It is recommended to recite the Du’a’ Idrees which has been mentioned by Shaykh al-Tusiy and Sayyid Ibn Tawus in the books of Misbah al-Mutahajjid or Iqbal al-A’mal. This supplication is as follows:

Glory be to You. There is no god save You.

O the Lord and the Inheritor of all things.
O the God of gods; whose majesty is elevated.
O Allah, the Praised for all of His acts.
O the All-beneficent and the All-merciful of all things.
O the Ever-living, when there was nothing existent, in the perpetuity of His kingdom and eternity.
O the Self-Subsisting; nothing can be missed by Your knowledge and nothing can ever tire Him.
O the One, the Everlasting, the First and the Last of all things.
O the Perpetual without extinction, and His kingdom is never exposed to extermination.
O the Besought of all; without being any match to Him and there is nothing like Him.
O the Upright; nothing can be His equal and nothing can even approach Him in attributes.
O the All-big; it is You Whose greatness cannot be hit by hearts.
O the Originator, the Maker, without having any equivalent.
O the Pure, the Safe from any defect due to His Holiness.
O the Self-Sufficient, the Bestower upon His creatures with the gifts of His favors.
O the Pufried against any injustice that He does not accept and that is not found in His deeds.
O the All-tender; it is You Whose mercy covers all things.
O the All-favorer, the Lord of benevolence that He spreads over all the created beings.
O the Master of the servants; everything stands in submission to the fear of Him.
O the Creator of all those in the heavens and the layers of the earth; everything shall be returned to Him.
O the All-beneficent and the All-merciful to and the Aide and the Shelter of all seekers of aid and all aggrieved ones.
O the Upright; no language can ever describe the reality of the majesty of His
kingdom and might.
O the Originator of all the creation; in Your creation, You did not need assistants from among Your creatures.
O the Knower of all the unseen; the preservation of all things does not tire You.
O He Who shall restore to life all that which He terminates when the creatures will be resurrected on account of His call out of fear of Him.
O the Forbearing, the Lord of leniency; nothing of Your creatures can ever match You.
O He Whose deeds are praiseworthy, the Lord of favoring on all Your creatures out of Your kindness.
O the Almighty, the Invulnerable, the Dominant over all affairs; nothing can ever be equivalent to You.
O the Overcomer, the owner of strong grip; it is You Whose punishment is intolerable.
O the All-exalted, the Nigh in the elevation of Your nearness;
O the All-powerful, the humiliating all things by the prevalence of His almighty authority;
O the Light of all things; it is You Whose light split the darkness.
O the Holy, the Wholesome against all things and nothing can ever be His counterpart.
O the Nigh; the Responding; and the Approaching very close that He has becomes the nearest of all things.
O the Elevated; the Exalted in the heavens; whose highness has overtopped all things.
O the Wonderful Maker of all wonderful things; and the Restorer of them by His power after they vanish;
O the Lofty; the All-great over all things.

Just are Your affairs, and truthful are Your promises.
O the Glorious; even delusions cannot attain all Your praise and glory.
O the Noble in pardon and justice;
It is You Whose justice has filled in everywhere.
O the Great; the Lord of excellent praise, might, and magnitude; hence, Your might is never humbled.
O the All-excellent; languages cannot express all Your bounties and praise.

O the Originator of all the creation; in Your creation, You did not need assistants from among Your creatures.
O the Knower of all the unseen; the preservation of all things does not tire You.
O He Who shall restore to life all that which He terminates when the creatures will be resurrected on account of His call out of fear of Him.
O the Forbearing, the Lord of leniency; nothing of Your creatures can ever match You.
O He Whose deeds are praiseworthy, the Lord of favoring on all Your creatures out of Your kindness.
O the Almighty, the Invulnerable, the Dominant over all affairs; nothing can ever be equivalent to You.
O the Overcomer, the owner of strong grip; it is You Whose punishment is intolerable.
O the All-exalted, the Nigh in the elevation of Your nearness;
O the All-powerful, the humiliating all things by the prevalence of His almighty authority;
O the Light of all things; it is You Whose light split the darkness.
O the Holy, the Wholesome against all things and nothing can ever be His counterpart.
O the Nigh; the Responding; and the Approaching very close that He has becomes the nearest of all things.
O the Elevated; the Exalted in the heavens; whose highness has overtopped all things.
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Just are Your affairs, and truthful are Your promises.
O the Glorious; even delusions cannot attain all Your praise and glory.
O the Noble in pardon and justice;
It is You Whose justice has filled in everywhere.
O the Great; the Lord of excellent praise, might, and magnitude; hence, Your might is never humbled.
O the All-excellent; languages cannot express all Your bounties and praise.
I beseech You; O my Reliance at all griefs;
And my Aide at all hardships,
(I beseech You) by these names to grant me security against the punishments in this worldly life as well as the Next Life.
And I beseech You to rebuff from me by these Names all things that are evil, feared, and jeopardized,
And to rebuff from me the sights of the wrongdoers who intend evil to me—evil against which You have warned;
And to rebuff from me their hearts and change the evil that they conceal in themselves into the good that they do not have,
And none else has it save You, O the All-generous.
O Allah: (please) do not refer me to myself, because I will fail to manage it,
Or to the people, because they will reject me.
And do not disappoint me while I am pleasing You,
And do not torture me while I am praying You.
O Allah: I am praying You as You ordered me to do,
So, (please) answer me as You promised me to do.
O Allah: (please) make the best of my lifetime be that which is near to my death.
O Allah: (please) do not change my body,
And do not stop adding to my shares (from Your favors)
And do not cause harm to my friend.
I seek Your protection against deadly diseases,
And against harsh poverty,
And against humiliation and bad company.
O Allah: (please) entertain my heart against all things that cannot act as my provision to You,

