
قَلَّ لَكَ عِنْدَهَا شُكْرِي

Whenever You test me with a  
tribulation,

wa kullamā ibtalaytanī bibaliyyatin

وَكُلَّمَا ابْتَلَيْتَنِي بِبَلِيَّةٍ

I am too short to endure it.

qalla laka `indahā ṣabrī

قَلَّ لَكَ عِنْدَهَا صَبْرِي

O He Whose favors have not been  
thanked by me properly; yet, He  
has not deprived me of them!

fayā man qalla shukrī `inda  
ni` amihī falam yaḥrimnī

فَيَا مَنْ قَلَّ شُكْرِي عِنْدَ نِعْمِهِ فَلَمْ  
يَحْرِمْنِي

O He Whose tribulations have not  
been endured by me properly; yet,  
He has not disappointed me!

wa yāman qalla ṣabrī `inda balā'ihī  
falam yakhdhulnī

وَيَا مَنْ قَلَّ صَبْرِي عِنْدَ بَلَائِهِ فَلَمْ  
يَخْذُلْنِي

O He Who has seen me  
committing acts of disobedience  
to Him; yet, He has not exposed  
me!

wa yā man ra'ānī `alā alma`āṣī  
falam yafḍaḥnī

وَيَا مَنْ رَأَانِي عَلَى الْمَعْاصِي فَلَمْ  
يَفْضَحْنِي

O He Who has seen me  
committing wrongdoings; yet, He  
has not punished me for them!

wa yā man ra'ānī `alā alkhaṭāyā  
falam yu`āqibnī `alayhā

وَيَا مَنْ رَأَانِي عَلَى الْخَطَايَا فَلَمْ يُعَاقِبْنِي  
عَلَيْهَا

(Please) bless Muḥammad and the  
Household of Muḥammad,

ṣalli `alā muḥammadin wa āli  
muḥammadin

صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ

forgive my sin

waghfir lī dhanbī

وَأَغْفِرْ لِي ذَنْبِي

and cure me of my ailment.

washfinī min maraḍī

وَأَشْفِنِي مِنْ مَرَضِي

Verily, You have power over all  
things."

innaka `alā kulli shay'in qadīrun

إِنَّكَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

Ibn `Abbās added: One year later, I saw the man fresh-faced and glowing. He said, "Whenever I said this prayer in sickness, I would be soon restored to health, in ailment, I would be soon cured, and before a despotic authority, I would be protected against him."

It is reported that al-Najāshī, an ancient king of Abyssinia, inherited from his fathers a four hundred year old bonnet that appeases any pain that it touches. When the bonnet was untied to inspect its secret, the following prayer was seen written therein:

In the Name of Allah; the King and  
the Manifest Truth.

bismillāhi almaliki alḥaqqi almubīni

بِسْمِ اللَّهِ الْمَلِكِ الْحَقِّ الْمُبِينِ

Allah is witness that there is no  
god save Him.

shahida allāhu annahū lā ilāha illā  
huwa

شَهِدَ اللَّهُ أَنَّهُ لَا إِلَهَ إِلَّا هُوَ

The angels and the men of learning too are witness. Maintaining His creation in justice, there is no god save Him; the Almighty and Wise. Lo! The religion with Allah is Islam. To Allah there are light, wisdom, might, power, omnipotence, authority, and clear evidence. There is no god save Allah. Adam is the choice of Allah. There is no god save Allah. Abraham is the friend of Allah. There is no god save Allah. Moses is the spoken by Allah. There is no god save Allah. Muḥammad the Arab is the messenger of Allah, as well as His most beloved and best of all His creatures. Calm down, O all pains, illnesses, diseases, all ailments, and all fevers. I make you calm down in the name of the One to Whom whatsoever in the night and daylight rests and He is the All-hearing and All-knowing. May Allah bless the best of His creatures; Muḥammad, and his entire Household.

According to *Makārim al-Akhḫāq*, al-Najāshī, having had headache, wrote a message to the Holy Prophet (ﷺ) complaining about his ache. In response, the Holy Prophet (ﷺ) sent him a amulet written in a patch. When al-Najāshī put the patch in his bonnet, his headache was relieved.

This is the amulet:

In the Name of Allah, the All-beneficent, the All-merciful. There is no god save Allah, the King and the manifest truth.

walmalā'ikatu wa ulū al`ilmi  
qā'imān bilqisṭi  
lā ilāha illā huwa al`azīzu alḥakīmu  
inna alddīna `inda allāhi al-islāmu  
lillāhi nūrun wa ḥikmatun  
wa ḥawlun wa quwwatun  
wa qudratun wa sulṭānun wa burhānun  
lā ilāha illā allāhu  
ādāmu ṣafīyyu allāhi  
lā ilāha illā allāhu  
ibrāhīmu khalīlu allāhi  
lā ilāha illā allāhu  
mūsā kalīmu allāhi  
lā ilāha illā allāhu  
muḥammadun al`arabiyyu rasūlu allāhi  
wa ḥabībuhū wa khiyaratuhū min khalqihī  
uskun yā jamī`a al-awjā`i  
wal-asqāmi wal-amrāḍi  
wa jamī`a al`ilali  
wa jamī`a alḥumayyāti  
sakkantuka billadhī sakana lahū mā fi allayli walnnaḥārī  
wa huwa alssamī`u al`alīmu  
wa ṣallā allāhu `alā khayri khalqihī  
muḥammadin wa ālihī ajma`īna

bismillāhi alrraḥmān alrraḥīmi  
lā ilāha illā allāhu almalīku alḥaqquq  
almubīnu

وَالْمَلَائِكَةُ وَأُولُو الْعِلْمِ

قَائِمًا بِالْقِسْطِ

لَا إِلَهَ إِلَّا هُوَ الْعَزِيزُ الْحَكِيمُ

إِنَّ الدِّينَ عِنْدَ اللَّهِ الْإِسْلَامُ

لِلَّهِ نُورٌ وَحِكْمَةٌ

وَحَوْلٌ وَقُوَّةٌ

وَقُدْرَةٌ وَسُلْطَانٌ وَبُرْهَانٌ

لَا إِلَهَ إِلَّا اللَّهُ

آدَمَ صَفِيًّا لِلَّهِ

لَا إِلَهَ إِلَّا اللَّهُ

إِبْرَاهِيمَ خَلِيلَ اللَّهِ

لَا إِلَهَ إِلَّا اللَّهُ

مُوسَى كَلِيمَ اللَّهِ

لَا إِلَهَ إِلَّا اللَّهُ

مُحَمَّدَ الْعَرَبِيَّ رَسُولَ اللَّهِ

وَحَبِيبَهُ وَخَيْرَتَهُ مِنْ خَلْقِهِ

أَسْكُنْ يَا جَمِيعَ الْأَوْجَاعِ

وَالْأَسْقَامِ وَالْأَمْرَاضِ

وَجَمِيعَ الْعَلَلِ

وَجَمِيعَ الْحُمَمِيَّاتِ

سَكَنْتُكَ بِالَّذِي سَكَنَ لَهُ مَا فِي اللَّيْلِ

وَالنَّهَارِ

وَهُوَ السَّمِيعُ الْعَلِيمُ

وَصَلَّى اللَّهُ عَلَى خَيْرِ خَلْقِهِ

مُحَمَّدٍ وَآلِهِ أَجْمَعِينَ

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

لَا إِلَهَ إِلَّا اللَّهُ الْمَلِكُ الْحَقُّ الْمُبِينُ

4/28/2011

Allah bears witness that there is no god but He and so do the angels and those possessed of knowledge maintaining His creation with justice.

There is no god but Him, the Mighty, the Wise.

To Allah there are light, wisdom, might, power,

clear argument, omnipotence, authority, and mercy.

O He Who never sleeps!

There is no god save Allah.

Abraham is the friend of Allah.

There is no god save Allah.

Moses is the spoken by Allah.

There is no god save Allah.

Jesus and Allah's spirit and word.

There is no god save Allah.

Muhammad is Allah's messenger, choice, and select.

May Allah send blessings and peace upon him and his Household.

Calm down!

I make you calm down in the name of the One before Whom whatever is in the heavens and the earth rests

and in the name of the One to Whom whatsoever in the night and daylight rests

and He is the All-hearing and All-knowing.

Then, We made the wind subservient to him; it made his command

to run gently wherever he desired and the devils, every builder and diver.

Verily, all things return to Allah.

Curing Ailments from Baqiyatus s shahida allāhu annahū lā ilāha illā huwa

walmalā'ikatu wa ulul-`ilmi

qā'iman bilqisṭi

lā ilāha illā huwa al`azizu alḥakīmu

lillāhi nūrun wa ḥikmatun

wa `izzun wa quwwatun

wa burhānun wa qudratun

wa sultānun wa raḥmatun

yā man lā yanāmu

lā ilāha illā allāhu

ibrāhīmu khalīlu allāhi

lā ilāha illā allāhu

mūsā kalīmu allāhi

lā ilāha illā allāhu

`isā rūḥu allāh wa kalimatuhū

lā ilāha illā allāhu

muḥammadun rasūl allāhi

wa ṣafiyūhū wa ṣifwatuhū

ṣallā allāhu `alayhi wa ālihī wa

sallama

uskun

sakkantuka biman yaskunu lahū m

ā fi alssamawāti wal-arḍi

wa biman sakana lahū mā fi allayli

walnnahāri

wa huwa alssamī`u al`alīmu

fasakhkharnā lahū alrrīḥa tajrī bi-amrihī

rukḥā'an ḥaythu aṣāba

walshshayāṭīna kulla bannā'in wa ghawwāṣin

alā ilā allāhi taṣīru al-umūru

شَهِدَ اللَّهُ أَنَّهُ لَا إِلَهَ إِلَّا هُوَ

وَالْمَلَائِكَةُ وَأُولُو الْعِلْمِ

قَائِمًا بِالْقِسْطِ

لَا إِلَهَ إِلَّا هُوَ الْعَزِيزُ الْحَكِيمُ

لِلَّهِ نُورٌ وَحِكْمَةٌ

وَعِزٌّ وَقُوَّةٌ

وَبُرْهَانٌ وَقُدْرَةٌ

وَسُلْطَانٌ وَرَحْمَةٌ

يَا مَنْ لَا يَنَامُ

لَا إِلَهَ إِلَّا اللَّهُ

إِبْرَاهِيمَ خَلِيلُ اللَّهِ

لَا إِلَهَ إِلَّا اللَّهُ

مُوسَى كَلِيمُ اللَّهِ

لَا إِلَهَ إِلَّا اللَّهُ

عِيسَى رُوحُ اللَّهِ وَكَلِمَتُهُ

لَا إِلَهَ إِلَّا اللَّهُ

مُحَمَّدٌ رَسُولُ اللَّهِ

وَصَفِيُّهُ وَصِفْوَتُهُ

صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ

أُسْكُنْ

سَكَنْتُكَ بِمَنْ يَسْكُنُ لَهُ مَا فِي

السَّمَوَاتِ وَالْأَرْضِ

وَبِمَنْ سَكَنَ لَهُ مَا فِي اللَّيْلِ وَالنَّهَارِ

وَهُوَ السَّمِيعُ الْعَلِيمُ

فَسَخَّرْنَا لَهُ الرِّيحَ تَجْرِي بِأَمْرِهِ

رُحَاءَ حَيْثُ أَصَابَ

وَالشَّيَاطِينَ كُلَّ بَنَّاءٍ وَعَوَّاصٍ

أَلَّا إِلَى اللَّهِ تَصِيرُ الْأُمُورُ

Imam al-Bāqir ( ` a) is reported to have said: Whoever suffers from headache may rub his head with his hand and repeat the following statement seven times:

I beseech the protection of the One to Whom whatsoever in the lands, in the sea,	a`ūdhu billāhi alladhī sakana lahū mā fī albarri walbaḥri	أَعُوذُ بِاللَّهِ الَّذِي سَكَنَ لَهُ مَا فِي الْبَرِّ وَالْبَحْرِ
in the heavens, and in the earth rests	wa mā fī alssamāwāti wal-arḍi	وَمَا فِي السَّمَاوَاتِ وَالْأَرْضِ
and He is the All-hearing and All-knowing.	wa huwa alssamī`u al`alīmu	وَهُوَ السَّمِيعُ الْعَلِيمُ

#### AMULET AGAINST EARACHE

Imam al-Ṣādiq ( ` a) is reported to have advised the same amulet to be repeated seven times by those who suffer from earache.

