

Tahweel time 03:49 hrs GMT UAE/Oman 07.49 am , Pakistan 08:49 am , India 09 :19 am

Recite this **366 times** ,start reciting approx 1 hour before time so as to complete at

Tahweel time.The EXACT time is also conducive to seek ones needs

O One who changes the hearts and visions,	yā muqalliba alqulūbi wal-abṣāri	يَا مُقَلِّبَ الْقُلُوبِ وَالْأَبْصَارِ
O One who directs the night and the day,	yā mudabbira allayli walnnaḥāri	يَا مُدَبِّرَ اللَّيْلِ وَالنَّهَارِ
O One who changes situation and circumstances, change our circumstance to the best of circumstances	yā muḥawwila alḥawli wal-aḥwāli ḥawwil ḥālanā ilā aḥsani alḥāli	يَا مُحَوِّلَ الْحَوَالِ وَالْأَحْوَالِ حَوْلَ حَالِنَا إِلَى أَحْسَنِ الْحَالِ

More at <http://www.duas.org/nawroz.htm>

Perform Ghusl & Fast

Recite a **4(2X2) Rak-a't salaah, after the Z'uhr and A'sr prayers**, as under:-

-1st Al Faatih'ah, +Al Qadr X10 times. 2nd Rak-a't, Al Faatih'ah,+Al KaafiroonX 10 times.

-3rd Al-Faatih'ah +Al Ikhlaas 10 times. 4th Rak-a't, Al Faatih'ah, +Al Falaq 10 times, Al NaasX10