أَسْأَلُكَ يَا مُعْتَمَدُي عَنْدَكَ كُرْبَتِي،
وَغَيْانِي عَنْدَكَ شِيْدٍ،
بِهِذَهِ الْأَسْمَاءِ أَمَانًا مِّنَ عَقوَبَاتِ الدُّنْيَا وَالآخَرَةِ.
وَأُسُلِّمُ أَن نَصْرَتُ عَنْيَ بِهِنَّ كُلَّ سُوءٍ وَمَنْهَوْفٍ
وَمَخْذَوْرٍ;
وَنَصْرَتُ عَنْيَ أَبْسَارَ الْظَّلَمَةِ المُرَيِّدِينِ بِيَ السَّوَءِ الَّذِي
نَهْيَتُ عَنْهُ
وَأَن نَصْرَتُ قَلْوُتَهُمْ مِّنْ شَرّ مَا يَضْمُرُونَ إِلَى خَيْرٍ مَا لا
يَمْلِكُونُ.
وَلا يَتَمِلَّكُ خَبَرَٰكَ يَا كُرْمٍ.
اللَّهِمَّ لَا تَكَلَّمِي إِلَى نَفْسِي فَأَعْجِرْ عَنْهَا،
وَلا إِلَى النَّاسِ فَيْرُضِيْنِي،
وَلا تَحَٰيِّنِي وَأَنَا أَرْجُوكَ
وَلا تَعَذِّبِنِي وَأَنَا أَدْعُوكَ
اللَّهِمَّ إِنِّي أَدْعُوكَ كَمَا أَمَرْتِنِي،
فَأَجِينِي كَمَا وَعَدْتِنِي،
اللَّهِمَّ اجِلْ خَيْرَ عُمْرِي مَا وَلِيَ أَجْلِي.
اللَّهِمَّ لَا تَعْيِرِ حُسَدٍ
وَلَا تَرَسِلِ حَظْلٍ.
وَلَا تَسْؤُو صَدِيقٍ.
أَعُودُ يَدِي مِنْ سَمْئِ مُصْرِعٍ،
وَقَفْرُ مُصْرِعٍ.
وَمِنَ الْذَّلَّ وَبَيْنِ الْخَلْ،
اللَّهِمَّ سَلُّ فَلِي بِعَنْ كُلِّ شَيْءٍ لَا أَتَزَوَّدَهُ إِلَيْكَ.
And that cannot avail me on the day when I will meet You,
Be it legal or illegal,
And then (please) grant me power over it as well as mighty, contentment, revulsion of it, and Your satisfaction with it.
O the most Merciful of all those who show mercy;
O Allah: all praise be to You for Your abundant gifts.
And all praise be to you for Your uninterrupted favors,
By which You have saved me from adverse matters,
And through which You have bestowed upon me with the donations of pleasure,
Although I persisted in carelessness,
And I kept some hardheartedness;
Nevertheless, all such deeds of mine did not stop You from pardoning me,
And covering that,
And allowing me to dispose with Your bounties that are at my hand,
And continuing in doing good to me,
And overlooking the ill deeds of which I confessed to You,
And my violations of doing acts of disobedience to You.
O Allah: I beseech You by every Name that is Yours,
And due to which it becomes incumbent upon You to respond to those who pray You by it,
And I beseech You in the name of all those who enjoy a right with You
And in the name of Your duties that are incumbent upon all those who are less than You are,
(I beseech You) to send blessings upon Muhammad, Your servant and Your Messenger, and upon his Household;
And as for anyone who intends evil to me, (please) have control on his hearing and sight
And before him and behind him