Imam al-Ṣādiq ( ` a) is reported to have advised those who suffer from earache to do the following:

Bring a piece of very old cheese, crush it, add milk to it, boil it on fire, and pour some drops of it in the ached ear.

#### AMULET AGAINST HEADACHE

Recite the following holy verse on a glass of water and then drink it:

“Do not those who disbelieve see that the heavens and the earth were closed up, but We have opened them and We have made of water everything living? Will they not then believe?”	awalam yara alladhīna kafarū anna alssamāwāti wal-arḍa kānatā ratqan fafataqnāhumā wa ja`alnā min almā'i kulla shay'in ḥayyin afalā yu'minūna	أَوَلَمْ يَرَ الَّذِينَ كَفَرُوا أَنَّ السَّمَاوَاتِ وَالْأَرْضَ كَانَتَا رَتْقًا فَفَتَقْنَاهُمَا وَجَعَلْنَا مِنَ الْمَاءِ كُلَّ شَيْءٍ حَيٍّ أَفَلَا يُؤْمِنُونَ
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It is reported that whenever the Holy Prophet (ṣ) was ailed or suffered from headache, he would open his two hands, recite Sūrah al-Fātiḥah, Sūrah al-Falaq, and Sūrah al-Nās, and then rub his face with his hands. Then, the ache would disappear.

For those who suffer from headache, while rubbing their heads with the hands, the following holy verse should be recited:

Surely, Allah upholds the heavens and the earth lest they come to naught;	inna allāha yumsiku alssamāwāti wal-arḍa an tazūlā	إِنَّ اللَّهَ يُمَسِكُ السَّمَاوَاتِ وَالْأَرْضَ أَنْ تَزُولَا
and if they should come to naught, there is none who can uphold them after Him.	wa la'in zālatā in amsakahumā min aḥadin min ba`dihī	وَلَئِنْ زَالَتَا إِنْ أَمْسَكَهُمَا مِنْ أَحَدٍ مِنْ بَعْدِهِ
Surely, He is the Forbearing, the Forgiving.	innahū kāna ḥalīman ghafūran	إِنَّهُ كَانَ حَلِيمًا غَفُورًا

The following incident is quoted from the book of *Rabī` al-Abrār*:

In Turtus (a city western Syria), Al-Ma'mūn, the `Abbāsīd ruler, was once affected by headache that none could treat. Having heard about this, the Roman emperor sent him a bonnet and a letter in which he wrote, "Having been informed about your headache, I sent you this bonnet so that you would put it on your head and your ache would vanish." Anticipating that the bonnet would be poisoned, al-Ma'mūn ordered the messenger to put it on his head. However, no harm happened to the messenger. Al-Ma'mūn then ordered the bonnet to be put on the head of another man who suffered from headache. Therefore, his pain vanished. Only then did he put it

on his head and his headache vanished. Surprised, al-Ma'mūn untied the bonnet and found the following inscription written therein:

In the Name of Allah, the All-beneficent, the All-merciful.

Too many graces of Allah are in dormant vein.

ḥā-mīm `ayn-sīn-qāf

They shall not be affected with headache thereby nor shall they get exhausted.

Due to the words of the All-beneficent Lord, fires are extinguished.

There is neither might nor power save with Allah.

Let the benefit of medicine pervade in you

just as the spring water pervades in twigs.

bismi allāh alrraḥmān alrraḥīmi

kam min ni`matin lillāhi fī `irqin s ākinin

ḥā-mīm `ayn-sīn-qāf

lā yuṣadda `ūna `anhā wa lā yunzif ūna

min kalāmi alrraḥmāni khamadati alnnīrānu

wa lā ḥawla wa lā quwwata illā bill āhi

wa jāla naf`u alldawā'i fika

kamā yajūlu mā'u alrrabī `i fī alghu ṣni

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

كَمْ مِنْ نِعْمَةٍ لِلَّهِ فِي عِرْقٍ سَاكِنٍ

حُمِ عَسَقٌ

لَا يُصَدَّعُونَ عَنْهَا وَلَا يُنْزِفُونَ

مِنْ كَلَامِ الرَّحْمَنِ خَمَدَتِ النَّيِّرَانُ

وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

وَجَالَ نَفْعُ الدَّوَاءِ فِيكَ

كَمَا يَجُولُ مَاءُ الرَّبِيْعِ فِي الْأَغْصَانِ

#### AMULET AGAINST MIGRAINE

Put your hand on the ached half of your head and repeat the following prayer three times:

O Manifestly Existent,

O never missing although immanent!

Confer back Your excellent favors upon your weak servant

and remove from him the harm from which he is suffering.

Verily, You are All-merciful and Omnipotent.

yā zāhīran mawjūdān

wa yā bāṭinan ghayra mafqūdin

urdud `alā `abdika alqḍā `ifi ay ādiyaka aljamīlata `indahū

wa adhib `anhu mā bihī min adhan

innaka raḥīmun qadīrun

يَا ظَاهِرًا مَوْجُودًا

وَيَا بَاطِنًا غَيْرَ مَفْقُودٍ

أَرْدُدْ عَلَيَّ عَبْدِكَ الضَّعِيفِ أَيَادِيكَ الْجَمِيلَةَ عِنْدَهُ

وَأَذْهِبْ عَنْهُ مَا بِهِ مِنْ أَدَى

إِنَّكَ رَحِيمٌ قَدِيرٌ

#### AMULET AGAINST DEAFNESS

Imam al-Bāqir (`a) is reported to have said: Put your hand on the ailed organ and recite the following holy verses [the last four verses of Sūrah al-Ḥashr]:

Had We sent down this Qur'ān on a mountain...

law anzalnā hādhā al-qur'āna `alā jabalīn...

لَوْ أَنْزَلْنَا هَذَا الْقُرْآنَ عَلَى جَبَلٍ...

These holy verses have been previously cited in this book.

#### AMULET AGAINST MOUTH ACHE

Imam al-Ṣādiq (`a) is reported to have said: As for those who suffer from mouth ache, they may put their hands on the ached organ and say the following:

In the Name of Allah, the All-beneficent, the All-merciful.

In the Name of Allah with Whose Name no malady will harm.

I pray for the protection of Allah's Words with which nothing will harm.

bismi allāh alrraḥmān alrraḥīmi

bismi allāh alladhī lā yaḍurru ma`a ismihī dā'un

a`ūdhu bikalimāti allāhi allatī lā ya ḍurru ma`ahā shay'un

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ دَاءٌ

أَعُوذُ بِكَلِمَاتِ اللَّهِ الَّتِي لَا يَضُرُّ مَعَهَا

All-holy. All-holy. All-holy.

I beseech You, O my Lord, in Your Name,

the all-pure, the sacred, the all-blessed;

whoever beseeches You in Your Name, You will give him

and whoever implores You in Your Name, You will respond to him.

I beseech you, O Allah, O Allah, O Allah,

to bless Muḥammad, the Prophet, and his Household

and to cure me of the ache from which I am suffering in my mouth, my head,

my hearing, my sight,

my stomach, my back,

my hand, my leg,

and all of my organs.

quddūsun quddūsun quddūsun

as'aluka yā rabbi bismika

alṭṭāhiri almuqaddsi almubāraki

alladhī man sa'alaka bihī a`ṭaytahū

wa man da`āka bihī ajabtahū

as'aluka yā allāhu yā allāhu yā allāhu

an tuṣalliya `alā muḥammadin alnabiyyi wa ahli baytihi

wa an tu`āfiyanī mimma ajidu fī famī wa fī ra'sī

wa fī sam`ī wa fī baṣari

wa fī baṭni wa fī zaḥri

wa fī yadi wa fī rijli

wa fī jawārihi kullihā

قُدُّوسٌ قُدُّوسٌ قُدُّوسٌ

أَسْأَلُكَ يَا رَبِّ بِأَسْمِكَ

الطَّاهِرِ الْمُقَدَّسِ الْمُبَارَكِ

الَّذِي مَنْ سَأَلَكَ بِهِ أُعْطِيَتهُ

وَمَنْ دَعَاكَ بِهِ أَجَبْتَهُ

أَسْأَلُكَ يَا اللَّهُ يَا اللَّهُ يَا اللَّهُ

أَنْ تُصَلِّيَ عَلَيَّ مُحَمَّدِ النَّبِيِّ وَأَهْلِ بَيْتِهِ

وَأَنْ تُعَافِيَنِي مِمَّا أَجِدُ فِي فَمِي وَفِي رَأْسِي

وَفِي سَمْعِي وَفِي بَصَرِي

وَفِي بَطْنِي وَفِي ظَهْرِي

وَفِي يَدِي وَفِي رِجْلِي

وَفِي جَوَارِحِي كُلِّهَا

#### AMULET AGAINST TOOTHACHE

Imam al-Ṣādiq (`a) is reported to have said: As for those who suffer from toothache, they may put their hands on the ached organ and recite Sūrah al-Fātiḥah, Sūrah al-Tawḥīd, Sūrah al-Qadr, and the following holy verse:

And you see the mountains, you think them to be solid,

and they shall pass away as the passing away of the cloud--

the handiwork of Allah Who has made every thing thoroughly.

Surely, He is Aware of what you do.

wa tarā aljibāla taḥsabuhā jāmīdan

wa hiya tamurru marra alssaḥābi

ṣun`a allāhi alladhī atqana kulla shay'in

innahū khabīrun bimā taf`alūna

وَتَرَى الْجِبَالَ تَحْسَبُهَا جَامِدَةً

وَهِيَ تَمُرُّ مَرَّ السَّحَابِ

صُنِعَ اللَّهُ الَّذِي أَتَقَنَ كُلَّ شَيْءٍ

إِنَّهُ خَبِيرٌ بِمَا تَفْعَلُونَ

Likewise, Imam `Alī (`a) is reported to have said: You may rub the place of your prostration (in ritual prayers) with your hand, rub the ached tooth with it, and say the following:

In the Name of Allah.

The (true) Healer is Allah.

There is neither might nor power save with Allah, the Most High and All-great.

bismi allāhi

walshshāfi allāhu

wa lā ḥawla wa lā quwwata illā billāhi al`aliyyi al`azīmi

بِسْمِ اللَّهِ

وَالشَّافِي اللَّهِ

وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ

#### ANOTHER AMULET AGAINST TOOTHACHE

You may recite Sūrah al-Fātiḥah and Sūrah al-Tawḥīd. With each Sūrah, you may recite:

In the Name of Allah, the All-beneficent, the All-merciful.

bismi allāh alrraḥmān alrraḥīmi

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

After Sūrah al-Tawhīd, you may recite the following holy verses:

In the Name of Allah, the All-beneficent, the All-merciful.

bismillāhi alrraḥmān alrraḥīmi

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

And to Him belongs whatever dwells in the night and the day and He is the Hearing, the Knowing.

wa lahū mā sakana fī allayli walnnahāri

وَلَهُ مَا سَكَنَ فِي اللَّيْلِ وَالنَّهَارِ

wa huwa alssamī`u al`alīmu

وَهُوَ السَّمِيعُ الْعَلِيمُ

We said: O fire! Be a comfort and peace to Abraham.

qulnā yā nāru kūnī bardan wa salāman `alā ibrahīma

قُلْنَا يَا نَارُ كُونِي بَرْدًا وَسَلَامًا عَلَيَّ  
إِبْرَاهِيمَ

They desired a war on him but We made them the greatest losers.

wa arādū bihī kaydan faja`alnā humū alākhsarīna

وَأَرَادُوا بِهِ كَيْدًا فَجَعَلْنَاهُمُ الْأَخْسَرِينَ

Blessed is Whoever is in the fire and whatever is about it

nūdiya an būrika man fī alnnāri wa man ḥawlahā

نُودِيَ أَنْ بُورِكَ مَنْ فِي النَّارِ وَمَنْ حَوْلَهَا

and glory be to Allah, the Lord of the worlds.

wa subḥāna allāhi rabbi al`ālamīna

وَسُبْحَانَ اللَّهِ رَبِّ الْعَالَمِينَ

You may then say the following prayer:

