

Sūrat al-Nās

(Humans)

سورة الناس

Súrah – 114

No of Ayat – 6

English Translation : *Ali Quli Qara'i*

Urdu Translation : *Allamma Zeeshan Haider Jawadi*

Hindi Translation : *Farrukh Khan & Ahmed*

For any errors / comments please write to: rehanL@hotmail.com

Kindly recite Sura E Fatiha for Marhumeen of all those who have worked towards making this small work possible.

This is a ‘Meccan’ sūrah.

The surah that opens with the mention of God as the Lord of Humans and teaches one to seek refuge in Him from the whisperings of Satan and those of evil jinn and people. It takes its name from the word “people” or “mankind” (*al-nās*) which recurs throughout the surah. This is another surah commonly used as an invocation against evil.

**Surah an-Naas and al-Falaq are together called
Ma’udhatayn.**

Imam Ja’far as-Sadiq (a.s.) has said that whoever recites this surah in his house every night, will be kept safe from *Jinnaat* and the evil designs of *Shaitan*.

If this surah is put around the neck of a child as a talisman, the child will be protected from Jinnat. Reciting the *Ma’udhatayn* before sleeping is a means of safety and if recited on any part of the body that is paining, the pain will be relieved.

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ

**O' Allāh send Your blessings on Muhammad
and the family of Muhammad.**

اے اللہ! رحمت فرما محمد و آل (ع) محمد پر

ऐ अल्लाह मुहम्मद और आले मुहम्मद पर अपनी सलामती रख

O' Allāh send Your blessings on Muhammad and the family of Muhammad

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

**In the Name of Allāh,
the All-beneficent, the All-merciful.**

عظیم اور دائمی رحمتوں والے خدا کے نام سے

अल्लाह के नाम से जो बड़ा कृपालु और अत्यन्त दयावान हैं।

bi-smi llāhi r-raḥmāni r-raḥīmi

قُلْ أَعُوذُ بِرَبِّ النَّاسِ ﴿١﴾

Say, 'I seek the protection of the Lord of humans,

اے رسول کہہ دیجئے کہ میں انسانوں کے پروردگار کی پناہ چاہتا ہوں

कहो, "मैं शरण लेता हूँ मनुष्यों के रब की

qul 'a'ūdu bi-rabbi n-nāsi

﴿ ٢ ﴾ مَلِكِ النَّاسِ

Sovereign of humans,

جو تمام لوگوں کا مالک اور بادشاہ ہے

मनुष्यों के सम्राट की

maliki n-nāsi

إِلَٰهِ النَّاسِ ﴿٣﴾

God of humans,

سارے انسانوں کا معبود ہے

मनुष्यों के उपास्य की

'ilāhi n-nāsi

﴿ ٤ ﴾ مِنْ شَرِّ الْوَسْوَاسِ الْخَنَّاسِ

from the evil of the sneaky tempter

شیطانی وسواس کے شر سے جو نام خدا سن کر پیچھے ہٹ جاتا ہے

वसवसा डालनेवाले, खिसक जानेवाले की बुराई से

min šarri l-waswāsi l-ḥannāsi

الَّذِي يُوسُّوسُ فِي صُدُورِ النَّاسِ ﴿٥﴾

who puts temptations into the breasts of humans,

اور جو لوگوں کے دلوں میں وسوسے پیدا کراتا ہے

जो मनुष्यों के सीनों में वसवसा डालता हैं

allaḏī yuwaswisu fī ṣudūri n-nāsi

﴿ ٦ ﴾ مِنَ الْجِنَّةِ وَالنَّاسِ

from among the jinn and humans.'

وہ جنات میں سے ہو یا انسانوں میں سے

جو जिन्नों में से भी होता हैं और मनुष्यों में से भी

mina l-ğinnati wa-n-nāsi

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