ولا أُتْفَعِ بِهِ يَوْمَ أَلْفَاقِكَ،
فَإِنْ حَلَالًا أَوْ حَرَامٍ،
ثُمَّ أَعْطَرْنِي قُوَّةً عَلَيْهِ وَعَرَى وَقَنَاعَةً وَمَفَاتِحَةً لَهُ وَرَضَاكَ
فِهِ،
يَا أَرْحَمَ الرَّاجُمِينَ.
اللَّهُمَّ لَكَ الحَّمْدُ عَلَى غِطَائِكَ الْجَزِيلَةِ،
وَلَكَ الحَّمْدُ عَلَى مَبْنِيَكَ الْمُتَوَابِرَةَ
الَّتِي يَهَا دَافَعَتُ عَنَّيْ مَكَارِهَ الأُمُورِ،
وَبِهَا أَثْبَتْيُهَا مَوْهِبَ السَّرُورِ,
مَعَ تَمَادِيٍّ فِي الْعَفْلَةِ.
وَمَآ بَقِيَ فِي مَنْ الْقَسَوُةِ،
قُلْنِ: يُمْتَعُكَ ذَلِكَ مِنْ فِعْلِي أَنْ عَفُوَتُ عَنِّي،
وُسْتَرْتَ ذَلِكَ عَلَيْيَ
وُسْوَعَتْهَا مَا فِي يَدِي مِنْ نِعْمَةِ
وَتَابَتَ عَلَيْيْ مِنْ إِخْسَانِكَ،
وُسْفَحَتْ لَيْنَ عَنْ قَبْيَةٍ مَا أَفْصَبْتُ بَيْهِ إِلَيْكَ،
وَاتَّسَكُنْهَا مِنْ مَعَاصِيكَ.
اللَّهُمَّ إِنِّي أَسْأَلُكَ بِكُلِّ اسْمٍ هُوَ لَكَ
يَحْقِقُ عَلَيْكَ فِي هِئَالِ الْجَاهِلِيَةِ الرَّحْمَةَ
وَأَسْأَلُكَ بِكُلِّ ذِي حَقٍّ عَلَيْكَ.
وَيَحْقِقُ عَلَى جِمْهُورٍ مَنْ هُوَ دُونُكَ,
أَنْ تَصِلِّي عَلَى مَحْمُودٍ عَبْدِكَ وَرَسُولِكَ وَعَلَى أَلِيِّهِ،
وَمِنْ أَراْدِي بِسَوْءِ فَقُدُحُ يُسَمِعُهُ وَيَسْمَعُهُ
وَمِنْ بَيْنِ يَدِي، وَمِنْ خَلْفِهِ.
And from his right side and from his left side,
And (please) prevent him from harming me through Your might and Your power.
O He with Whom there is no other lord to be prayed;
O He above Whom there is no other creator to be feared;
O He other than Whom there is no god to be feared;
O He Who has no assistant that may be seen first;
O He Who has no janitor that may be bribed;
O He Who has no doorkeeper that may be called;
O He Whose abundant gifting increases him nothing but more generosity and more magnanimity;
And the flow of sinning (of His servants) increases him nothing but forgiveness and pardon.
(please) send blessings upon Muhammad and the Household of Muhammad,
And do to me that which befits You,
And do not do to me that which I deserve,
For You are the worthiest of being feared and the worthiest of forgiving.

وَعَنْ يَمِينِهِ وَعَنْ شَمَالِهِ
وَأَمْضَعَهُ مَنِيٌّ بِحَولَكَ وَقُوَّتُكَ
يَا مَنْ لَيْسَ مَعُهُ رَبٌّ يُدْعَى
وَيَا مَنْ لَيْسَ فَوْقُهُ خَالِقٌ يُحْشَى
وَيَا مَنْ لَيْسَ دُونَهُ إِلَّهٌ يُتَقَى
وَيَا مَنْ لَيْسَ لَهُ وِزِيرٌ يُؤْتُى
وَيَا مَنْ لَيْسَ لَهُ حَارِجٌ يُرْشَى
وَيَا مَنْ لَيْسَ لَهُ بَابٌ يُنَادَى
وَيَا مَنْ لَا يُزَدَّادُ عَلَى كُثْرَةِ الْعَطَا إِلَّا كَرَمًا وَجُوْدًا
وَعَلَى تَنَابِعِ الْذَّنُوبِ إِلَّا مَعْفَرَةً وَعَفْوًا
صَلَّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ
وَافْعَلْ بِيّ مَا أَنتَ أَهْلُهُ
وَلَا تَنْفَعْ بِيّ مَا أَنَا أَهْلُهُ
فَإِنَّكَ أَهْلُ النَّقُوَى وَأَهْلُ النَّعْفَرَةِ