O Allah, O He Who saves from all things

allāhumma yā kāfiyan min kulli shay'in

اللَّهُمَّ يَا كَافِيًا مِنْ كُلِّ شَيْءٍ

while nothing can save from You, (please) save Your servant and the son of Your she-servant

wa lā yakfī minka shay'un

وَلَا يَكْفِي مِنْكَ شَيْءٌ

from the evil of what he fears and anticipates

ikfī `abdaka wabna amatika

إِكْفِ عَبْدَكَ وَأَبْنَ أُمَّتِكَ

and from the evil of the ache about which he is complaining to You.

min sharri mā yakhāfu wa yaḥdharu

مِنْ شَرِّ مَا يَخَافُ وَيَحْذَرُ

wa min sharri alwaja`i alladhī yashkūhu ilayka

وَمِنْ شَرِّ أَلْوَجَعِ الَّذِي يَشْكُوهُ إِلَيْكَ

It is also reported that one who suffers from toothache may take a blade or a leaf of a date-palm tree, rub the ached place with it, and repeat the following statement seven times:

In the Name of Allah, the All-beneficent, the All-merciful.

bismillāhi alrraḥmān alrraḥīmi

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the Name of Allah (I begin) and in Allah (I trust).

bismillāhi wa billāhi

بِسْمِ اللَّهِ وَبِاللَّهِ

Muḥammad is the messenger of Allah

muḥammadun rasūlu allāhi

مُحَمَّدٌ رَسُولُ اللَّهِ

and Abraham is the friend of Allah.

wa ibrahīmu khalīlu allāhi

وَإِبْرَاهِيمُ خَلِيلُ اللَّهِ

Calm down in the name of the One to Whom whatsoever is in the night and day rests by His permission

uskun billadhī sakana lahū mā fī allayli allayli walnnahāri bi'idhnihi

أُسْكُنْ بِالَّذِي سَكَنَ لَهُ مَا فِي اللَّيْلِ وَالنَّهَارِ بِإِذْنِهِ

and He has power over all things.

wa huwa `alā kulli shay'in qadīrun

وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

It is also reported that one who suffers from toothache may put a stick or a piece of iron on the tooth and use this amulet from the side of the tooth by repeating it seven times:

In the Name of Allah, the All-beneficent, the All-merciful.

bismillāhi alrraḥmān alrraḥīmi

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

How wonderful! It is the wonder of wonders

al`ajabu kullu al`ajabi

الْعَجَبُ كُلُّ الْعَجَبِ

that a worm in the mouth  
eats the bone  
and causes blood to come out.

dūdatun takūnu fī alfami  
ta'kulu al` aẓma  
wa tunzilu alddama

دُودَةٌ تَكُونُ فِي الْفَمِ  
تَأْكُلُ الْعَظْمَ  
وَتُنْزِلُ الدَّمَ  
أَنَا الرَّاقِي

I use this amulet  
but Allah is the healer and the  
savior.

anā alrrāqī  
wallāhu alshshāfi walkāfi

وَاللَّهُ الشَّافِي وَالْكَافِي

There is no god save Allah.

lā ilāha illā allāhu

لَا إِلَهَ إِلَّا اللَّهُ

All praise be to Allah, the Lord of  
the Worlds.

walḥamdu lillāhi rabbi al` ālamīna

وَالْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ

“And when you killed a man, then  
you disagreed with respect to that,  
and Allah was to bring forth that  
which you were going to hide.

wa idh qataltum nafsā fadd  
āra'tum fihā

(وَإِذْ قَتَلْتُمْ نَفْسًا فَادَّارَأْتُمْ فِيهَا

So, We said: Strike the dead body  
with part of the sacrificed cow.

wallāhu mukhrijun mā kuntum  
taktumūna

وَاللَّهُ مُخْرِجُ مَا كُنْتُمْ تَكْتُمُونَ.

Thus Allah brings the dead to life  
and He shows you His signs so  
that you may understand.”

faqlnā idribūhu biba` dīhā

فَقُلْنَا أَضْرِبُوهُ بَبَعْضِهَا

kadhālika yuḥyī allāhu almawtā

كَذَلِكَ يُحْيِي اللَّهُ الْمَوْتَى

wa yurīkum āyātihī la` allakum  
ta` qilūna

وَيُرِيكُمْ آيَاتِهِ لَعَلَّكُمْ تَعْقِلُونَ)

The previous method may be repeated seven times.

#### PRAYER FOR CHEST PAINS

It is also reported that the previously mentioned verse (i.e. “and when you killed...”) may be recited by those who suffer from chest pains.

A tradition reads, “Seek healing from the Holy Qur`ān, for Almighty Allah says, ‘O men! There has come to you indeed an admonition from your Lord and a healing for what is in the breasts. (10/57)’”

#### A PRAYER FOR CURING OF COUGHING

An all-inclusive prayer is reported for curing of coughing. This lengthy prayer, which is quoted from *Bihār al-Anwār*, Book of Prayers, begins with the following statement:

allāhumma anta rajā'ī

اللَّهُمَّ أَنْتَ رَجَائِي

ce...

wa anta thiqaṭī wa `imādī...

وَأَنْتَ ثِقَاتِي وَعِمَادِي...

#### AMULET AGAINST STOMACH PAINS

The Holy Prophet (ﷺ) is reported to have advised those who suffer from colic to mix honey with hot water and recite Sūrah al-Fātiḥah seven times on the mixture so as to seek Almighty Allah’s protection against the pains.

As to Imam `Alī (`a), he is reported to have directed those who suffer from stomach pains to drink hot water and say the following prayer:

O Allah! O Allah! O Allah!

yā allāhu yā allāhu yā allāhu

يَا اللَّهُ يَا اللَّهُ يَا اللَّهُ

O All-beneficent! O All-merciful!

yā raḥmānu yā raḥīmu

يَا رَحْمَنُ يَا رَحِيمُ

O Lord of all lords!

yā rabba al-arbābi

يَا رَبَّ الْأَرْبَابِ

O God of all gods!

yā ilāha al-āliḥati

يَا إِلَهَ الْأَلِيْهَةِ

O King of all kings!

yā malika almulūki

يَا مَلِكَ الْمُلُوكِ

O Master of all masters!

yā sayyida alssādati

يَا سَيِّدَ السَّادَةِ

(Please) cure me, with Your cure,  
of all maladies and illnesses,

ishfinī bishifā'ika min kulli dā'in wa  
suqmin

إِشْفِنِي بِشِفَائِكَ مِنْ كُلِّ دَاءٍ وَسُقْمٍ

for I am Your servant and the son  
of Your two servants

fa'innī `abduka wabnu `abdayka

فَإِنِّي عَبْدُكَ وَأَبْنُ عَبْدَيْكَ

and I turn living under Your  
control.

ataqallabu fī qabḍatika

أَتَقَلَّبُ فِي قَبْضَتِكَ

For a stomach pain or any other ailment, the sick is recommended to put his/her hand on the ailed place and repeat the following evil-repelling prayer:

I pray the protection of Allah's  
almightiness and majesty

a`ūdhu bi` izzati allāhi wa jalālihī

أَعُوذُ بِعِزَّةِ اللَّهِ وَجَلَالِهِ

against the evil of what I feel.

min sharri mā ajidu

مِنْ شَرِّ مَا أَجِدُ

The sick may then put his/her right hand on the ailed place and repeat the following three times:

bismillāhi

بِسْمِ اللَّهِ

#### A AMULET AGAINST COLITIS

For those who suffer from colitis, they are required to write Sūrah al-Fātiḥah, Sūrah al-Falaq, and Sūrah al-Nās on a paper or a sheet and then adds the following statement thereunder:

I pray the protection of the Face  
of the All-great Allah,

a`ūdhu biwajhi allāhi al`azīmi

أَعُوذُ بِوَجْهِ اللَّهِ الْعَظِيمِ

His almightiness that is  
invulnerable,

wa bi` izzatihī allatī lā turāmu

وَبِعِزَّتِهِ الَّتِي لَا تُرَامُ

and His omnipotence against  
which nothing can stop

wa biqudratihī allatī lā yamtani` u  
minhā shay'un

وَبِقُدْرَتِهِ الَّتِي لَا يَمْتَنِعُ مِنْهَا شَيْءٌ

against the evil of this pain,

min sharri hādhā alwaja`i

مِنْ شَرِّ هَذَا الْوَجَعِ

the evil of whatever is in it,

wa min sharri mā fihī

وَمِنْ شَرِّ مَا فِيهِ

and the evil of what I feel because  
of it.

wa min sharri mā ajidu minhu

وَمِنْ شَرِّ مَا أَجِدُ مِنْهُ

Then, the sheet may be washed with rainwater and drunk (1) in the beginning of the day before eating anything and (2) before going to sleep. This is blessed and useful way.

It is narrated that a man complained to the Holy Prophet (ﷺ) about colitis from which his brother had suffered. The Holy Prophet (ﷺ) instructed, "Tell your brother to drink a mixture of honey and hot water." The next day, the man returned to the Holy Prophet (ﷺ) and informed that the prescription was not useful. The Holy Prophet (ﷺ) commented, "Allah is truthful, but your brother's colon is not. Go back, give him the same drink, and recite on it Sūrah al-Fātiḥah seven times as prayer for God's protection." When the man left, the Holy Prophet (ﷺ) said to Imam `Alī ( `a), "The brother of this man is hypocrite; therefore, the drink was not effective with him."

#### A AMULET AGAINST WARTS

To treat warts—small, benign, and hard excrescence on the skin or on the hand occasionally—for each wart, you may take seven barley seeds. Recite the verses 1-6 of Sūrah al-Wāqī`ah (No. 56) seven times over each seed. Then, recite the following verse seven times over each seed, too:

They ask thee concerning the  
Mountains, say, 'My Lord will  
uproot them and scatter them as  
dust;

wa yas'alūnaka `an aljibālī faqul  
yansifuhā rabbī nasfan

وَيَسْأَلُونَكَ عَنِ الْجِبَالِ فَقُلْ يَنْسِفُهَا  
رَبِّي نَسْفًا.

He will leave them as plains  
smooth and level;

fayadharuhā qā`an ṣafṣafan

فَيَذَرُهَا قَاعًا صَفْصَفًا.

Nothing crooked or curved wilt

thou see in their place.

lā tarā fihā ` iwajan wa lā amtan

لَا تَرَىٰ فِيهَا عِوَجًا وَلَا أَمْتًا.

You may then blow over it. Take one seed at a time and rub each seed on one wart. Then, put all of the seeds in a piece of cloth, tie up a rock on the piece of cloth, and throw it in a well.

This act is said to be advisably done in the waning of the moon.

A warty person is recommended to rub the warts with a piece of salt and recite three times the last four verses of Sūrah al-Ḥashr:

Had We sent down this Qur'ān on a mountain...

law anzalnā hādhā al-qur'āna ` alā jabalin...

لَوْ أَنْزَلْنَا هَذَا الْقُرْآنَ عَلَىٰ جَبَلٍ...

The piece of salt may be then thrown in an oven and the warty person may pass over it hurriedly. Then, the warts will vanish, Allah willing.

The author of the book of *al-Khazā'in* has mentioned that warts may vanish when they are overlaid with the hair-removing powder.

#### A AMULET AGAINST ALL TUMORS

Recite the last four verses of Sūrah al-Ḥashr with ponderation while you are ceremonially pure after you have performed the ritual ablution (*wuḍū'*) before and after an obligatory prayer:

Had We sent down this Qur'ān on a mountain...

law anzalnā hādhā al-qur'āna ` alā jabalin...

لَوْ أَنْزَلْنَا هَذَا الْقُرْآنَ عَلَىٰ جَبَلٍ...

The swelling will then vanish, Allah willing.

#### A AMULET AGAINST DYSTOCIA

For women suffering from dystocia (i.e. difficult or abnormally painful childbirth), the following holy verses may be written on a parchment and tied to their right thigh. It must be untied after they give birth:

In the Name of Allah, the All-beneficent, the All-merciful.

bismillāhi alrraḥmān alrraḥīmi

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

On the day that they shall see what they are promised,

ka'annahum yawma yarawna mā yū` adūna

كَانَهُمْ يَوْمَ يَرَوْنَ مَا يُوعَدُونَ

they shall be as if they had not tarried save an hour of the day.

lam yalbathū illā sā` atan min nahārin

لَمْ يَلْبَثُوا إِلَّا سَاعَةً مِنْ نَهَارٍ

On the day that they see it,

ka'annahum yawma yarawnahā

كَانَهُمْ يَوْمَ يَرَوْنَهَا

it will be as though they had not tarried but the latter part of a day or the early part of it.

lam yalbathū illā `ashiyyatan aw ḍuḥāhā

لَمْ يَلْبَثُوا إِلَّا عَشِيَّةً أَوْ ضُحَاهَا

When a woman of `Imrān said:

idh qālat imra'atu ` imrāna

إِذْ قَالَتْ امْرَأَةٌ عِمْرَانَ

My Lord! Surely, I vow to You what is in my womb, to be devoted (to Your service);

rabbi innī nadhartu laka mā fī baṭni muḥarraran

رَبِّ إِنِّي نَذَرْتُ لَكَ مَا فِي بَطْنِي مُحَرَّرًا

accept therefore from me. Surely, You are the Hearing, the Knowing.

fataqabbal minnī innaka anta alssamī` u al` alīmu

فَتَقَبَّلْ مِنِّي إِنَّكَ أَنْتَ السَّمِيعُ الْعَلِيمُ

It is also reported that the following holy verse should be recited over women suffering from dystocia:

And the throes (of childbirth) compelled her to betake herself to the trunk of a palm tree.

fa'ajā'ahā almakhāḍu ilā jidh ` linnakhlati

فَأَجَاءَهَا الْمَخَاضُ إِلَىٰ جِذْعِ النَّخْلَةِ

She said: Oh, would that I had died before this,

qālat yā laytanī mittu qabla hādaā

قَالَتْ يَا لَيْتَنِي مِتُّ قَبْلَ هَذَا

and had been a thing quite forgotten.

wa kuntu nasyān mansiyyan

وَكُنْتُ نَسِيًّا مَنْسِيًّا

Then (the child) called out to her from beneath her: Grieve not!

fanādāhā min taḥtihā allā taḥzanī

فَنَادَاهَا مِنْ تَحْتِهَا أَلَّا تَحْزَنِي

Surely, your Lord has made a stream to flow beneath you.

And shake towards you the trunk of the palm tree,

it will drop on you fresh ripe dates.

qad ja`ala rabbuki tahtaki sariyyan

wa huzzī ilayki bijidh`i alnnakhlati

tusāqit`alayki ruṭaban janiyyan

قَدْ جَعَلَ رَبُّكَ تَحْتِكَ سَرِيًّا

وَهَزِي إِلَيْكَ بِجِدْعِ النَّخْلَةِ

تَسَاقِطُ عَلَيْكَ رَطَبًا جَنِيًّا

The reciter should then raise the voice with the following holy verse and the statement following it:

“And Allah has brought you forth from the wombs of your mothers;

you did not know anything;

and He gave you hearing, sight, and hearts

that you may give thanks.”

So, come out O throes.

Come out, by the permission of Allah.

wallāhu akhrajakum min buṭūni ummahātikum

lā ta`lamūna shay'an

wa ja`ala lakumu alssam`a wal-abṣāra wal-af'idata

la`allakum tashkurūna

kadhālika ukhruj ayyuhā alṭṭalaqu

ukhruj bi'idhni allāhi

(وَاللَّهُ أَخْرَجَكُمْ مِنْ بُطُونِ أُمَّهَاتِكُمْ

لَا تَعْلَمُونَ شَيْئًا

وَجَعَلَ لَكُمْ السَّمْعَ وَالْأَبْصَارَ وَالْأَفْئِدَةَ

لَعَلَّكُمْ تَشْكُرُونَ.)

كَذَلِكَ أَخْرَجُ أَيُّهَا الطَّلَقُ

أُخْرَجُ بِإِذْنِ اللَّهِ

For easy childbirth, Imam al-Ṣādiq (`a) is reported to have advised of writing the following prayer on a sheet of paper or a parchment:

O Allah, O reliever of agonies,

dispeller of distresses,

and beneficent and merciful of this world and the Hereafter,

(please) have mercy upon...

allāhumma fārija alhammi

wa kāshifa alghammi

wa raḥmāna alddunyā wal-ākhirati wa raḥīmahumā

irḥam...

اللَّهُمَّ فَارِجَ أَلْهَمِّ

وَكَاشِفِ أَلْغَمِّ

وَرَحْمَنِ الدُّنْيَا وَالْآخِرَةِ وَرَحِيمِهِمَا

أَرْحَمِ...

You may now mention the woman's name and her mother's:

with such mercy that makes her dispense with the mercy of all of Your creatures,

relieve her anguish,

repel her distress,

and makes easy her childbirth.

“And judgment shall be given between them with justice,

and it shall be said: All praise is due to Allah, the Lord of the worlds.”

raḥmatan tughnihā bihā`an raḥmati jamī`i khalqika

tafruju bihā kurbatahā

wa takshifu bihā ghammahā

wa tuyassiru wilādatahā

wa quḍiya baynahum bilḥaqqi wa hum lā yuzlamūna

wa qīla alḥamdu lillāhi rabbi al`ālamīna

رَحْمَةً تُغْنِيهَا بِهَا عَنْ رَحْمَةِ جَمِيعِ خَلْقِكَ

تَفْرُجُ بِهَا كُرْبَتَهَا

وَتَكْشِفُ بِهَا غَمَّهَا

وَتُيَسِّرُ وِلَادَتَهَا

(وَقُضِيَ بَيْنَهُمْ بِالْحَقِّ وَهُمْ لَا يُظْلَمُونَ

وَقِيلَ الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ)

#### AMULETS AGAINST FEVER

(1) It is recommended to say this amulet, which the Holy Prophet (ﷺ) taught to Imam `Alī (`a) against fever:

O Allah, (please) have mercy upon my soft skin

and my fragile bone.

I pray Your protection against the outburst of fire.

allāhumma irḥam jildiya alrraqīqa

wa`azmiya alddaqīqa

wa a`ūdhu bika min fawrati alḥarīqi

اللَّهُمَّ أَرْحَمِ جِلْدِي الرَّقِيقِ

وَعَظْمِي الدَّقِيقِ

وَأَعُوذُ بِكَ مِنْ فَوْرَةِ الْحَرِيقِ

O Ummu-Mildam (i.e. fever),

if you believe in Allah,

then do not eat the flesh,

do not drink the blood,

do not boil in the mouth,

and move to one who claims that there is another god with Allah,

for I bear witness that there is no god but Allah,

One and Only and having no associate,

and I bear witness that

Muḥammad is His servant and messenger.

yā umma mildamin

in kunti āmanti billāhi

falā ta'kulī allāḥma

wa lā tashrabī alddama

wa lā tafūrī min alfami

wantaqīlī ilā man yaz`amu anna ma`a allāhi ilāhan ākhara

fa'innī ashhadu an lā ilāha illā allāhu

waḥdahū lā sharīka lahū

wa ashhadu anna muḥammadan `abduhū wa rasūluhū

يَا أُمَّ مَيْلِدَمَ  
إِنْ كُنْتَ آمَنْتَ بِاللَّهِ  
فَلَا تَأْكُلِي اللَّحْمَ  
وَلَا تَشْرَبِي الدَّمَ  
وَلَا تَفُورِي مِنَ الْفَمِ  
وَأَنْتَقِلِي إِلَى مَنْ يَزْعَمُ أَنَّ مَعَ اللَّهِ إِلَهًا  
آخَرَ

فَأِنِّي أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ

وَحْدَهُ لَا شَرِيكَ لَهُ

وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

(2) A feverish person is recommended to say repeatedly in mornings and evenings the prayer known as *du`ā' al-nūr*—a prayer that Lady Fāṭimah al-Zahrā' ( `a) taught to Salmān. This prayer can be found in *Mafātīḥ al-Jin ān*.

(3) The Holy Imams ( `a) are reported to have used to treated themselves against fever with cold water. Successively, they used to wet their clothes by putting one on and leaving the other in water. When the dressed one dried out, they would put on the other wet one.

(4) Handwritten by Imam al-Riḍā ( `a), a feverish person may write the following inscriptions on three sheets of paper as follows:

On the first sheet, the following may be written down:

In the Name of Allah, the All-beneficent, the All-merciful.

“Fear not! Surely, you shall be the uppermost.”

bismillāhi alrraḥmān alrraḥīmi

lā takhaf innaka anta al-a`lā

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

لَا تَخَفِ إِنَّكَ أَنْتَ الْأَعْلَى

On the second sheet, the following may be written down:

In the Name of Allah, the All-beneficent, the All-merciful.

“Fear not! You are secure from the unjust people.”

bismillāhi alrraḥmān alrraḥīmi

lā takhaf najawta min alqawmi alzzālimīna

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

لَا تَخَفِ نَجَوْتَ مِنَ الْقَوْمِ الظَّالِمِينَ

On the third sheet, the following may be written down:

In the Name of Allah, the All-beneficent, the All-merciful.

“Surely, His is the creation and the command.

Blessed is Allah, the Lord of the worlds.”

bismillāhi alrraḥmān alrraḥīmi

alā lahū alkhalqu wal-amru

tabāraka allāhu rabbu al`ālamīna

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

أَلَا لَهُ الْخَلْقُ وَالْأَمْرُ

تَبَارَكَ اللَّهُ رَبُّ الْعَالَمِينَ

On each of these sheets, Sūrah al-Tawḥīd may be recited three times. After that, the feverish person may swallow the sheets in three days; each one on a day. If this is practiced, the fever will be healed, Allah willing.

(5) The feverish person may untie the buttons of his shirt, hang his head down to his chest, say the *adhān* and the *iqāmah* statements, and recite Sūrah al-Fātiḥah seven times. If this is practiced, the fever will be healed, Allah willing.

(6) The Holy Imams ( `a) are reported to have instructed that the following prayer should be written on a parchment and hanged to the feverish person:

O Allah, I beseech You in the name of Your almightiness, omnipotence, authority,

and whatever is comprehended by Your knowledge

to bless Muḥammad and the Household of Muḥammad,

not to overload over [so-and-so] the son of [so-and-so] any thing evil that You have created,

and to have mercy upon his soft skin

and his fragile bone

against the outbursts of fire.

Come out, O Ummu-Mildam (i.e. fever),

eater of flesh,

and drinker of blood.

Its heat and coldness are from Hell.

If you have believed in Allah the Greatest,

then do not eat any thing of the flesh of [so-and-so] the son of [so-and-so],

do not suck any amount of his blood,

do not weaken any part of his bones,

do not stir up distress over him,

do not excite headache over him,

and move away from his hair, skin,

flesh, and blood

to one who claims that there is another god with Allah

save Whom there is no god.

Glory be to Him and Exalted be Him against whatever they associate with Him.

Curing Ailments from Baqiyatus s  
allāhumma innī as'aluka bi` izzatika

wa qudratika wa sulṭānika

wa mā aḥāṭa bihī `ilmuka

an tuṣalliya `alā muḥammadin wa āli muḥammadin

wa an lā tusallṭa `alā... ibni...

shay'an mim mā khalaqta bisū'in

warḥam jildahū alrraqīqa

wa `azmahū alddaḡīqa

min fawrati alḥarīqī

ukhrujī yā umma mildamin

yā ākilata allahmi

wa shāribata alddami

ḥarruhā wa barduhā min jahannama

in kunti āmanti billāhi al-a`ẓami

an lā takulī li... laḥman

wa lā tamuṣṣī lahū daman

wa lā tunhikī lahū `azman

wa lā tuthawwirī `alayhi ghamman

wa lā tuhayyijī `alayhi ṣudā`an

wantaqilī `an sha`rihī wa basharihī

wa laḥmihī wa damihī

ilā man za`ama anna ma`a allāhi il āhan ākhara

lā ilāha illā huwa

subḥānahū wa ta`ālā `ammā

yushrikūna

اللَّهُمَّ إِنِّي أَسْأَلُكَ بِعِزَّتِكَ

وَقُدْرَتِكَ وَسُلْطَانِكَ

وَمَا أَحَاطَ بِهِ عِلْمُكَ

أَنْ تُصَلِّيَ عَلَيَّ مُحَمَّدٍ وَآلِ مُحَمَّدٍ

وَأَنْ لَا تُسَلِّطَ عَلَيَّ... شَيْئاً مِمَّا خَلَقْتَ

بِسُوءٍ

وَأَرْحَمِ جِلْدَهُ الرَّقِيقِ

وَعَظْمَهُ الدَّقِيقِ

مِنْ فَوْرَةِ الْحَرِيقِ

أَخْرُجِي يَا أُمَّ مِلْدَمٍ

يَا أَكِلَةَ اللَّحْمِ

وَشَارِبَةَ الدَّمِ

حَرُّهَا وَبَرْدُهَا مِنْ جَهَنَّمَ

إِنْ كُنْتَ آمَنْتِ بِاللَّهِ الْأَعْظَمِ

أَنْ لَا تَأْكُلِي لِ... لَحْمًا

وَلَا تَمُصِّي لَهُ دَمًا

وَلَا تُنْهِكِي لَهُ عَظْمًا

وَلَا تُثَوِّرِي عَلَيْهِ عَمًّا

وَلَا تُهَيِّجِي عَلَيْهِ صُدَاعًا

وَأَنْتَقِلِي عَنْ شَعْرِهِ وَبَشَرِهِ

وَلَحْمِهِ وَدَمِهِ

إِلَى مَنْ زَعَمَ أَنْ مَعَ اللَّهِ إِلَهًا آخَرَ

لَا إِلَهَ إِلَّا هُوَ

سُبْحَانَهُ وَتَعَالَى عَمَّا يُشْرِكُونَ

Then, it is recommended to write down the name of a non-Muslim or an enemy of Almighty Allah.

(7) On the right arm of the feverish person, it is advised to hang a sheet of paper (or the like) on which the following inscription has been written down :

“In the Name of Allah, the All-beneficent, the All-merciful.

bismillāhi alrraḥmān alrraḥīmi

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

All praise is due to Allah, the Lord of the Worlds.  
The Beneficent, the Merciful.

Master of the Day of Judgment.

Thee do we serve and Thee do we beseech for help.

Keep us on the right path—

the path of those upon whom You have bestowed favors.

Not (the path) of those upon whom Your wrath is brought down,

nor of those who go astray.”

In the Name of Allah (I begin) and in Allah (I trust).

I pray the protection of all the perfect words of Allah,

beyond which neither a pious nor an impious can go,

against the evil of whatsoever He has created, fashioned, and made,

against the evil of the pestles, the poisonous,

the general (evils), and the ill sights,

against the evil of the comers at nights and in days,

against the evil of the wicked Arabs and non-Arabs,

against the evil of the wicked jinn and men,

against the evil of Satan and his snares,

against the evil of all evil things,

and against the evil of every living creature that He holds it by its forelock.

Surely, my Lord is on the right path.

“Our Lord, on You do we rely,

to You do we turn,

and to You is the eventual coming.”

“O fire, be a comfort and peace to Abraham.

They desired a war on him, but

Curing Ailments from Baqiyatus s

alḥamdu lillāhi rabbi al`ālamīna

alrraḥmāni alrraḥīmi

māliki yawmi alddīni

iyyāka na`budu wa iyyāka nasta`inu

ihdinā alṣṣirāṭa al-mustaqīma

ṣirāṭa alladhīna an`amta `alayhim

ghayri almaghdūbi `alayhim

wa lā alḍḍāllīna

bismillāhi wa billāhi

a`ūdhu bikalimāti allāhi alttāmmāti kullihā

allatī lā yujāwizuhunna barrun wa lā āfājirun

min sharri mā khalaqa wa dhara'a wa bara'a

wa min sharri alhāmmati walssāmmati

wal`āmmati wallāmmati

wa min sharri ṭawāriqi allayli walnnaḥāri

wa min sharri fussaḥi al`arabi wal`ajami

wa min sharri fasaḥati aljinni wal-insi

wa min sharri alshshayṭāni wa shirkihī

wa min sharri kulli dhī sharrin

wa min sharri kulli dābbatin huwa ākhidhun bināṣiyatihā

inna rabbī `alā ṣirāṭin mustaqīmin

rabbanā `alayka tawakkalnā

wa ilayka anabnā

wa ilayka almaṣīru

yā nāru kūnī bardan wa salāman `alā ibrahīma

wa arādū bihī kaydan faja`aln

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ

الرَّحْمَنِ الرَّحِيمِ

مَالِكِ يَوْمِ الدِّينِ

إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ

إِهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ

صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ

غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ

وَالضَّالِّينَ

بِسْمِ اللَّهِ وَبِاللَّهِ

أَعُوذُ بِكَلِمَاتِ اللَّهِ التَّامَّاتِ كُلِّهَا

الَّتِي لَا يُجَاوِزُهَا بَرٌّ وَلَا فَاجِرٌ

مِنْ شَرِّ مَا خَلَقَ وَذَرَأَ وَبَرَأَ

وَمِنْ شَرِّ أَلْهَامَةٍ وَالسَّامَةِ

وَأَلْعَامَةِ وَاللَّامَةِ

وَمِنْ شَرِّ طَوَارِقِ اللَّيْلِ وَالنَّهَارِ

وَمِنْ شَرِّ فُسَّاقِ الْعَرَبِ وَالْعَجَمِ

وَمِنْ شَرِّ فَسَقَةِ الْجِنَّ وَالْإِنْسِ

وَمِنْ شَرِّ الشَّيْطَانِ وَشِرْكِهِ

وَمِنْ شَرِّ كُلِّ ذِي شَرٍّ

وَمِنْ شَرِّ كُلِّ دَابَّةٍ هُوَ آخِذٌ بِنَاصِيَّتِهَا

إِنَّ رَبِّي عَلَى صِرَاطٍ مُسْتَقِيمٍ

رَبَّنَا عَلَيْكَ تَوَكَّلْنَا

وَإِلَيْكَ أَنْبَأْنَا

وَإِلَيْكَ الْمَصِيرُ

يَا نَارُ كُونِي بَرْدًا وَسَلَامًا عَلَى إِبْرَاهِيمَ

وَأَرَادُوا بِهِ كَيْدًا فَجَعَلْنَاهُمُ الْأَخْسَرِينَ

We made them the greatest losers.”  
Let it be comfort and peace to [so-and-so] the son of [so-and-so (his mother’s name)].

bardan wa salāman `alā... ibni...

بَرْدًا وَسَلَامًا عَلَىٰ ... بِنِ ...

“Our Lord, do not punish us if we forget or make a mistake.

rabbanā lā tu`ākhidhnā in nasīnā aw akhta'nā

رَبَّنَا لَا تُؤَاخِذْنَا إِن نَّسِينَا أَوْ أَخْطَأْنَا

Our Lord, do not lay on us a burden

rabbanā wa lā taḥmil `alaynā iṣran

رَبَّنَا وَلَا تَحْمِلْ عَلَيْنَا إِصْرًا

as You did lay on those before us.

kamā ḥamaltahī `alā alladhīna min qablinā

كَمَا حَمَلْتَهُ عَلَى الَّذِينَ مِن قَبْلِنَا

Our Lord, do not impose upon us that which we have not the strength to bear.

rabbanā wa lā tuḥammilnā mā lā ṭāqata lanā bihī

رَبَّنَا وَلَا تَحْمِلْنَا مَا لَا طَاقَةَ لَنَا بِهِ

Pardon us, forgive us, and have mercy on us.

wa(a)` fu `annā wa(a)ghfir lanā wa(a)rḥamnā

وَأَعْفُ عَنَّا وَاعْفِرْ لَنَا وَأَرْحَمْنَا

You are our Patron;

anta mawlānā

أَنْتَ مَوْلَانَا

so, help us against the unbelieving people.”

fanṣurnā `alā alqawmi alkāfirīna

فَانصُرْنَا عَلَى الْقَوْمِ الْكَافِرِينَ

“Sufficient to me is Allah.

ḥasbiya allāhu

حَسْبِيَ اللَّهُ

There is no god save Him.

lā ilāha illā huwa

لَا إِلَهَ إِلَّا هُوَ

So, take Him for a protector.”

fattkhidhhu wakīlan

فَاتَّخِذْهُ وَكِيلًا

“Rely on the Ever-living Who dies not

wa tawakkal `alā alḥayyi alladhī lā yamūtu

وَتَوَكَّلْ عَلَى الْحَيِّ الَّذِي لَا يَمُوتُ

and celebrate His praise.

wa sabbiḥ biḥamdihī

وَسَبِّحْ بِحَمْدِهِ

And Sufficient is He as being aware of the faults of His servants.”

wa kafā bihī bidhunūbi `ibādihī khabīran baṣīran

وَكَفَىٰ بِهِ بَدْنُوبِ عِبَادِهِ خَبِيرًا بَصِيرًا

There is no god but Allah,

lā ilāha illā allāhu

لَا إِلَهَ إِلَّا اللَّهُ

One and Only and having no associate.

waḥdahū lā sharīka lahū

وَحْدَهُ لَا شَرِيكَ لَهُ

He has truly fulfilled His promise,

ṣadaqa wa `dahū

صَدَقَ وَعْدَهُ

given victory to His servant,

wa naṣara `abdahū

وَنَصَرَ عَبْدَهُ

and defeated the allies alone.

wa hazama al-aḥzāba waḥdahū

وَهَزَمَ الْأَحْزَابَ وَحْدَهُ

Only what Allah wills shall come to pass.

mā shā'a allāhu

مَا شَاءَ اللَّهُ

“There is no power save with Allah.”

lā quwwata illā billāhi

لَا قُوَّةَ إِلَّا بِاللَّهِ

“Allah has written down: I will most certainly prevail, I and My messengers.

kataba allāhu la'aghlibanna ana wa rusulī

كَتَبَ اللَّهُ لِأَغْلِبَنَّ أَنَا وَرُسُلِي

Surely, Allah is Strong, Mighty.”

inna allāha qawiyyun `azīzun

إِنَّ اللَّهَ قَوِيٌّ عَزِيزٌ

“Surely, the party of Allah are they that shall be triumphant.”

inna ḥizba allāhi hum alghālibūna

إِنَّ حِزْبَ اللَّهِ هُمُ الْغَالِبُونَ

“And whoever holds fast to Allah, he indeed is guided to the right

wa man ya `taṣim billāhi

وَمَنْ يَعْصِمِ بِاللَّهِ

path.”

May Allah bless Muḥammad

and his pure and immaculate Household.

faḡad hudiya ilā širāṭin mustaqīmin  
wa šallā allāhu `alā muḡammadin

wa ālihī alṭṭayyibīna alṭṭāhirīna

فَقَدْ هُدِيَ إِلَى صِرَاطٍ مُسْتَقِيمٍ  
وَصَلَّى اللَّهُ عَلَى مُحَمَّدٍ

وَأَلِهِ الطَّيِّبِينَ الطَّاهِرِينَ

(8) On three pieces of sugar, the following three phrases may be written down and the feverish person may eat them in the mornings of three days as the first meal, each piece a day:

The inscription on the first piece of sugar is this:

I will be tied up by the permission of Allah.

`aqadtu bi'idhni allāhi

عَقَدْتُ بِإِذْنِ اللَّهِ

The inscription on the second piece of sugar is this:

I have fled by the permission of Allah.

nadadtu bi'idhni allāhi

نَدَدْتُ بِإِذْنِ اللَّهِ

The inscription on the third piece of sugar is this:

I will be calmed down by the permission of Allah.

sakantu bi'idhni allāhi

سَكَنْتُ بِإِذْنِ اللَّهِ

### A PRAYER AGAINST TENESMUS

It is reported that a man complained to Imam Mūsā al-Kāzīm ( ` a) about suffering from continuous tenesmus (i.e. a frequent, excessive, and painful desire to defecate). As treatment, the Imam ( ` a) taught the man to say the following prayer after the Night Prayer:

O Allah, whatsoever good thing I have ever experienced has been from You

allāhumma mā kāna min khayrin  
faminka

اللَّهُمَّ مَا كَانَ مِنْ خَيْرٍ فَمِنْكَ

and I have no praiseworthy thing about it.

lā ḡamda lī fihi

لَا حَمْدَ لِي فِيهِ

As for whatsoever evil I have done, You have already warned me against it;

wa mā `amiltu min sū'in faḡad  
ḡadhdhartanīhi

وَمَا عَمِلْتُ مِنْ سُوءٍ فَقَدْ حَذَّرْتَنِيهِ

therefore, I am not excused in doing it at all.

lā `udhra lī fihi

لَا عُذْرَ لِي فِيهِ

O Allah, I thus pray Your protection against that I rely upon things that I have no praiseworthy interference it them

allāhumma innī a`ūdhu bika an  
attakila `alā mā lā ḡamda lī fihi

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ أَنْ أَتَّكِلَ عَلَى مَا لَا حَمْدَ لِي فِيهِ

or that I feel secure against things that I am unexcused in committing them.

aw āmana mimmā lā `udhra lī fihi

أَوْ آمَنْ مِمَّا لَا عُذْرَ لِي فِيهِ

### A PRAYER AGAINST STOMACH GURGLING

Imam Mūsā al-Kāzīm ( ` a) is also reported to have advised the same previous prayer to be said after the Night Prayer by those who suffer from stomach gurgling. [A man said to him, "I suffer from stomach gurgling that never stops. Therefore, I feel embarrassed when people to whom I speak hear the sounds of such gurgling. So, please pray Allah to cure me of it.]

Imam al-Šādiq ( ` a), advising those who suffer from stomach gurgling, said, "Black cumin may be mixed with honey and then eaten."

### A PRAYER AGAINST LEPROSY

Yūnus has reported that whitish scales between the eyes affected him. He therefore complained about this disease to Imam al-Šādiq ( ` a) who, leading him to a treatment, said: You may pure yourself ceremonially, offer a two-unit prayer, and say this ( prayer):

O Allah! O All-beneficent! O All-

merciful!

O Hearer of prayers!

O Donor of the good!

(Please) give me the good of this world and the good of the Hereafter,

protect me against the evil of this world and the evil of the Hereafter,

and remove from me what I am facing,

for this matter has enraged and saddened me.

yā allāhu yā raḥmānu yā raḥīmu  
yā samī` a aldda` awāti

yā mu`ṭiya alkhayrāti

a`ṭinī khayra alddunyā wa khayra  
al-ākhiratiwa qinī sharra alddunyā wa sharra  
al-ākhirati

wa adhib `annī mā ajidu

faqad ghāzanī al-amru wa aḥzananī

يَا اللَّهُ يَا رَحْمَنُ يَا رَحِيمُ  
يَا سَمِيعَ الدَّعَوَاتِ

يَا مُعْطِيَ الْخَيْرَاتِ

أَعْطِنِي خَيْرَ الدُّنْيَا وَخَيْرَ الْآخِرَةِ

وَقِنِي شَرَّ الدُّنْيَا وَشَرَّ الْآخِرَةِ

وَأَذْهِبْ عَنِّي مَا أَجِدُّ

فَقَدْ غَاظَنِي الْأَمْرُ وَأَحْزَنَنِي

Reporting the same narration, the author of *'Uddat al-Dā`i* has reported Imam al-Ṣādiq ( `a) as saying:In the beginning of the last third of night, you may perform the ritual ablution (*wuḍū`*) and offer the prayer you usually offer at this time. In the second prostration of the first two units of the prayer, you may say the following ( prayer) while you are in a state of prostration:

O Most High! O All-great!

O All-beneficent! O All-merciful!

O Hearer of prayers!

O Donor of the good!

(Please) send blessings upon Muḥammad and the Household of Muḥammad,

give me from the good of this world and the Hereafter

in a way that fits You,

repel from me the evil of this world and the Hereafter

in a way that fits You,

and remove from me this pain,

for it has enraged and saddened me.

yā `aliyyu yā `azīmu

yā raḥmānu yā raḥīmu

yā sāmi` a aldda` awāti

yā mu`ṭiya alkhayrāti

ṣalli `alā muḥammadin wa āli  
muḥammadinwa a`ṭinī min khayri alddunyā wal-  
ākhirati mā anta ahlukūwaṣrif `annī min sharri alddunyā  
wal-ākhirati mā anta ahlukū

wa adhib `annī hādhā alwaja` a

fa'innahū qad ghāzanī wa aḥzananī

yā `aliyyu yā `azīmu

yā raḥmānu yā raḥīmu

يَا عَلِيُّ يَا عَظِيمُ

يَا رَحْمَنُ يَا رَحِيمُ

يَا سَامِعَ الدَّعَوَاتِ

يَا مُعْطِيَ الْخَيْرَاتِ

صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ

وَأَعْطِنِي مِنْ خَيْرِ الدُّنْيَا وَالْآخِرَةِ

مَا أَنْتَ أَهْلُهُ

وَأَصْرِفْ عَنِّي مِنْ شَرِّ الدُّنْيَا وَالْآخِرَةِ

مَا أَنْتَ أَهْلُهُ

وَأَذْهِبْ عَنِّي هَذَا الْوَجَعَ

فَإِنَّهُ قَدْ غَاظَنِي وَأَحْزَنَنِي

You may pray Almighty Allah so persistently.

Yūnus added, "Before I returned to al-Kūfah, Almighty Allah has removed from me all the traces of that disease."

For this disease as well as hemorrhoids, it is reported to write down Sūrah Yāsīn with honey in a cup that must be then washed and drunk.

It is also reported to have the soil of Imam al-Ḥusayn's tomb after being kneaded with rainwater.

It is also reported to overlay the ailed organ with henna and hair-removing powder for those suffering from mange, furuncle, and herpes. For the same diseases, it is reported to recite, write down, and hang on the diseased person the following holy verses and statement:

"In the Name of Allah, the All-beneficent, the All-merciful.

bismillāhi alrraḥmān alrraḥīmi

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

And the parable of an evil word  
is as an evil tree  
pulled up from the earth's surface;  
it has no stability.”

“From it, We created you

and into it, We shall send you  
back,

and from it, will We raise you a  
second time.”

Allah is the Most Great, but you  
do not glorify His greatness.

Allah shall remain forever, but  
you do not remain forever.

Allah has power over all things.

wa mathalu kalimatīn khabīthatin

kashajaratin khabīthatin

ijtuththat min fawqī al-arḍi

mā lahā min qarārin

minhā khalaqnākum

wa fihā nu`īdukum

wa minhā nukhrijukum tāratān  
ukhrā

allāhu akbaru wa anta lā tukabbiru

allāhu yabqā wa anta lā tabqā

wallāhu `alā kullī shay'in qadīrun

وَمَثَلُ كَلِمَةٍ خَبِيثَةٍ

كَشَجَرَةٍ خَبِيثَةٍ

أَجْتُثَّتْ مِنْ فَوْقِ الْأَرْضِ

مَا لَهَا مِنْ قَرَارٍ

مِنْهَا خَلَقْنَاكُمْ

وَفِيهَا نُعِيدُكُمْ

وَمِنْهَا نُخْرِجُكُمْ تَارَةً أُخْرَى

اللَّهُ أَكْبَرُ وَأَنْتَ لَا تُكَبِّرُ

اللَّهُ يَبْقَى وَأَنْتَ لَا تَبْقَى

وَاللَّهُ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

#### A AMULET AGAINST PRIVATE PARTS PAINS

One of the companions of the Holy Imams ( `a ) is reported to have uncovered his private parts in a situation where it is improper to uncover one's private parts; he was therefore affected by an ailment at that place. When he complained about this to Imam al-Ṣādiq ( `a ), he was taught to do this amulet:

Put your left hand on the ailed part and repeat the following prayer three times. If you do, you will be restored to health, Allah willing:

In the Name of Allah (I begin) and  
in Allah (I trust).

“Yes! Whoever submits himself  
entirely to Allah and he is the doer  
of good (to others),

he has his reward from his Lord,

and there is no fear for him nor  
shall he grieve.”

O Allah, I have submitted myself  
to You

and entrusted my affair to You.

There is neither shelter nor refuge  
against You except with You.

bismillāhi wa billāhi

balā man aslama wajhahū lillāhi wa  
huwa muḥsinun

falahū ajruhū `inda rabbihi

wa lā khawfun `alayhim wa lā hum  
yaḥzanūna

allāhumma innī aslamtu wajhī  
ilayka

wa fawwaḍtu amrī ilayka

lā malja'a wa lā manjā minka illā  
ilayka

بِسْمِ اللَّهِ وَبِاللَّهِ

بَلَىٰ مَنْ أَسْلَمَ وَجْهَهُ لِلَّهِ وَهُوَ مُحْسِنٌ

فَلَهُ أَجْرُهُ عِنْدَ رَبِّهِ

وَلَا خَوْفٌ عَلَيْهِمْ وَلَا هُمْ يَحْزَنُونَ

اللَّهُمَّ إِنِّي أَسْلَمْتُ وَجْهِي إِلَيْكَ

وَفَوَّضْتُ أَمْرِي إِلَيْكَ

لَا مَلْجَأَ وَلَا مَنجَىٰ مِنْكَ إِلَّا إِلَيْكَ

#### A AMULET AGAINST KNEE PAINS

Quoted from the book of *Tibb al-A'imma* (Medicine of the Imams), Jābir al-Ju`fi reported Imam Muḥammad al-Bāqir ( `a ) as saying:

I was present with al-Ḥusayn ibn `Alī ( `a ) when a man from the descendants of Umayyah, yet he was loyalist to us, came to him and said, “O son of Allah's Messenger, I could hardly come to you walking because of a pain from which I am suffering in my leg.”

The Imam ( `a ) asked, “How are you turned back from the amulet of al-Ḥasan ibn `Alī ( `a )?”

“What is that, son of Allah's Messenger?” asked the man.

The Imam ( `a ) explained, “You may recite **the first seven verses of Sūrah al-Faḥ.**”

Afterwards, the man said, “As I had carried out this direction, I felt no pain at all.”

It is also reported that one who suffers from knee pains may say the following prayer after the ritual prayers:

O most magnanimous of all those  
who may donate!

yā ajwada man a`ṭā

يَا أَجْوَدَ مَنْ أُعْطِيَ

O best of all those who may be  
besought!

yā khayra man su'ila

يَا خَيْرَ مَنْ سُئِلَ

O most merciful of all those whose  
mercy is asked!

wa yā arḥama man isturḥima

وَيَا أَرْحَمَ مَنْ أَسْتُرِحِمَ

(Please) have mercy upon my  
weakness and my confusion

irḥam ḍa`fi wa qillata ḥīlatī

إِرْحَمْ ضَعْفِي وَقِلَّةَ حِيلَتِي

and release me from my pain.

wa a`finī min waja`ī

وَأَعْفِنِي مِنْ وَجَعِي

For those suffering from pains in the legs, it is reportedly recommended to recite the following holy verse seven times over the legs:

“And recite what has been  
revealed to you of the Book of  
your Lord.

watlu mā ūḥiya ilayka min kitābi  
rabbika

وَأْتْلُ مَا أُوحِيَ إِلَيْكَ مِنْ كِتَابِ رَبِّكَ

There is none who can alter His  
words

lā mubaddila likalimātihī

لَا مُبَدِّلَ لِكَلِمَاتِهِ

and you shall not find any refuge  
besides Him.”

wa lan tajida min dūnihī  
multaḥadan

وَلَنْ تَجِدَ مِنْ دُونِهِ مُلْتَحَدًا

#### A AMULET AGAINST EYE ACHES

For those suffering from eye aches, many traditions have recommended saying the following prayer after the ritual obligatory prayers of dawn (*subh*) and sunset (*maghrib*):

O Allah, I beseech You in the name  
of the right of Muḥammad and the  
Household of Muḥammad that is  
incumbent upon You

allāhumma innī as'aluka biḥaqqi  
muḥammadin wa āli muḥammadin  
`alayka

اللَّهُمَّ إِنِّي أَسْأَلُكَ بِحَقِّ مُحَمَّدٍ وَآلِ  
مُحَمَّدٍ عَلَيْكَ

to bless Muḥammad and the  
Household of Muḥammad

an tuṣalliya `alā muḥammadin wa  
āli muḥammadin

أَنْ تُصَلِّيَ عَلَيَّ مُحَمَّدٍ وَآلِ مُحَمَّدٍ

and to place light in my sight,

wa an taj`ala alnnūra fī baṣarī

وَأَنْ تَجْعَلَ النُّورَ فِي بَصَرِي

insight in my faith,

walbaṣīrata fī dīnī

وَأَلْبَصِيرَةَ فِي دِينِي

certitude in my heart,

walyaqīna fī qalbī

وَأَلْيَقِينَ فِي قَلْبِي

sincerity in my deeds,

wal-ikhlāṣa fī `amalī

وَأَلْإِخْلَاصَ فِي عَمَلِي

safety in my self,

walssalāmata fī nafsī

وَأَلْسَلَامَةَ فِي نَفْسِي

opulence in my sustenance,

walssa`ata fī rizqī

وَأَلْسَعَةَ فِي رِزْقِي

and thanks for You forever as long  
as You keep me alive.

walshshukra laka abadan mā  
abqaytanī

وَأَلشُّكْرَ لَكَ أَبَدًا مَا أَبْقَيْتَنِي

Al-Bizantī reported Yūnus ibn Ḥabīb to have said: One day, we visited Imam al-Ṣādiq (a) and found him tensely sore-eyed; therefore, we were depressed. The next morning, we visited him while he was completely healed. Surprised by this, we asked him, “May Allah accept us as ransoms for you! Have you treated your eyes with a certain medicine?” The Imam answered, “Yes, I have. I have treated them with the best of all medicines.” “What is that?” we asked. The Imam (a) answered, “It is a amulet.” We therefore wrote down that amulet, which is as follows:

I pray the protection of Allah’s  
almightiness,

a`ūdhu bi`izzati allāhi

أَعُوذُ بِعِزَّةِ اللَّهِ

I pray the protection of Allah’s all-  
powerfulness,

wa a`ūdhu biquwwati allāhi

وَأَعُوذُ بِقُوَّةِ اللَّهِ

I pray the protection of Allah’s

omnipotence,  
I pray the protection of Allah's  
light,

I pray the protection of Allah's  
grandeur,

I pray the protection of Allah's  
majesty,

I pray the protection of Allah's  
beauty,

I pray the protection of Allah's  
splendor,

I pray the protection of Allah's  
wholeness,

I pray the protection of Allah's  
pardon,

I pray the protection of Allah's  
forgiveness,

I pray the protection of Allah's  
Messenger

I pray the protection of the  
Imams:

`Alī ibn Abī-Ṭālib,

al-Ḥasan ibn `Alī,

al-Ḥusayn ibn `Alī,

`Alī ibn al-Ḥusayn,

Muḥammad ibn `Alī,

Ja`far ibn Muḥammad,

Mūsā ibn Ja`far,

`Alī ibn Mūsā,

Muḥammad ibn `Alī,

`Alī ibn Muḥammad,

al-Ḥasan ibn `Alī,

and al-Ḥujjah (the Argument-  
person) ibn al-Ḥasan,

over whatever we wish

against the evil of what I am  
feeling.

O Allah! O Lord of the obedient!

When we asked the Imam (`a) about the meaning of *jam` allāh*, he said, "It means the wholeness of Allah."

It is also reported that one who suffers from eye pains may recite Āyah al-Kursī and believe in his inner self that the reciting of this holy verse will cure him of that pain.

Before reciting this holy verse, one suffering from eye pains is advised to put his hand on his eye and say the following:

For the light of my sight, I pray

u`idhu nūra baṣarī

أَعِيذُ نُورَ بَصْرِي

wa a`ūdhu biqudrati allāhi

wa a`ūdhu binūri allāhi

wa a`ūdhu bi`azamati allāhi

wa a`ūdhu bijalāli allāhi

wa a`ūdhu bijamāli allāhi

wa a`ūdhu bibahā'i allāhi

wa a`ūdhu bijam`i allāhi

wa a`ūdhu bi`afwi allāhi

wa a`ūdhu bighufrāni allāhi

wa a`ūdhu birasūli allāhi

wa a`ūdhu bil-a'immati

`aliyyi ibni abī ṭālibin

walḥasani ibni `aliyyin

walḥusayni ibni `aliyyin

wa `aliyyi ibni alḥusayni

wa muḥammadi ibni `aliyyin

wa ja`fari ibni muḥammadin

wa mūsā ibni ja`farin

wa `aliyyi ibni mūsā

wa muḥammadi ibni `aliyyin

wa `aliyyi ibni muḥammadin

wa alḥasani ibni `aliyyin

walḥujjati ibni alḥasani

`alā mā nashā'u

min sharri mā ajidu

allāhumma rabba almuṭi`īna

وَأَعُوذُ بِقُدْرَةِ اللَّهِ  
وَأَعُوذُ بِنُورِ اللَّهِ

وَأَعُوذُ بِعِزَّةِ اللَّهِ

وَأَعُوذُ بِجَلَالِ اللَّهِ

وَأَعُوذُ بِجَمَالِ اللَّهِ

وَأَعُوذُ بِبِهَاءِ اللَّهِ

وَأَعُوذُ بِجَمْعِ اللَّهِ

وَأَعُوذُ بِعَفْوِ اللَّهِ

وَأَعُوذُ بِغُفْرَانِ اللَّهِ

وَأَعُوذُ بِرَسُولِ اللَّهِ

وَأَعُوذُ بِالْأَئِمَّةِ:

عَلِيٍّ بْنِ أَبِي طَالِبٍ

وَأَلْحَسَنِ بْنِ عَلِيٍّ

وَأَلْحُسَيْنِ بْنِ عَلِيٍّ

وَعَلِيٍّ بْنِ الْحُسَيْنِ

وَمُحَمَّدِ بْنِ عَلِيٍّ

وَجَعْفَرِ بْنِ مُحَمَّدٍ

وَمُوسَى بْنِ جَعْفَرٍ

وَعَلِيٍّ بْنِ مُوسَى

وَمُحَمَّدِ بْنِ عَلِيٍّ

وَعَلِيٍّ بْنِ مُحَمَّدٍ

وَأَلْحَسَنِ بْنِ عَلِيٍّ

وَأَلْحُجَّةَ بْنِ الْحَسَنِ

عَلَىٰ مَا نَشَاءُ

مِنْ شَرِّ مَا أَجِدُ

اللَّهُمَّ رَبَّ الْمُطِيعِينَ

the protection of Allah's light that is inextinguishable.

This will be useful.

binūri allāhi alladhī lā yuṭfa'u

بِنُورِ اللَّهِ الَّذِي لَا يُطْفَأُ

### A AMULET AGAINST NYCTALOPIA

For those who suffer from nyctalopia (i.e. reduction or loss of vision in dim light), they are recommended to write down Āyah al-Nūr several times (on a sheet of paper) in a cup, wash it, put it in a flask, and use it as eye ointment.

Āyah al-Nūr is the following:

Allah is the Light of the heavens and the earth.

allāhu nūru alssamāwāti wa(a)l-arḍi

اللَّهُ نُورُ السَّمَاوَاتِ وَالْأَرْضِ

The similitude of His light is as a niche wherein a lamp is.

mathalu nūrihī kamishkātin fihā miṣbāḥun

مَثَلُ نُورِهِ كَمِشْكَاةٍ فِيهَا مِصْبَاحٌ

The lamp is in a glass.

al-miṣbāḥu fī zujājatin

الْمِصْبَاحُ فِي زُجَاجَةٍ

The glass is as it were a shining star.

alzuzjājatu ka'annahā kawkabun durriyyun

الزُّجَاجَةُ كَأَنَّهَا كَوْكَبٌ دُرِّيٌّ

(This lamp is) kindled from a blessed tree, an olive

yūqadu min shajaratin mubārakatin zaytūniatin

يُوقَدُ مِنْ شَجَرَةٍ مَبْرُكَةٍ زَيْتُونَةٍ

neither of the east nor of the west, whose oil would almost glow forth (of itself)

lā sharqiyyatin wa lā gharbiyyatin yakādu zaytuhā yuḍī'u

لَا شَرْقِيَّةٍ وَلَا غَرْبِيَّةٍ يَكَادُ زَيْتُهَا يُضِيءُ

though no fire touched it.

wa law lam tamsas-hu nārun

وَلَوْ لَمْ تَمْسَسْهُ نَارٌ

Light upon light.

nūrun `alā nūrin

نُورٌ عَلَى نُورٍ

Allah guides to His light whom He will.

yahdī allāhu linūrihī man yashā'u

يَهْدِي اللَّهُ لِنُورِهِ مَنْ يَشَاءُ

And Allah speaks to mankind in allegories,

wa yaḍribu allāhu al-amthāla lilnāsi

وَيَضْرِبُ اللَّهُ الْأَمْثَالَ لِلنَّاسِ

for Allah is Knower of all things.

wa(a)llāhu bikulli shay'in `alīmun

وَاللَّهُ بِكُلِّ شَيْءٍ عَلِيمٌ

It is also reported that whoever recites the Holy Qur'ān from copies of the Holy Qur'ān, will enjoy strong sight.

It is also reported that whoever repeats the following holy verse every day, his eyes will be saved from all optical troubles:

“So, We make him hearing, seeing.”

faja `alnāhu samī`an baṣīran

فَجَعَلْنَاهُ سَمِيعًا بَصِيرًا

Al-Kaf`amī says: According to experiments, to seek the advocacy of Imam Mūsā al-Kāzīm (`a) is useful for cure of eye pains as well as the troubles of the other organs.

For those suffering from nosebleed, it is recommended to pour cold water on their heads and foreheads.

### HARMEL

The Holy Prophet (ﷺ) is also reported to have said, “For each tree, leaf, and fruit of harmel (also *harmala*; a plant having aromatic seeds containing various alkaloids and used locally for medicines, oil, and dye),<sup>(2)</sup> there is an angel entrusted with them until they are wrecked. Verily, in the root and branches of these trees is an amulet against distress and sorcery. In the grains of this plant, there is remedy of seventy-two maladies. So, treat yourselves with this plant and with olibanum.”

### EPILEPSY

It is reported that when Imam al-Riḍā (`a) once passed by an epileptic person, he ordered a cup of water to be brought to him. The Imam (`a) then recited Sūrah al-Fātiḥah, Sūrah al-Falaq, and Sūrah al-Nās on the cup and expectorated in it. He then ordered them to pour that water on the head and face of the epileptic person.

Immediately, the man restored consciousness. The Imam ( `a) then said to him, "This will never affect you again."

[1] -ī is a unit of mass or weight, usually used for grains; one ʔī is equal to approximately three kilograms.

[2]  
( ) Excerpted from *Oxford Talking Dictionary*.

## NEXT SECTION

**First:** Imam al-Şādiq ( `a) is reported to have advised of the following: For all ailments, you may say this prayer:

In the Name of Allah (I begin) and in Allah (I trust).	bismillāhi wa billāhi	بِسْمِ اللَّهِ وَبِاللَّهِ
Too many are the graces of Allah	kam min ni` matin lillāhi	كَمْ مِنْ نِعْمَةٍ لِلَّهِ
in the calm and the stirred up veins	fī ` irqin sākinin wa ghayri sākinin	فِي عِرْقٍ سَاكِنٍ وَعَيْرِ سَاكِنٍ
to grateful and ungrateful servants (of Him).	`alā ` abdin shākirin wa ghayri shākirin	عَلَىٰ عَبْدٍ شَاكِرٍ وَعَيْرِ شَاكِرٍ

Upon accomplishing an obligatory prayer, you may grasp your beard with your right hand and repeat the following prayer three times:

O Allah, (please) relieve me from my agony,	allāhumma farrij `annī kurbatī	اللَّهُمَّ فَرِّجْ عَنِّي كُرْبَتِي
hasten my healing,	wa `ajzil `āfiyatī	وَعَجِّلْ عَافِيَتِي
and remove my harm.	wakshif ḍurrī	وَأَكْشِفْ ضُرِّي

Make sure that you associate this prayer with tears and weeping.

**Second:** Imam al-Şādiq ( `a) is also reported to have advised: Put your hand on the ailed organ and say this:

In the Name of Allah (I begin) and in Allah (I trust).	bismillāhi wa billāhi	بِسْمِ اللَّهِ وَبِاللَّهِ
Muḥammad is the messenger of Allah,	wa muḥammadun rasūlu allāhi	وَمُحَمَّدٌ رَسُولُ اللَّهِ
may Allah bless him and his Household.	şallā allāhu `alayhi wa ālihī	صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ
There is neither might nor power except with Allah.	wa lā ḥawla wa lā quwwata illā billāhi	وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ
O Allah, (please) wipe out what I am suffering from.	allāhumma imsaḥ `annī mā ajidu	اللَّهُمَّ امْسَحْ عَنِّي مَا أَجِدُ

You may then rub your right hand over the ailed organ three times.

**Third:** Imam al-Bāqir ( `a) is reported to have said: When Imam `Alī ( `a) was ailed, the Holy Prophet (ᶜ) came to him and advised him to say this prayer:

O Allah, I beseech You for haste of allāhumma innī as'aluka ta` jīla`

Your healing,  
endurance of Your tribulation,  
and exit to Your mercy.

āfiyatika  
wa ṣabran `alā baliyyatika  
wa khurūjan ilā raḥmatika

اللَّهُمَّ إِنِّي أَسْأَلُكَ تَعْجِيلَ عَافِيَتِكَ  
وَصَبْرًا عَلَى بَلِيَّتِكَ  
وَأُخْرُوجًا إِلَى رَحْمَتِكَ

**Fourth:** Imam al-Ṣādiq ( `a) is reported to have advised of the following:

You may put your hand on the ailed organ and repeat this prayer three times:

O Allah, I beseech You in the name  
of the Great Qur'ān  
with which the Faithful Spirit has  
descended  
and which is with You in the  
Mother of the Book is elevated  
and full of wisdom,  
to cure me with Your cure,  
medicate me with Your medicine,  
heal me from Your tribulation,  
and bless Muḥammad and the  
Household of Muḥammad,  
peace be upon them.

allāhumma innī as'aluka biḥaqqi  
alqur'āni al`azīmi  
alladhī nazala bihī alrrūḥu al-amīnu  
wa huwa `indaka fī ummi alkitābi  
`aliyyun ḥakīmun  
an tashfiyanī bishifā'ika  
wa tudāwīyanī bidawā'ika  
wa tu`āfiyanī min balā'ika  
wa tuṣalliya `alā muḥammadin wa  
āli muḥammadin  
`alayhim(u) alssalām

اللَّهُمَّ إِنِّي أَسْأَلُكَ بِحَقِّ الْقُرْآنِ الْعَظِيمِ  
الَّذِي نَزَلَ بِهِ الرُّوحُ الْأَمِينُ  
وَهُوَ عِنْدَكَ فِي أُمَّ الْكِتَابِ عَلَيَّ حَكِيمٌ  
أَنْ تَشْفِيَنِي بِشِفَائِكَ  
وَتُدَاوِيَنِي بِدَوَائِكَ  
وَتُعَافِيَنِي مِنْ بَلَائِكَ  
وَتُصَلِّيَ عَلَيَّ مُحَمَّدٍ وَآلِ مُحَمَّدٍ  
عَلَيْهِمُ السَّلَامُ

**Fifth:** Abū-Ḥamzah is reported to have said: One day, I felt pain in my knee. When I complained about it to Imam al-Bāqir ( `a), he advised me, saying: Upon accomplishment of a prayer, you may say this prayer:

O most magnanimous of all those  
who may donate,  
best of all those whom may be  
begged,  
and most merciful of all those  
whose mercy is sought,  
(please) have mercy upon my  
weakness and upon the failure of  
my stratagem  
and relieve me from my pain.

yā ajwada man a`ṭā  
wa yā khayra man su'ila  
wa yā arḥama man isturḥima  
irḥam ḍa`fi wa qillata ḥīlatī  
wa`finī min waja`ī

يَا أَجْوَدَ مَنْ أَعْطَى  
وَيَا خَيْرَ مَنْ سُئِلَ  
وَيَا أَرْحَمَ مَنْ اسْتُرْحِمَ  
أَرْحَمَ ضَعْفِي وَقِلَّةَ حِيلَتِي  
وَأَعْفِنِي مِنْ وَجَعِي

Abū-Ḥamzah added: When I did, I was healed.

It is worth mentioning that I have referred in Section Three to other prayers against ailments and illnesses.

#### PRAYER FOR REMOVING AILMENTS

**Third:** Sayyid Ibn Ṭāwūs, may Allah have mercy upon him, says that he tried this prayer personally:

On a parchment, you may write down this:

O He Whose Name is remedy  
and Whose remembering is cure!  
O He Who places cure in whatever  
thing He wills,  
(please) bless Muḥammad and the  
Household of Muḥammad

yā man ismuhū dawā'un  
wa dhikruhū shifā'un  
yā man yaj`alu alshshifā'a fīmā  
yashā'u min al-ashyā'i  
ṣalli `alā muḥammadin wa āli  
muḥammadin

يَا مَنْ أَسْمُهُ دَوَاءٌ  
وَذِكْرُهُ شِفَاءٌ  
يَا مَنْ يَجْعَلُ الشِّفَاءَ فِيمَا يَشَاءُ مِنْ  
أَلْأَشْيَاءِ  
صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ

and cause my cure of this malady  
to be in this Name of You:

waj`al shifā'i min hādhā alddā'i fi  
ismika hādhā

وَأَجْعَلْ شِفَائِي مِنْ هَذَا الدَّاءِ فِي اسْمِكَ  
هَذَا

You may then write each of the following phrases ten times:

(1) O Allah!

yā allāhu

يَا اللَّهُ

(2) O my Lord!

yā rabbi

يَا رَبِّ

(3) O most merciful of all those  
who show mercy!

yā arḥama alrrāhimīna

يَا أَرْحَمَ الرَّاحِمِينَ

#### PRAYER FOR CURING PIMPLES

**Fourth:** To treat pimples, Imam al-Ṣādiq ( `a) is reported to have said: When you feel the emergence of pimples, you may put your forefinger on it, revolve the area around it, and repeat this statement seven times:

There is no god save Allah the All-  
forbearing and All-generous.

lā ilāha illā allāhu alḥalīmu alkarīmu

لَا إِلَهَ إِلَّا اللَّهُ الْحَلِيمُ الْكَرِيمُ

In the seventh time, you may bandage and tie it with the forefinger.

**Fifth:** Upon seeing wild boars, you may repeat the following words:

O All-clement! O All-merciful!

yā ra'ūfu yā raḥīmu

يَا رَوْوْفُ يَا رَحِيمُ

O my Lord! O my Master!

yā rabbi yā sayyidī

يَا رَبِّ يَا سَيِّدِي

#### PRAYER FOR CURING BACKACHES

**Sixth:** To treat backache, it is reported that you may put your hand on the ailed place and recite the following holy verse three times:

“And a soul will not die but with  
the permission of Allah. The term  
is fixed.

wa mā kāna linafsin an tamūta illā  
bi'idhni allāhi kitāban mu'ajjalan

«وَمَا كَانَ لِنَفْسٍ أَنْ تَمُوتَ إِلَّا بِإِذْنِ اللَّهِ  
كِتَابًا مُّوَجَّلًا

And whoever desires the reward  
of this world, We shall give him of  
it,

wa man yurid thawāba alddunyā  
nu'tihī minhā

وَمَنْ يُرِدْ ثَوَابَ الدُّنْيَا نُؤْتِهِ مِنْهَا

and whoever desires the reward of  
the hereafter, We shall give him of  
it,

wa man yurid thawāba al-ākhirati  
nu'tihī minhā

وَمَنْ يُرِدْ ثَوَابَ الْآخِرَةِ نُؤْتِهِ مِنْهَا

and We will reward the grateful.”

wa sanajzī alshshākirīna

وَسَنَجْزِي الشَّاكِرِينَ.»

You may then repeat Sūrah al-Qadr seven times. Once you do so, you will be healed, by the permission of Allah.

#### PRAYER FOR CURING NAVEL PAINS

**Seventh:** To treat navel pains, it is reported that you may put your hand on the ailed place and repeat this holy verse three times. Once you do so, you will be healed, by the permission of Allah:

“And most surely, it is a Mighty  
Book.

wa innahū lakitābun `azīzun

«وَإِنَّهُ لَكِتَابٌ عَزِيزٌ.»

Falsehood shall not come to it  
from before it nor from behind it;

lā ya'tihī albāṭilu min bayni yadayhi  
wa lā min khalfihī

لَا يَأْتِيهِ الْبَاطِلُ مِنْ بَيْنِ يَدَيْهِ وَلَا مِنْ  
خَلْفِهِ

a revelation from the Wise, the Praised One.”

tanzīlun min ḥakīmīn ḥamīdin

تَنْزِيلٌ مِنْ حَكِيمٍ حَمِيدٍ.»

#### PRAYER FOR CURING ALL PAINS

**Eighth:** This evil-repelling prayer is reported from Imam al-Riḍā ( ` a) to treat all pains:

I pray for myself the protection of the Lord of the earth and the Lord of the heavens.

u `idhu nafsī birabbi al-arḍi wa rabbi alssamā'i

أَعِيذُ نَفْسِي بِرَبِّ أَلْأَرْضِ وَرَبِّ السَّمَاءِ

I pray for myself the protection of the One with Whose Name no malady can harm.

u `idhu nafsī billadhī lā yaḍurru ma `a ismihī dā'un

أَعِيذُ نَفْسِي بِالَّذِي لَا يَضُرُّ مَعَ اسْمِهِ دَاءٌ

I pray for myself the protection of Allah Whose Name is blessing and cure.

u `idhu nafsī billāhi alladhī ismuhū barakatun wa shifā'un

أَعِيذُ نَفْسِي بِاللَّهِ الَّذِي اسْمُهُ بَرَكَتٌ وَشِفَاءٌ

#### PRAYER FOR CURING FLANK PAINS

**Ninth:** To treat flank pains, it is reported that upon the accomplishment of a prayer, you may put your hand on the place of your prostration, rub your flank with your hand, and say these verses of the Holy Qur'ān:

“What! Did you then think that We had created you in vain and that you shall not be returned to Us?

aḥasibtum annamā khalaqnākum `abathān

«أَفَحَسِبْتُمْ أَنَّمَا خَلَقْنَاكُمْ عَبَثًا

So, exalted be Allah, the True King;

wa annakum ilaynā lā turja `ūna

وَأَنْتُمْ إِلَيْنَا لَا تُرْجَعُونَ.

no god is there but He,

fata `ālā allāhu almaliku alḥaḥqu

فَتَعَالَى اللَّهُ الْمَلِكُ الْحَقُّ

the Lord of the honorable dominion.

lā ilāha illā huwa

لَا إِلَهَ إِلَّا هُوَ

And whoever invokes with Allah another god--

rabbu al `arshi alkarīmi

رَبُّ الْعَرْشِ الْكَرِيمِ.

he has no proof of this--

wa man yad `u ma `a allāhi ilāhān ākhara

وَمَنْ يَدْعُ مَعَ اللَّهِ إِلَهًا آخَرَ

his reckoning is only with his Lord.

lā burhāna lahū bihī

لَا بُرْهَانَ لَهُ بِهِ

Surely, the unbelievers shall not be successful.

fa'innamā ḥisābuhū `inda rabbihī

فَإِنَّمَا حِسَابُهُ عِنْدَ رَبِّهِ

And say: O my Lord! Forgive and have mercy,

innahu lā yufliḥu alkāfirūna

إِنَّهُ لَا يَفْلِحُ الْكَافِرُونَ.

and You are the best of the Merciful ones.”

wa qul rabbi ighfir wa(i)rḥam

وَقُلْ رَبِّ اغْفِرْ وَارْحَمْ

wa anta khayru alrāḥimīna

وَأَنْتَ خَيْرُ الرَّاحِمِينَ.»

#### PRAYER FOR CURING STOMACH AND COLON TROUBLES

**Tenth:** To treat stomach and colon troubles, you may recite this holy verse:

In the Name of Allah; the All-beneficent, the All-merciful.

bismillāhi alrraḥmān alrraḥīmi

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ.

And (mention) Dhu'n-Nūn

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(Jonah), when he went off in anger and deemed that We would not suppress his sustenance.

But he cried out in the darkness,

“There is no god save You. Be You Glorified!

Lo! I have been a wrongdoer.”

Then we heard his prayer and saved him from the anguish.

Thus do we save the believers.

You may then repeat Sūrah al-Fātiḥah seven times.

This is a proved treatment.

Curing Ailments from Baqiyatus s  
wa dhā alnnūni idh dhahaba mugh  
āḍiban

faẓanna an lan naqdira `alayhi

fanādā fī alzzulumāti

an lā ilāha illā anta subḥānaka

innī kuntu min alzzālimīna

fastajabnā lahū wa najjaynāhu min  
alghammi

wa kadhālika nunjī almu'minā

«وَدَا النُّونَ إِذْ ذَهَبَ مُغَاضِبًا

فَظَنَّ أَنْ لَنْ نَقْدِرَ عَلَيْهِ

فَنَادَى فِي الظُّلُمَاتِ

أَنْ لَا إِلَهَ إِلَّا أَنْتَ سُبْحَانَكَ

إِنِّي كُنْتُ مِنَ الظَّالِمِينَ.

فَاسْتَجَبْنَا لَهُ وَنَجَّيْنَاهُ مِنَ الْغَمِّ

وَكَذَلِكَ نُنْجِي الْمُؤْمِنِينَ.»